

NOTICE

DSA SWIM TEAM



DSA TEAM INFO PACK & SOP

18TH SINGAPORE NATIONAL SWIMMING CHAMPIONSHIPS 2023

Following is the information and SOP relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 21/06/2023 to 24/06/2023 (Wednesday to Saturday)

Meet Venue : OCBC Aquatic Centre, Singapore

Meet Time : Heat starts at 9:30am
Final starts at 6:00pm

Warm Up Time : Heat – 8:00am
Final – 4:30pm

Team Manager : Jeffrey

Coaches : Jeffrey

- Withdrawing event :
- i) **Last withdrawal date is 16/06/2023 (Friday), 12:00pm**
 - ii) **A penalty of S\$32.40 per event** will be imposed for each withdrawal on the day(s) of the Meet, 60mins before the start of the session.
 - iii) Any withdrawals within 60mins of the start of the session on the day(s) of the Meet with or without notification shall be deemed as Did Not Show or Did Not Start (DNS). **A penalty of S\$108.00 per event shall be imposed on all DNS.**
 - iv) **Penalty is to be borne by the respective swimmer.**
 - v) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

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Withdrawing event :vi) Withdrawals for Finals including the Reserve Swimmers of each event must be presented to DSA Officials within 20 minutes of the posting of the provisional start list in order to avoid the administrative fee.

vii) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

Meeting Point : Team Manager and Coach will meet up with swimmers at the pool venue

Equipment : Swim attire, goggles and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **DSA Swim Team Shirts 2022/2023** (see picture below)
Wednesday - Turquoise/Blue
Thursday – Navy/Gold
Friday – Neon Peach
Saturday – Pink/White



Swim Attire : FINA approved swim wear

Food and Drinks : Snacks are provided for **participating DSA swimmers only**.
Swimmers to collect food and beverages at DSA team seating area.
Meals to be arranged on your own.

Group Photo : **Thursday 22/06/23, 7:45am (before warm up)**

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Meet Rules and Regulations

- 1) Team Manager/Coach are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room and Marshall/Reporting Area **at all times, including warm up sessions.**
- 3) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.**
- 4) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 5) **Swimmers are required to check the relay team selection with Team Managers/Coaches before leaving the pool venue.**
- 6) Meal, transportation and accommodation are not provided. Swimmers/parents shall arrange their own food, transport and lodging.
- 7) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!