



AMATEUR SWIMMING ASSOCIATION OF PERAK (“ASAP”)

39TH NATIONAL INTER-CLUB SWIMMING CHAMPIONSHIPS FOR THE PRESIDENT CUP (9TH TO 11TH DECEMBER 2022) RULES & REGULATIONS

1. NAME OF MEET

39TH National Inter-Club Swimming Championships for the President Cup (the “Championship”)

2. VENUE

Pusat Akuatik Tuanku Zara, Perak Darul Ridzuan

3. ORGANISATION

This championship is organized under the auspices of the Malaysia Swimming Federation (MS) on an annual basis to be held preferably during the 3rd Term School Holidays.

4. DATE

Day #1 : Friday, 9th December 2022 Time: 8.00am

Day #2 : Saturday, 10th December 2022 Time: 8.00am

Day #3 : Sunday, 11th December 2022 Time: 8.00am

5. ELIGIBILITY

5.1 Members from affiliates of Malaysia Swimming Federation.

Where a state swimming association exists, all clubs affiliated to these associations only, may participate.

5.2 Clubs in States without Swimming Associations.

In states where no state swimming associations exist, clubs may participate directly (subject to approval by Malaysia Swimming Federation) by submitting their entries to the Secretary of the Club hosting the Championship.

5.3 All participating clubs shall be duly registered with their respective state associations or associated with Malaysia Swimming Federation unless exempted.

5.4 School Swimming Clubs are not allowed to participate in this Championship.

5.5 There shall be no unattached swimmers.

- 5.6 Swimmers shall swim or represent the club that they are registered with under the Malaysia Swimming Federation registry. Swimmers who wish to represent another club must secure a letter of release from the club that she / he has registered with. Swimmers found representing other clubs without proper documentation will be disqualified from participating.

6. ENTRY RESTRICTION

- 6.1 Each Club may enter any number of entries in any one event.
Each Competitor may enter any number of events.
- 6.2 The relay entry forms with swimmers' names in the right order must be submitted to the Control Room before lunch break on the day of the competition.

7. COMPETITION FORMAT

- 7.1 The Competition shall follow FINA rules on swimming.
- 7.2 All events shall be held on a Time Final basis and seeding is as follows:
- 7.2.1 The fastest ten swimmers (for 10 lane pools) will be grouped into the last Time Finals of the Event; the swimmers will in turn be seeded in lanes according to FINA Rules i.e. fastest time in lane 4 and so on.
 - 7.2.2 The second fastest ten swimmers (for 10 lane pools) will be grouped into the last but one Time Final of the Event.
 - 7.2.3 All entries must be entered with their personal best time. This will enable swimmers to be seeded in the right heat and to encourage keen competition.
 - 7.2.4 Competing swimmers failing to achieve a time equivalent or faster than the qualifying time will have to pay a fine of **RM100.00** per event.
 - 7.2.5 Events with less than 4 swimmers will not be swum.
- 7.3 Events for all categories
50m and 100m for Boys/Men and Girls/Women in Freestyle, Breaststroke, Backstroke and Butterfly Stroke.
- 7.4 Mixed Age Group 4 x 100m Freestyle Relay events for Boys and Girls (except Open Event Swimmers). The team must comprise of one swimmer from each Age-Group of 1, 2, 3 and 4 respectively. The starting order is at the discretion of the Club.
- 7.5 All Age Group competitors must swim in their respective age groups.
- 7.6 National Swimmers who represented Malaysia at open level International Championships in the two years preceding this Championship are eligible to participate in the Open Events only.

8. AGE GROUPS

Open	18 to 25 years	Born on 2/1/1996 to 1/1/2004
Group 1	15 to 17 years	Born on 2/1/2004 to 1/1/2007
Group 2	13 to 14 years	Born on 2/1/2007 to 1/1/2009
Group 3	11 to 12 years	Born on 2/1/2009 to 1/1/2011
Group 4	10 years and below	Born on 2/1/2011 and after

8.1 Swimmer are only eligible to swim in their respective age groups except for Open events whereby swimmers from Group 1, 2 & 3 are allowed to participate in the Open events.

8.2 For relay events, no swimmers are allowed to swim up to another age group.

9. DATE OF RECKONING

1st January 2022.

Age is calculated as on 1st January in the year of competition.

10. ENTRY FEES & PAYMENT

10.1 Individual Event Entry Fee: RM10.00 per event

Relay Entry Fee: RM40.00 per relay event

Club/Affiliate Registration Fee: RM100.00 per participating club/affiliate
(Payment must be made upfront during the submission of entries of which only will the submitted entries be entered into the Hytek Team Manager's system.)

10.2 Total entry fees are payable to **"AKADEMI KU RENANG"** as per final entry checklist. Upon checklist confirmation by participating club/affiliate, there will be no revision or refund of the entry fees due to withdrawals/scratching at team manager's meeting.

10.3 The organizer reserves the right to disallow the participating club/affiliate from participating in the Competition should the entry fees are not settled, latest during Team Manager's meeting.

10.4 All entry fees must be paid prior to the Championship via cheque or online banking transfer to:



Kindly email a copy of the online payment confirmation / bank-in slip to [redacted] as proof of payment.

11. CLOSING DATE

Please submit your duly completed entries together with the entry fees to ASAP's secretariat

Late entries will not be entertained.

12. ENTRIES

12.1 Softcopy of entries in Hy-Tek format can be submitted via the Hy-Tek Team Manager software or Hy-Tek's Team Manager Lite for Swimming software and to be emailed to . The event file for import into the Hy-Tek Team Manager is as enclosed.

12.2 For those who do not own the Hy-Tek Team Manager software can download Hy-Tek's Team Manager Lite for Swimming software from <https://hytek.active.com/downloads.html>.

13. EVENTS SCRATCHING / PENALTY

13.1 Scratching of events are allowed at Team Managers' meeting only. A penalty of **RM25** per event shall be imposed for each event withdrawn (WDR) on the day of the Competition or for No Show (NS) or Did Not Swim (DNS).

13.2 If withdrawal is due to medical reason, a medical certificate must be furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of medical certificates.

13.3 All penalties incurred by swimmers need to be settled by the respective participating club/affiliate before the end of each session. Failure to do so, the participating club/affiliate will not be allowed to participate in the subsequent session.

14. RESULTS

14.1 Official swim results will be posted on the board at the pool deck and will be emailed to all participating affiliates after the Competition. No hard copy of results will be made available.

15. SCORING

Scoring of points and placing of a swimmer shall be calculated according to his finishing position amongst the swimmers in the same race.

15.1. Each participating Club shall be awarded a basic score of 10 points initially for participation. 1st to 11th placing will score 12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 point respectively.

15.2. The Champion Club shall be the Club who scores the highest total number of points. In the event of a tie, the Club which obtains the highest number of first placing, is the winner.

- 15.3. ASAP shall award certificates to competitors who obtain the first three placing in all events completed in each age group.

16. TEAM MANAGERS' MEETING

- 16.1 Team Managers' Meeting is scheduled to be held at Pusat Akuatik Tuanku Zara Perak Darul Ridzuan's meeting room on **Thursday, 8th December 2022 at 5.00pm**. Pool will be opened for testing/warmup from 5pm to 7pm during this period

17. RECORDS

All records are recognized by MS.

18. PROTESTS

- 18.1 Any protest must be submitted in writing by Team Manager to the Referee within 30 minutes of the display of official results, accompanied with a deposit of RM200.00 via the appropriate form. If the Referee rejects the protest, he/she must state the reasons for the decision. The Team Manager may then appeal the rejection of the Jury of Appeal, whose decision shall be final.
- 18.2 If the protect is rejected, the deposit shall be forfeited by the Organizing Committee. If the protest is upheld, the deposit shall be refunded.

19. JURY OF APPEAL

The Chairman of the Jury of Appeal shall be appointed by ASAP.

- 19.1 Jury of Appeal shall comprise of the following:
- (a) Two (2) representatives of the Organizing Committee; and
 - (b) Three (3) representatives from amongst the participating Clubs, not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representative.