

27th December

2014

D SWIM ACADEMY
CARNIVAL

Colours
of Life

"Passionately enjoying more than just winning"

INVITATION

D Swim Academy Sdn. Bhd

Aras 3, Pusat Akuatik Nasional,
Kompleks Sukan Bukit Jalil,
57700 Kuala Lumpur,
Wilayah Persekutuan, Malaysia.



TEACHING
MORE THAN JUST

Swimming



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INVITATION



2nd D SWIM ACADEMY (DSA) SHORT CIRCUIT SWIM CARNIVAL

Dear Sir/Madam,

DSA is pleased to inform that we are organizing the 2nd D Swim Academy Swim Carnival at National Aquatic Centre Bukit Jalil on 27th December 2014 (Saturday).

We are pleased to extend a warm invitation to all swimmers to participate in DSA Swim Carnival.

1. Meet Information:-

- | | |
|----------------------|--|
| I. Date | : 27 th December 2014 (Saturday) |
| II. Venue | : Pusat Akuatik Nasional, Kompleks Sukan Negara
Bukit Jalil, 57700 Kuala Lumpur, Malaysia |
| III. Time | : 7.00am (Registration & warm up)
8.30am (Swim Carnival Starts) |
| IV. Age of Reckoning | : 1 st January 2014 |
| V. Rules | : FINA rules apply (www.fina.org) |
| VI. Closing date | : 31st October 2014 |
| VII. Entry Fees | : RM30.00 include goody bag
(Fees are not refundable) |

2. Submission of Entries

Entries are to be submitted via soft copy to dsaswimteam@dswimacademy.com or hard copy to D Swim Academy office, Pusat Akuatik Nasional, Kompleks Sukan Negara Bukit Jalil.

Please contact us to provide further details on the bank account.

**Entries submitted without entry fees will not be accepted.
Late entries will not be accepted.**

3. For Further information, please contact:-

D Swim Academy Office at +6038996 2213
E-mail at dsaswimteam@dswimacademy.com

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Rules and Regulation

Entry fees

1. Entry fee per participant is RM30.00 regardless to the number of events and type of event to be participated.

Biathlon (Swim + Run)

1. Participants to use the diving pool (5m depth) to complete their swim.
2. Participants are allowed to swim any swimming stroke.
3. The marshal will inform the participants if they have done the required swim distance in their category.
4. Participants MUST wear a pair of shoes before running.
5. Participants MUST wear the shirt completely that would be prepared by organizer before the run.
6. Parents are not allowed to guide or help the participant during the race.
7. There will be a marshal at regular corners throughout the route.
8. There will be an indicator given to the participants to indicate that they have finished the race.
9. Failure to follow instructions will lead to a disqualification.
10. The decision by organizers, marshals and the authorities are final.
11. The swimmer with the fastest time shall be declared the winner for the event followed by the rest in descending order.
12. The following are the minimum requirements to complete the Biathlon race.

<u>Category</u>	<u>Swim (laps)</u>	<u>Run (Rounds)</u>
8 years old & below	100 meters (4)	500 meters (1)
9 – 10 years old	150 meters (6)	1000 meters (2)
11 – 12 years old	250 meters (10)	1500 meters (3)
13 – 15 years old	500 meters (20)	2000 meters (4)
30 years old & above	500 meters (20)	2000 meters (4)

Swimming

1. The swimming event will be conducted according to the FINA rules.
2. The decisions of the organizing committee will be final.
3. All events are conducted as time finals.
4. The one start rule applies.
5. The swimmer with the fastest time shall be declared the winner for the event followed by the rest in descending order.
6. National and State swimmers are not eligible to participate.
7. No appeals allowed as referee decision is final.

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Water Ball Relay

1. Each team should consist of 1 adult and 2 children.
2. Adult must be 30 years old and above.
3. Children must be 14 years old or below.
4. The adult must be a parent to one of the children in the same team.
5. A water ball will be provided to each team.
6. Participants are to hold the water ball with two (2) hands and kick for motion.
7. The water ball has to completely touch the wall before the next participant continues the race.
8. The team with the fastest time shall be declared the winner for the event with the rest in descending order.
9. National and state level swimmers are eligible to join.
10. Unfit or pullout of any team member will be considered as a withdrawal of the whole team.
11. The sequence of team members in the relay is open to the decision of the team.
12. Failure to follow instructions will lead to a disqualification.
13. The decision by organizers, marshals and the authorities are final.

Water Tube Raft Race

1. Each team should consist of 1 adult and 2 children.
2. Adult must be 30 years old and above.
3. Children must be 14 years old or below.
4. The adult must be a direct parent to one of the children in the same team.
5. A water tube will be provided to each team.
6. The adult requires to ride on the water tube raft and finishes 25m with 2 children pushing the raft.
7. The team with the fastest time shall be declared the winner for the event with the rest in descending order.
8. National and state level swimmers are eligible to join.
9. Unfit or pullout of any team member will be considered as a withdrawal of the whole team.
10. Failure to follow instructions will lead to a disqualification.
11. The decision by organizers, marshals and the authorities are final.