

# NOTICE

DSA SWIM TEAM



## DSA SWIM MEET INFO PACK & SOP

*SPORTEXCEL/MILO/NSC/MAS Junior Swimming Circuit, 1st Leg 2022*

Following is the information and SOP relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 12/03/2022 and 13/03/2022 (Saturday and Sunday)

Meet Venue : Pusat Akuatik Darul Ehsan, Shah Alam

Meet Time : Event starts at 8:00am

\*Lunch Break – TBA

Warm Up Time : 6:30am sharp

Team Manager : Celine and Tuck Kar

Coaches : DSA Coaches

Withdrawing event : i) **Last withdrawal date is 09/03/21 Wednesday, 3pm.** via email to [dsaswimteam@dswimacademy.com](mailto:dsaswimteam@dswimacademy.com) along with supporting document, ie: MC/school letter.

ii) All entries fees will be forfeited.

iii) Penalty may be imposed for no show for each event on the day of the meet unless a medical certificate is furnished that the swimmer is deemed unfit to swim for the rest of the day.

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Equipment : Swim attire, goggles and DSA Swim Cap.  
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **New DSA Swim Team Shirts 2022/2023** (see picture below)  
Saturday – Pink/White  
Sunday – Turquoise/Blue



\*New Team Shirts are available for purchase at selected swim centres.

Swim Attire : All FINA approved swim wear.

Food and Drinks : Fruits, buns & beverages are provided for participating DSAS swimmers.  
Swimmers to collect food and beverages at DSA team seating area.  
No collection on behalf of other swimmers allowed.  
Lunch to be arranged on your own.

Group Photo : **No group photo session due to SOP.**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.  
Reserving seats is strictly not allowed.

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### Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers ONLY.**
- 2) **All attendees are advised to take Covid Saliva Self-Test a day before the competition day (Friday) to avoid any possible infections to others.**
- 3) Strict SOP will be adhered to in view of the COVID-19. All participants (including coaches, team managers and team officials), event officials and spectators above 18 years old must be fully vaccinated in order to participate or attend this competition.
- 4) Participants, events officials or spectators under 18 years old who have not been vaccinated must be accompanied by a parent/guardian who have been fully vaccinated.
- 5) **Please read the Competition SOP by the Organizer attached in the email carefully and adhere accordingly.**
- 6) **Attendees who do not comply to the SOP will be given three verbal warnings, after which they will be asked to leave the competition venue immediately.**
- 7) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L on their arms/hands to remember).
- 8) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 9) Swimmers are required to inform Team Managers before leaving the pool venue.
- 10) Transportation and accommodation are not provided. Swimmers/parents shall arrange their own transport and lodging.
- 11) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

Shall there be any further enquiry, please email to [dsaswimteam@dswimacademy.com](mailto:dsaswimteam@dswimacademy.com).

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!



**PERSATUAN RENANG AMATUR SELANGOR  
SELANGOR AMATEUR SWIMMING ASSOCIATION**

(AFFILIATED TO ASUM)

Pusat Akuatik Darul Ehsan  
Jalan Aerobik 13/43, Seksyen 13, 40000  
Shah Alam, Selangor D.E

**COMPETITION SOP**

**FOR SPORTEXCEL / MILO / NSC / ASUM JUNIOR SWIMMING CIRCUIT – 1st LEG, 2022**

1. All participants (including coaches, team managers and team officials), event officials and spectators above 18 years old must be fully vaccinated in order to participate or attend this competition.
2. Participants, events officials or spectators under 18 years old who have not been vaccinated must be accompanied by a parent/guardian who have been fully vaccinated.
3. Only participants, event officials and spectators who are “low-risk” will be allowed to participate and enter the competition venue.
4. All attendees must check-in via the MySejahtera App upon entry to the competition venue and take their temperature by scanning their forehead at the entrance.
5. All attendees must show proof of their vaccination status (digital certification) on the MySejahtera App.
6. Any participants, event officials or spectators who have been in close-contact with someone who tested positive for Covid-19, *Person Under Surveillance (PUS)* or *Person Under Investigation (PUI)*, or with a temperature above 37.5 degrees, or exhibiting symptoms of Covid-19 (ie. Cough, nasal congestion, conjunctivitis, fatigue, etc), will not be allowed to participate/enter the competition venue.
7. All attendees must wear a face mask at all times.
8. **Participants will only be allowed to remove their face mask when they are at the starting blocks or on deck, just before entering the pool to swim. All participants must wear their face mask upon exiting the pool, and at any other times when not swimming.**
9. **Social distancing of 1 meter must be observed at all times.**
10. **When seated at the spectator stand, all attendees are not allowed to sit directly next to each other or within less than 1 meter proximity of each other. All attendees must leave an empty seat between each other. Only every alternate seat will be allowed to be occupied.**
11. All attendees are not allowed to share their drinks, food, clothes, towel, swimwear or equipment at any time.
12. All attendees are not allowed to spit in or around the competition venue.
13. **All attendees are required to leave the competition venue as soon as the competition is over.**
14. **Each participating club shall be responsible to ensure that the above SOP from Item 7 to Item 13 be observed and strictly complied by their swimmers, coaches, team officials and parents/spectators at all times.**
15. **Attendees who violate or do not comply to the SOP will be given three verbal warnings, after which they will be asked to leave the competition venue immediately.**
16. **Should a summon be issued by PDRM to any individuals/clubs/teams for a violation or non-compliance of any of the above SOPs, the said-individual/club/team will be solely responsible to bare the cost and consequences of the summon. Neither the Organizer (Persatuan Renang Amatir Selangor), the Facilities Manager (Darul Ehsan Facilities Management Sdn. Bhd.) nor the State Sports Council (Majlis Sukan Negeri Selangor) will be liable for any summons issued to any individuals/clubs/teams for violating or failing to comply to the SOP.**
17. All attendees are highly encouraged to purchase food, drinks and snacks from the competition organizer/venue food stalls to avoid leaving the competition venue.
18. No more than 1000 participants will be allowed to participate in the competition.
19. No more than 2000 spectators (50% of competition venue capacity) will be allowed. Entry to the spectator stand will be on first-come-first-serve basis.
20. Only participants and event officials will be allowed onto the pool deck.