



**PERSATUAN RENANG AMATUR SELANGOR  
SELANGOR AMATEUR SWIMMING ASSOCIATION**

(AFFILIATED TO ASUM)

Pusat Akuatik Darul Ehsan  
Jalan Aerobik 13/43, Seksyen 13, 40000  
Shah Alam, Selangor D.E

**COMPETITION SOP**

**FOR SPORTEXCEL / MILO / NSC / MAS JUNIOR SWIMMING CIRCUIT – 2<sup>nd</sup> LEG 2022**

1. All participants (including coaches, team managers and team officials), event officials and spectators above 18 years old must be fully vaccinated in order to participate or attend this competition.
2. Participants, events officials or spectators under 18 years old who have not been vaccinated must be accompanied by a parent/guardian who have been fully vaccinated.
3. Only participants, event officials and spectators who are “low-risk” will be allowed to participate and enter the competition venue.
4. All attendees must check-in via the MySejahtera App upon entry to the competition venue and take their temperature by scanning their forehead at the entrance.
5. All attendees must show proof of their vaccination status (digital certification) on the MySejahtera App.
6. Any participants, event officials or spectators who have been in close-contact with someone who tested positive for Covid-19, *Person Under Surveillance (PUS)* or *Person Under Investigation (PUI)*, or with a temperature above 37.5 degrees, or exhibiting symptoms of Covid-19 (ie. Cough, nasal congestion, conjunctivitis, fatigue, etc), will not be allowed to participate/enter the competition venue.
7. All attendees must wear a face mask at all times.
8. **Participants will only be allowed to remove their face mask when they are at the starting blocks or on deck, just before entering the pool to swim. All participants must wear their face mask upon exiting the pool, and at any other times when not swimming.**
9. **Social distancing of 1 meter must be observed at all times.**
10. **When seated at the spectator stand, all attendees are not allowed to sit directly next to each other or within less than 1 meter proximity of each other. All attendees must leave an empty seat between each other. Only every alternate seat will be allowed to be occupied.**
11. All attendees are not allowed to share their drinks, food, clothes, towel, swimwear or equipment at any time.
12. All attendees are not allowed to spit in or around the competition venue.
13. **All attendees are required to leave the competition venue as soon as the competition is over.**
14. **Each participating club shall be responsible to ensure that the above SOP from Item 7 to Item 13 be observed and strictly complied by their swimmers, coaches, team officials and parents/spectators at all times.**
15. **Attendees who violate or do not comply to the SOP will be given three verbal warnings, after which they will be asked to leave the competition venue immediately.**
16. **Should a summon be issued by PDRM to any individuals/clubs/teams for a violation or non-compliance of any of the above SOPs, the said-individual/club/team will be solely responsible to bare the cost and consequences of the summon. Neither the Organizer (Persatuan Renang Amatir Selangor), the Facilities Manager (Darul Ehsan Facilities Management Sdn. Bhd.) nor the State Sports Council (Majlis Sukan Negeri Selangor) will be liable for any summons issued to any individuals/clubs/teams for violating or failing to comply to the SOP.**
17. All attendees are highly encouraged to purchase food, drinks and snacks from the competition organizer/venue food stalls to avoid leaving the competition venue.
18. No more than 1000 participants will be allowed to participate in the competition.
19. No more than 2000 spectators (50% of competition venue capacity) will be allowed. Entry to the spectator stand will be on first-come-first-serve basis.
20. Only participants and event officials will be allowed onto the pool deck.