

# NOTICE

DSA SWIM TEAM



## DSA TEAM INFO PACK & SOP

32<sup>ND</sup> SELANGOR AGE GROUP SWIMMING CHAMPIONSHIP 2023

Following is the information and SOP relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 13/01/2023 to 15/01/2023 (Friday to Sunday)

Meet Venue : Pusat Akuatik Darul Ehsan, Shah Alam

Meet Time : Event starts at 8:00am

\*Lunch Break – TBA

Warm Up Time : 6:45am sharp

Team Manager : Celine and Tuck Kar

Coaches : DSA Coaches

Withdrawing event : i) Due to medical reason or school event only.

ii) **Last withdrawal before 06/01/2023 (Friday), 5:00pm** via email to [dsaswimteam@dswimacademy.com](mailto:dsaswimteam@dswimacademy.com) along with supporting document, ie: MC/school letter.

iii) **A penalty of RM100 per event** shall be imposed for each event withdrawn or “No Show” on the day of the competition. **Penalty is to be borne by the respective swimmer.**

iv) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

v) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

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Equipment : Swim attire, goggles and DSA Swim Cap.  
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **New DSA Swim Team Shirts 2022/2023** (see picture below)  
Friday - Turquoise/Blue  
Saturday – Navy/Gold  
Sunday – Pink/White



*\*\*You purchase the team shirts at the respective swim centres.*

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed

Food and Drinks : Fruits, buns & beverages are provided for **participating DSA swimmers only**.  
Swimmers to collect food and beverages at DSA team seating area.  
**No collection on behalf by other swimmers or parents is allowed.**  
Lunch to be arranged on your own.

Group Photo : **Friday 13/1/23, 6:30am (before warm up)**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.  
Reserving seats is strictly not allowed.

Parking Area : Parking is at the multi-level parking lot beside the stadium

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## Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room and Marshall/Reporting Area **at all times, including warm up sessions.**
- 3) Start list can be viewed from Meet Mobile App (paid app) on phone.
- 4) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 5) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 6) **Swimmers are required to check the relay team selection with Team Managers/Coaches before leaving the pool venue.**
- 7) Meal, transportation and accommodation are not provided. Swimmers/parents shall arrange their own food, transport and lodging.
- 8) The diving platforms and springboards are out of bounds at all times.
- 9) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

**WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!**