

NOTICE

DSA SWIM TEAM



DSA TEAM INFO PACK & SOP

1ST MILO AGE GROUP INTER-CLUBS SWIMMING COMPETITION 2022

Following is the information and SOP relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 14/01/2022 to 16/01/2022 (Friday to Sunday)

Meet Venue : National Aquatic Centre, Bukit Jalil

Meet Time : Heats start at 8:30am and Finals start at 5:00pm

*Lunch Break – TBA

Warm Up Time : 7:00am sharp

Team Manager : Tuck Kar/Celine and Gerard

Coaches : Daniel, Jun Xiong, Jeffrey, CK, Marelyn

*Subject to change

Withdrawing event : i) Due to medical reason or school event only.

ii) **Last withdrawal before 13/01/2022 (Thursday), 12:00pm** via email to dsaswimteam@dswimacademy.com along with supporting document, ie: MC/school letter.

iii) **A penalty of RM50 per event** shall be imposed for each event withdrawn or “No Show” on the day of the competition. **Penalty is to be borne by the respective swimmer.**

iv) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

v) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

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Equipment : Swim attire, goggles and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **Official DSA Swim Team Shirts** (see picture below)
Friday – Blue
Saturday – Green
Sunday – Red



*Swim Team Shirts are available for purchase at the respective swim centres.

*Swimmers who did not manage to purchase the Team Shirt, you may wear a shirt with similar color to be easily identified by the team manager and coaches.

Swim Attire : All FINA approved swim wear.

Food and Drinks : Fruits, buns & beverages are provided for participating DSA swimmers.
Swimmers to collect food and beverages at DSA team seating area.
No collection on behalf of other swimmers allowed.
Lunch to be arranged on your own.

Group Photo : **No group photo session due to SOP**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.
Reserving seats is strictly not allowed.

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Meet Rules and Regulations



- 1) FINA rules applied.
- 2) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers ONLY.**
- 3) **All attendees are advised to take Covid Saliva Self-Test a day before the competition day (Thursday) to avoid any possible infections to others.**
- 4) Strict SOP will be adhered to in view of the COVID-19. All swimmers, coaches and team officials must have received at least double vaccination prior to the meet. Unvaccinated swimmers and officials are not encouraged.
- 5) **There shall be no spectators, parents or guardians except for registered team officials.**
- 6) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L on their arms/hands to remember).
- 7) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 8) Swimmers are required to inform Team Managers before leaving the pool venue.
- 9) Transportation and accommodation are not provided. Swimmers/parents shall arrange their own transport and lodging.
- 10) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

Shall there be any further enquiry, please email to dsaswimteam@dswimacademy.com.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!