

11.0 Minimum Time Standard (MTS)

2023 SNSC MEN MTS	Events	2023 SNSC WOMEN MTS
29.67	50m Freestyle	33.58
01:06.56	100m Freestyle	01:13.37
02:24.73	200m Freestyle	02:40.31
04:58.68	400m Freestyle	05:20.92
10:13.62	800m Freestyle	10:57.96
19:42.15	1500m Freestyle	20:56.06
34.11	50m Backstroke	38.39
01:13.57	100m Backstroke	01:22.44
02:38.81	200m Backstroke	02:56.03
36.82	50m Breaststroke	41.71
01:21.06	100m Breaststroke	01:30.99
02:59.74	200m Breaststroke	03:17.39
31.82	50m Butterfly	34.66
01:10.69	100m Butterfly	01:18.72
02:38.23	200m Butterfly	02:52.84
02:41.76	200m Individual Medley	02:58.96
05:30.94	400m Individual Medley	06:01.50

12.0 Order of Events

21 June 2023 (Wednesday) – Day 1 Heats Start Time: 9.30am			
Event No.	Day 1	Heats	Remarks
101	Men	100m Freestyle	All Flight A races (Fastest 6 Heats per event) to race first
102	Women	100m Freestyle	
103	Men	100m Backstroke	
104	Women	100m Backstroke	
105	Men	200m Breaststroke	All Flight B races (The other remaining heats) to race after Flight A
106	Women	200m Breaststroke	
107	Men	50m Butterfly	
108	Women	50m Butterfly	
109	Women	1500m Freestyle	Slower Heats to be swum after Flight A & B
110	Men	800m Freestyle	

21 June 2023 (Wednesday) – Day 1 Finals Start Time: 6.00pm			
Event No.	Day 1	Finals	Remarks
101	Men	100m Freestyle	A, B, C Finals
102	Women	100m Freestyle	A, B, C Finals
103	Men	100m Backstroke	A, B, C Finals
109	Women	1500m Freestyle	Fastest Heat
Victory Ceremony for Event 101, 102, 103			
104	Women	100m Backstroke	A, B, C Finals
105	Men	200m Breaststroke	A, B, C Finals
106	Women	200m Breaststroke	A, B, C Finals
110	Men	800m Freestyle	Fastest Heat
Victory Ceremony for Event 109, 104, 105, 106			
107	Men	50m Butterfly	A, B, C Finals
108	Women	50m Butterfly	A, B, C Finals
111	Mixed	4 x 100m Medley Relay	Timed Finals Max 2 teams per club / country
Victory Ceremony for Event 110,107, 108,111			

22 June 2023 (Thursday) – Day 2 Heats Start Time: 9.30am			
Event No.	Day 2	Heats	Remarks
201	Men	100m Breaststroke	<p>All Flight A races (Fastest 6 Heats per event) to race first</p> <p>All Flight B races (the other remaining heats) to race after Flight A</p>
202	Women	100m Breaststroke	
203	Men	200m Freestyle	
204	Women	200m Freestyle	
205	Men	50m Backstroke	
206	Women	50m Backstroke	
207	Men	400m Individual Medley	
208	Women	400m Individual Medley	

22 June 2023 (Thursday) – Day 2 Finals Start Time: 6.00pm			
Event No.	Day 2	World Finals	Remarks
201	Men	100m Breaststroke	A, B, C Finals
202	Women	100m Breaststroke	A, B, C Finals
203	Men	200m Freestyle	A, B, C Finals
204	Women	200m Freestyle	A, B, C Finals
Victory Ceremony for Event 201, 202, 203			
205	Men	50m Backstroke	A, B, C Finals
206	Women	50m Backstroke	A, B, C Finals
207	Men	400m Individual Medley	A, B, C Finals
208	Women	400m Individual Medley	A, B, C Finals
Victory Ceremony for Event 204, 205, 206, 207			
209	Men	4 x 100m Freestyle Relay	Timed Finals Max 2 teams per club / country
210	Women	4 x 100m Freestyle Relay	Timed Finals Max 2 teams per club / country
Victory Ceremony for Event 208, 209, 210			

23 June 2023 (Friday) – Day 3 Heats Start Time: 9.30am			
Event No.	Day 3	Heats	Remarks
301	Men	100m Butterfly	All Flight A races (Fastest 6 Heats per event) to race first
302	Women	100m Butterfly	
303	Men	400m Freestyle	
304	Women	400m Freestyle	
305	Men	50m Breaststroke	All Flight B races (the other remaining heats) to race after Flight A All Flight A races
306	Women	50m Breaststroke	
307	Men	200m Backstroke	
308	Women	200m Backstroke	

23 June 2023 (Friday) – Day 3 Finals Start Time: 6.00pm			
Event No.	Day 3	Finals	Remarks
301	Men	100m Butterfly	A, B, C Finals
302	Women	100m Butterfly	A, B, C Finals
303	Men	400m Freestyle	A, B, C Finals
304	Women	400m Freestyle	A, B, C Finals
Victory Ceremony for Event 301, 302, 303			
305	Men	50m Breaststroke	A, B, C Finals
306	Women	50m Breaststroke	A, B, C Finals
307	Men	200m Backstroke	A, B, C Finals
308	Women	200m Backstroke	A, B, C Finals
Victory Ceremony for Event 304, 305, 306, 307			
309	Men	4 x 200m Freestyle Relay	Timed Finals Max 2 teams per club / country
310	Women	4 x 200m Freestyle Relay	Timed Finals Max 2 teams per club / country
Victory Ceremony for Event 308, 309, 310			

24 June 2023 (Saturday) – Day 4 Heats Start Time: 9.30am			
Event No.	Day 4	Heats	Remarks
401	Women	200m Individual Medley	All Flight A races (Fastest 6 Heats per event) to race first
402	Men	200m Individual Medley	
403	Women	50m Freestyle	
404	Men	50m Freestyle	
405	Women	200m Butterfly	All Flight B races (the other remaining heats) to race after Flight A
406	Men	200m Butterfly	
407	Women	800m Freestyle	Slower Heats to be swum after Flight A & B
408	Men	1500m Freestyle	

24 June 2023 (Saturday) – Day 4 Finals Start Time: 5.00pm			
Event No.	Day 4	Finals	Remarks
402	Men	200m Individual Medley	A, B, C Finals
401	Women	200m Individual Medley	A, B, C Finals
404	Men	50m Freestyle	A, B, C Finals
407	Women	800m Freestyle	Fastest Heat
Victory Ceremony for Event 402, 401, 404			
403	Women	50m Freestyle	A, B, C Finals
406	Men	200m Butterfly	A, B, C Finals
405	Women	200m Butterfly	A, B, C Finals
408	Men	1500m Freestyle	Fastest Heat
Victory Ceremony for Event 403, 405, 406, 407			
409	Women	4 x 100m Medley Relay	Timed Finals Max 2 teams per club / country
410	Men	4 x 100m Medley Relay	Timed Finals Max 2 teams per club / country
Victory Ceremony for Event 408, 409, 410			