

NOTICE

DSA SWIM TEAM



DSA SWIM MEET INFO PACK & SOP

5TH MAS MID & LONG DISTANCE SWIMMING CHAMPIONSHIP 2022

Following is the information relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 08/10/2022 and 09/10/2022 (Saturday and Sunday)

Meet Venue : National Aquatic Centre, Bukit Jalil

Meet Time : Event starts at 8:00am

Team Warm Up : 6:45am sharp

Team Manager : Celine

Coaches : DSA Coaches

Withdrawing event : i) **Last withdrawal date is 05/10/22 Wednesday, 3pm.** via email to dsaswimteam@dswimacademy.com along with supporting document, ie: MC/school letter.

No refund for any withdrawal at this point.

ii) Any withdrawals on the day(s) of the Meet with or without notification shall be deemed as "Did Not Show" or "Did Not Start". **A penalty of RM25.00 per event shall be imposed on all DNS and is to be borne by the respective swimmer.**

iii) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the event in order to continue to participate on that day.**

iv) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

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Equipment : Swim attire, goggles and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **New DSA Swim Team Shirts 2022/2023** (see picture below)
Saturday – Pink/White
Sunday – Navy/Gold



*New Team Shirts are available for purchase at selected swim centres.

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed

Food and Drinks : Fruits, buns & beverages are provided for participating DSA swimmers.
Swimmers to collect food and beverages at DSA team seating area.
No collection on behalf of other swimmers allowed.
Lunch to be arranged on your own.

Group Photo : Sunday, 6:30am (before warm up)
(Only swimmers with Official DSA Swim Team Shirt – Navy/Gold)

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.
Reserving seats is strictly not allowed.

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Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room and Marshall/Reporting Area **at all times.**
- 3) **Qualifying time applies for all events.** Kindly refer to the swim meet info for qualifying times.
A fine of RM25 EACH EVENT will be imposed on swimmer who does not swim within the Qualifying Time.
- 4) Event/Program Book can be purchased from the Organizer before the start of event of the day. Alternatively, start list can be viewed from Meet Mobile App (paid app) on phone.
- 5) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L on their arms/hands to remember).
- 6) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 7) Swimmers are required to check the relay team drafting with Team Managers/Coaches before leaving the pool venue.
- 8) Meal, transportation and accommodation are not provided. Swimmers/parents shall arrange their own food, transport and lodging.
- 9) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!