

**RULES & REGULATIONS OF 35<sup>TH</sup> NATIONAL INTER-CLUB SWIMMING  
CHAMPIONSHIPS 2016 FOR THE PRESIDENT CUP, 25<sup>th</sup> to 27<sup>th</sup> NOVEMBER 2016**  
*Amended 2016*

**1. NAME:**

The name of the championship shall be known as “National Inter-Club Swimming Championships for the President Cup.”

**2. ORGANISATION:**

This championship is organized under the auspices of the Amateur Swimming Union of Malaysia on an annual basis to be held preferably during the 3<sup>rd</sup> Term School Holidays.

**3. COMPETITION RULES:**

The championships shall be conducted according to the FINA Rules unless otherwise stated.

**4. ELIGIBILITY:**

**4.1. Clubs Affiliated to State/Armed Forces Swimming Associations**

Where a state swimming association exists, all clubs affiliated to these associations only, may participate. Entries shall be submitted to the Secretary of the Club hosting the Championship.

**4.2. Clubs in States without Swimming Associations.**

In states where no state swimming associations exist, clubs may participate directly (subject to approval by the Amateur Swimming Union of Malaysia) by submitting their entries to the Secretary of the Club hosting the Championships.

4.3. All participating clubs shall be duly registered with the Amateur Swimming Union of Malaysia unless exempted.

4.4. The Armed Forces may participate at services level only i.e. Army, Navy and Air Force.

4.5. School Swimming Clubs shall **not be allowed** to participate in this Championship.

4.6. There shall be no unattached swimmers as the aim is to foster membership in Clubs.

4.7. Swimmers shall swim or represent the Club that they are registered with. Swimmers who wish to represent another Club shall secure a letter of release from the Club that she/he was registered with. Swimmers found representing other Clubs without proper documentation will be disqualified from participating.

**5. THE COMPETITION:**

Events will be swum as Time Finals and the seeding arranged as follows:

5.1. The fastest eight swimmers (for 8 lane pools) will be grouped into the last Time Finals of the Event; the swimmers will in turn be seeded in lanes according to FINA Rules i.e. fastest time in lane 4 and so on.

5.2. The second fastest eight swimmers (for 8 lane pools) will be grouped into the last but one Time Final of the Event.

5.3. All entries must be entered with their personal best time. This will enable swimmers to be seeded in the right heats and to encourage keen competition.

5.4. Swimmers are urged to submit correct times so as to encourage keen competition. Failure to submit times will result in the swimmer swimming in the slowest Time Finals. A draw by the organizing committee will decide lanes for those who fail to submit times.

5.5. Categories:

<b>AGE GROUPS</b>	<b>AGE (years)</b>	<b>DATE OF BIRTH</b>
Open	18 to 25 years	Born 2/1/1991 to 1/1/1999
Group 1	15 to 17 years	Born 2/1/1999 to 1/1/2001
Group 2	13 to 14 years	Born 2/1/2001 to 1/1/2003
Group 3	11 to 12 year	Born 2/1/2003 to 1/1/2005
Group 4	10 years & under	Born 2/1/2005 and after

5.5.1. Date of reckoning is 1.1.2016. Age is calculated as on 1<sup>st</sup> January in the year of competition.

5.5.2. Events for ALL categories:

**50m** and **100m** for Boys/Men and Girls/Women in Freestyle, Breaststroke, Backstroke and Butterfly Stroke.

5.5.3. Mixed Age Group 4x100m Freestyle Relay events for Boys and Girls (except Open Event Swimmers). The team must comprise of one swimmer from each Age-Group of Group 1, 2, 3 and 4 respectively). The starting order is at the discretion of the Club.

5.5.4. All Age-Group competitors must swim in their respective age groups.

5.5.5. National Swimmers who represented Malaysia at open level International Championships in the two years preceding this Championship are eligible to participate only in the Open Events.

## **6. SCORING OF POINTS:**

Scoring of points and placing of a swimmer shall be calculated according to his finishing position amongst the swimmers in the same race.

6.1. Each participating Club shall be awarded a basic score of 10 points initially for participation. 1<sup>st</sup> to 11<sup>th</sup> Placing will score 12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 points respectively.

6.2. The Champion Club shall be the Club who scores the highest total number of points. In the event of a tie, the Club who obtains the highest number of first placing is the winner.

6.3. Amateur Swimming Union of Malaysia shall award certificates to competitors who obtain the first three placing in all events completed in each Age-Group.

**7. ENTRIES:**

All entries together with the appropriate entry fees shall be submitted on the official entry forms to reach the Secretary of the Organizing Committee not later than four(4) weeks before the date of Championships.

7.1. Each Club may enter any number of entries in any one event.

7.2. Each competitor may enter any number of events.

7.3. Entry Fee:

Individual Events : **RM5.00** per competitor per event.

Relay Events : **RM10.00** per event.

***Fees paid are not refundable.***

**8. JURY OF APPEAL:**

The Chairman of the Jury of Appeal shall be appointed by the Amateur Swimming Union of Malaysia.

8.1. A maximum of eight and a minimum of six other Members of the Jury of Appeal shall comprise of the following:-

a) Secretary of the Organizing Committee or representative.

b) A maximum of seven and a minimum of five representatives from amongst the participating Clubs, not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.

**9. RECORDS:**

All records are recognized by the Amateur Swimming Union of Malaysia.

**10. PROTEST:**

All protests must be made on appropriate forms accompanied by an RM200.00 fee, within half an hour after the results have been officially announced. But if known before the competition, such protests must be lodged before the signal to start is given. Fees will not be refunded if the protest is not upheld.