

8TH SELANGOR LONG DISTANCE SWIMMING CHAMPIONSHIP 2019

Order of Events

24th August 2019, Saturday (Starts at 8.00 am)

101.	800m Freestyle	Girls & Boys	Group 4
102.	800m Freestyle	Girls & Boys	Group 3
103.	800m Freestyle	Girls & Boys	Group 2
104.	800m Freestyle	Girls & Boys	Group 1 & Open
105.	200m Back Stroke	Girls & Boys	Group 4
106.	200m Back Stroke	Girls & Boys	Group 3
107.	200m Back Stroke	Girls & Boys	Group 2
108.	200m Back Stoke	Girls & Boys	Group 1 & Open
109.	400m Freestyle	Girls & Boys	Group 4
110.	400m Freestyle	Girls & Boys	Group 3
111.	400m Freestyle	Girls & Boys	Group 2
112.	400m Freestyle	Girls & Boys	Group 1 & Open
113.	200m Breaststroke	Girls & Boys	Group 4
114.	200m Breaststroke	Girls & Boys	Group 3
115.	200m Breaststroke	Girls & Boys	Group 2
116.	200m Breaststroke	Girls & Boys	Group 1 & Open

25th August 2019, Sunday (Starts at 8.00am)

201.	1500m Freestyle	Girls & Boys	Group 3
202.	1500m Freestyle	Girls & Boys	Group 2
203.	1500m Freestyle	Girls & Boys	Group 1 & Open
204.	200m Butterfly	Girls & Boys	Group 4
205.	200m Butterfly	Girls & Boys	Group 3
206.	200m Butterfly	Girls & Boys	Group 2
207.	200m Butterfly	Girls & Boys	Group 1 & Open
208.	200m Freestyle	Girls & Boys	Group 4
209.	200m Freestyle	Girls & Boys	Group 3
210.	200m Freestyle	Girls & Boys	Group 2
211.	200m Freestyle	Girls & Boys	Group 1 & Open
212.	400m Ind. Medley	Girls & Boys	Group 4
213.	400m Ind. Medley	Girls & Boys	Group 3
214.	400m Ind. Medley	Girls & Boys	Group 2
215.	400m Ind. Medley	Girls & Boys	Group 1 & Open