59th MILO/PRAM MALAYSIA OPEN SWIMMING CHAMPIONSHIPS May 5 - 8, 2016

ORDER OF EVENTS

		5 th May 2016 (Thursday)	- Day 1	
Event No				
101.	100M	FREESTYLE	WOMEN	HEATS
102.	100M	FREESTYLE	MEN	HEATS
103.	400M	INDIVIDUAL MEDLEY	WOMEN	HEATS
104.	400M	INDIVIDUAL MEDLEY	MEN	HEATS
105.	100M	BREAST STROKE	WOMEN	HEATS
106.	100M	BREAST STROKE	MEN	HEATS
107.	200M	BUTTERFLY	WOMEN	HEATS
108.	200M	BUTTERFLY	MEN	HEATS
109.	4 X 100M	MEDLEY RELAY	WOMEN	HEATS
110.	4 X 100M	MEDLEY RELAY	MEN	HEATS
101.	100M	FREESTYLE	WOMEN	FINALS
102.	100M	FREESTYLE	MEN	FINALS
103.	400M	INDIVIDUAL MEDLEY	WOMEN	FINALS
104.	400M	INDIVIDUAL MEDLEY	MEN	FINALS
105.	100M	BREAST STROKE	WOMEN	FINALS
106.	100M	BREAST STROKE	MEN	FINALS
107.	200M	BUTTERFLY	WOMEN	FINALS
108.	200M	BUTTERFLY	MEN	FINALS
109.	4 X 100M	MEDLEY RELAY	WOMEN	FINALS
110.	4 X 100M	MEDLEY RELAY	MEN	FINALS
		6 th May 2016 (Friday)– I	Day 2	·
201.	50M	BACK STROKE	WOMEN	HEATS
202.	50M	BACK STROKE	MEN	HEATS
203.	200M	FREE STYLE	WOMEN	HEATS
204.	200M	FREE STYLE	MEN	HEATS
205.	50M	BREAST STROKE	WOMEN	HEATS
206.	50M	BREAST STROKE	MEN	HEATS
207.	200M	INDIVIDUAL MEDLEY	WOMEN	HEATS
208.	200M	INDIVIDUAL MEDLEY	MEN	HEATS
209.	4 X 200M	FREESTYLE RELAY	WOMEN	HEATS
210.	4 X 200M	FREESTYLE RELAY	MEN	HEATS
201.	50M	BACK STROKE	WOMEN	FINALS
202.	50M	BACK STROKE	MEN	FINALS
203.	200M	FREE STYLE	WOMEN	FINALS
204.	200M	FREE STYLE	MEN	FINALS
205.	50M	BREAST STROKE	WOMEN	FINALS
206.	50M	BREAST STROKE	MEN	FINALS
207.	200M	INDIVIDUAL MEDLEY	WOMEN	FINALS
208.	200M	INDIVIDUAL MEDLEY	MEN	FINALS
209.	4 X 200M	FREE STYLE RELAY	WOMEN	FINALS
210.	4 X 200M	FREE STYLE RELAY	MEN	FINALS

7 th May 2016 (Saturday)– Day 3							
301.	200M	BREAST STROKE	WOMEN	HEATS			
302.	200M	BREAST STROKE	MEN	HEATS			
303.	400M	FREE STYLE	WOMEN	HEATS			
304.	400M	FREE STYLE	MEN	HEATS			
305	50M	BUTTERFLY	WOMEN	HEATS			
306.	50M	BUTTERFLY	MEN	HEATS			
307.	100M	BACK STROKE	WOMEN	HEATS			
308.	100M	BACK STROKE	MEN	HEATS			
309.	4 X 100M	FREE STYLE RELAY	WOMEN	HEATS			
310.	4 X 100M	FREE STYLE RELAY	MEN	HEATS			
301.	200M	BREAST STROKE	WOMEN	FINALS			
302.	200M	BREAST STROKE	MEN	FINALS			
303.	400M	FREE STYLE	WOMEN	FINALS			
304.	400M	FREE STYLE	MEN	FINALS			
305	50M	BUTTERFLY	WOMEN	FINALS			
306.	50M	BUTTERFLY	MEN	FINALS			
307.	100M	BACK STROKE	WOMEN	FINALS			
308.	100M	BACK STROKE	MEN	FINALS			
309.	4 X 100M	FREE STYLE RELAY	WOMEN	FINALS			
310.	4 X 100M	FREE STYLE RELAY	MEN	FINALS			
8 th May 2016 (Sunday)— Day 4							
401.	800M	FREESTYLE	WOMEN	TIME FINALS			
402.	200M	BACK STROKE	MEN	HEATS			
403.	200M	BACK STROKE	WOMEN	HEATS			
404.	100M	BUTTERFLY	MEN	HEATS			
405.	100M	BUTTERFLY	WOMEN	HEATS			
406.	1500M	FREE STYLE	MEN	TIME FINALS			
407.	50M	FREE STYLE	WOMEN	HEATS			
408.	50M	FREE STYLE	MEN	HEATS			
401.	800M	FREESTYLE	WOMEN	FINALS			
402.	200M	BACK STROKE	MEN	FINALS			
403.	200M	BACK STROKE	WOMEN	FINALS			
404.	100M	BUTTERFLY	MEN	FINALS			
405.	100M	BUTTERFLY	WOMEN	FINALS			
406.	1500M	FREESTYLE	MEN	FINALS			
407.	50M	FREESTYLE	MEN	FINALS			
408.	50M	FREESTYLE	WOMEN	FINALS			