

**6th MAS/MILO/ NSC MID & LONG DISTANCE - 23/09/2023 to 24/09/2023****SWIMMING CHAMPIONSHIP 2023****\*SUBJECT TO CHANGE WITH COMBINED EVENTS\*****Session Report**

Session: 1 23rd September 2023 (Saturday)

Day of Meet: 1 Starts at 07:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

| Round  | Event                                              | Entries | Heats | Starts at |       |
|--------|----------------------------------------------------|---------|-------|-----------|-------|
| Finals | 101 Boys 11-12 800 Freestyle Group 3               | 39      | 4     | 07:30 AM  | _____ |
| Finals | 102 Girls 11-12 800 Freestyle Group 3              | 27      | 3     | 08:20 AM  | _____ |
| Finals | 103 Boys 13-14 800 Freestyle Group 2               | 38      | 4     | 09:00 AM  | _____ |
| Finals | 104 Girls 13-14 800 Freestyle Group 2              | 23      | 3     | 09:47 AM  | _____ |
| Finals | 105 Boys 15-17 200 Backstroke Group 1              | 18      | 2     | 10:24 AM  | _____ |
| Finals | 106 Girls 15-17 200 Backstroke Group 1             | 13      | 2     | 10:31 AM  | _____ |
| Finals | 107 Boys 18-25 200 Backstroke Open                 | 4       | 1     | 10:39 AM  | _____ |
| Finals | 108 Girls 18-25 200 Backstroke Open                | 1       | 1     | 10:43 AM  | _____ |
| Finals | 109 Boys 15-17 800 Freestyle Group 1               | 15      | 2     | 10:46 AM  | _____ |
| Finals | 110 Girls 15-17 800 Freestyle Group 1              | 11      | 2     | 11:09 AM  | _____ |
| Finals | 111 Boys 18-25 800 Freestyle Open                  | 0       | 0     | 11:33 AM  | _____ |
| Finals | 112 Girls 18-25 800 Freestyle Open                 | 2       | 1     | 11:33 AM  | _____ |
| Finals | 113 Boys 10 & Under 200 Backstroke Group 4         | 28      | 3     | 11:44 AM  | _____ |
| Finals | 114 Girls 10 & Under 200 Backstroke Group 4        | 23      | 3     | 11:57 AM  | _____ |
| Finals | 115 Boys 11-12 200 Backstroke Group 3              | 42      | 5     | 12:10 PM  | _____ |
| Finals | 116 Girls 11-12 200 Backstroke Group 3             | 24      | 3     | 12:30 PM  | _____ |
| Finals | 117 Boys 13-14 200 Backstroke Group 2              | 36      | 4     | 12:43 PM  | _____ |
| Finals | 118 Girls 13-14 200 Backstroke Group 2             | 34      | 4     | 12:58 PM  | _____ |
| Finals | 119 Boys 10 & Under 200 IM Group 4                 | 47      | 5     | 01:14 PM  | _____ |
| Finals | 120 Girls 10 & Under 200 IM Group 4                | 35      | 4     | 01:34 PM  | _____ |
| Finals | 121 Boys 11-12 200 IM Group 3                      | 88      | 9     | 01:51 PM  | _____ |
| Finals | 122 Girls 11-12 200 IM Group 3                     | 47      | 5     | 02:23 PM  | _____ |
| Finals | 123 Boys 13-14 200 IM Group 2                      | 79      | 8     | 02:43 PM  | _____ |
| Finals | 124 Girls 13-14 200 IM Group 2                     | 38      | 4     | 03:10 PM  | _____ |
| Finals | 125 Boys 15-17 200 IM Group 1                      | 33      | 4     | 03:25 PM  | _____ |
| Finals | 126 Girls 15-17 200 IM Group 1                     | 15      | 2     | 03:38 PM  | _____ |
| Finals | 127 Boys 18-25 200 IM Open                         | 10      | 1     | 03:45 PM  | _____ |
| Finals | 128 Girls 18-25 200 IM Open                        | 3       | 1     | 03:48 PM  | _____ |
| Finals | 129 Boys 11-12 400 Freestyle Group 3               | 68      | 7     | 03:51 PM  | _____ |
| Finals | 130 Girls 11-12 400 Freestyle Group 3              | 39      | 4     | 04:35 PM  | _____ |
| Finals | 131 Boys 13-14 400 Freestyle Group 2               | 66      | 7     | 05:02 PM  | _____ |
| Finals | 132 Girls 13-14 400 Freestyle Group 2              | 35      | 4     | 05:43 PM  | _____ |
| Finals | 133 Boys 15-17 400 Freestyle Group 1               | 33      | 4     | 06:09 PM  | _____ |
| Finals | 134 Girls 15-17 400 Freestyle Group 1              | 15      | 2     | 06:31 PM  | _____ |
| Finals | 135 Boys 18-25 400 Freestyle Open                  | 2       | 1     | 06:44 PM  | _____ |
| Finals | 136 Girls 18-25 400 Freestyle Open                 | 0       | 0     | 06:49 PM  | _____ |
| Finals | 137 Boys 10 & Under 4x200 Freestyle Group 4 Relay  | 6       | 1     | 06:49 PM  | _____ |
| Finals | 138 Girls 10 & Under 4x200 Freestyle Group 4 Relay | 4       | 1     | 07:00 PM  | _____ |
| Finals | 139 Boys 11-12 4x200 Freestyle Group 3 Relay       | 7       | 1     | 07:11 PM  | _____ |
| Finals | 140 Girls 11-12 4x200 Freestyle Group 3 Relay      | 6       | 1     | 07:22 PM  | _____ |
| Finals | 141 Boys 13-14 4x200 Freestyle Group 2 Relay       | 8       | 1     | 07:34 PM  | _____ |
| Finals | 142 Girls 13-14 4x200 Freestyle Group 2 Relay      | 3       | 1     | 07:44 PM  | _____ |

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Session: 1 23rd September 2023 (Saturday)

Day of Meet: 1 Starts at 07:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

| Round  | Event                                         | Entries | Heats | Starts at |       |
|--------|-----------------------------------------------|---------|-------|-----------|-------|
| Finals | 143 Boys 15-17 4x200 Freestyle Group 1 Relay  | 4       | 1     | 07:55 PM  | _____ |
| Finals | 144 Girls 15-17 4x200 Freestyle Group 1 Relay | 2       | 1     | 08:05 PM  | _____ |
| Finals | 145 Boys 18-25 4x200 Freestyle Open Relay     | 1       | 1     | 08:16 PM  | _____ |
| Finals | 146 Girls 18-25 4x200 Freestyle Open Relay    | 0       | 0     | 08:26 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 477             | =====   | ===== |           |       |
|        | Entry / Heat Totals:                          | 1,072   | 128   |           |       |
|        | Finish Time                                   |         |       | 08:26 PM  | _____ |

**6th MAS/MILO/ NSC MID & LONG DISTANCE - 23/09/2023 to 24/09/2023****SWIMMING CHAMPIONSHIP 2023****\*SUBJECT TO CHANGE WITH COMBINED EVENTS\*****Session Report**

Session: 2 24th September 2023 (Sunday)

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

| Round  | Event                                         | Entries | Heats | Starts at |       |
|--------|-----------------------------------------------|---------|-------|-----------|-------|
| Finals | 201 Boys 11-12 1500 Freestyle Group 3         | 30      | 3     | 07:30 AM  | _____ |
| Finals | 202 Girls 11-12 1500 Freestyle Group 3        | 11      | 2     | 08:41 AM  | _____ |
| Finals | 203 Boys 13-14 1500 Freestyle Group 2         | 33      | 4     | 09:33 AM  | _____ |
| Finals | 204 Girls 13-14 1500 Freestyle Group 2        | 10      | 1     | 11:01 AM  | _____ |
| Finals | 205 Boys 15-17 200 Butterfly Group 1          | 15      | 2     | 11:24 AM  | _____ |
| Finals | 206 Girls 15-17 200 Butterfly Group 1         | 8       | 1     | 11:31 AM  | _____ |
| Finals | 207 Boys 18-25 200 Butterfly Open             | 1       | 1     | 11:34 AM  | _____ |
| Finals | 208 Girls 18-25 200 Butterfly Open            | 2       | 1     | 11:37 AM  | _____ |
| Finals | 209 Boys 15-17 1500 Freestyle Group 1         | 15      | 2     | 11:41 AM  | _____ |
| Finals | 210 Girls 15-17 1500 Freestyle Group 1        | 6       | 1     | 12:23 PM  | _____ |
| Finals | 211 Boys 18-25 1500 Freestyle Open            | 0       | 0     | 12:44 PM  | _____ |
| Finals | 212 Girls 18-25 1500 Freestyle Open           | 1       | 1     | 12:44 PM  | _____ |
| Finals | 213 Boys 10 & Under 200 Butterfly Group 4     | 18      | 2     | 01:04 PM  | _____ |
| Finals | 214 Girls 10 & Under 200 Butterfly Group 4    | 15      | 2     | 01:12 PM  | _____ |
| Finals | 215 Boys 11-12 200 Butterfly Group 3          | 35      | 4     | 01:21 PM  | _____ |
| Finals | 216 Girls 11-12 200 Butterfly Group 3         | 17      | 2     | 01:35 PM  | _____ |
| Finals | 217 Boys 13-14 200 Butterfly Group 2          | 25      | 3     | 01:43 PM  | _____ |
| Finals | 218 Girls 13-14 200 Butterfly Group 2         | 11      | 2     | 01:54 PM  | _____ |
| Finals | 219 Boys 10 & Under 200 Breaststroke Group 4  | 25      | 3     | 02:01 PM  | _____ |
| Finals | 220 Girls 10 & Under 200 Breaststroke Group 4 | 31      | 4     | 02:15 PM  | _____ |
| Finals | 221 Boys 11-12 200 Breaststroke Group 3       | 47      | 5     | 02:34 PM  | _____ |
| Finals | 222 Girls 11-12 200 Breaststroke Group 3      | 24      | 3     | 02:54 PM  | _____ |
| Finals | 223 Boys 13-14 200 Breaststroke Group 2       | 41      | 5     | 03:07 PM  | _____ |
| Finals | 224 Girls 13-14 200 Breaststroke Group 2      | 24      | 3     | 03:26 PM  | _____ |
| Finals | 225 Boys 15-17 200 Breaststroke Group 1       | 18      | 2     | 03:38 PM  | _____ |
| Finals | 226 Girls 15-17 200 Breaststroke Group 1      | 8       | 1     | 03:45 PM  | _____ |
| Finals | 227 Boys 18-25 200 Breaststroke Open          | 6       | 1     | 03:49 PM  | _____ |
| Finals | 228 Girls 18-25 200 Breaststroke Open         | 1       | 1     | 03:53 PM  | _____ |
| Finals | 229 Boys 11-12 400 IM Group 3                 | 32      | 4     | 03:56 PM  | _____ |
| Finals | 230 Girls 11-12 400 IM Group 3                | 15      | 2     | 04:25 PM  | _____ |
| Finals | 231 Boys 13-14 400 IM Group 2                 | 25      | 3     | 04:40 PM  | _____ |
| Finals | 232 Girls 13-14 400 IM Group 2                | 12      | 2     | 05:00 PM  | _____ |
| Finals | 233 Boys 15-17 400 IM Group 1                 | 12      | 2     | 05:14 PM  | _____ |
| Finals | 234 Girls 15-17 400 IM Group 1                | 4       | 1     | 05:27 PM  | _____ |
| Finals | 235 Boys 18-25 400 IM Open                    | 1       | 1     | 05:34 PM  | _____ |
| Finals | 236 Girls 18-25 400 IM Open                   | 1       | 1     | 05:40 PM  | _____ |
| Finals | 237 Boys 10 & Under 200 Freestyle Group 4     | 50      | 5     | 05:46 PM  | _____ |
| Finals | 238 Girls 10 & Under 200 Freestyle Group 4    | 46      | 5     | 06:04 PM  | _____ |
| Finals | 239 Boys 11-12 200 Freestyle Group 3          | 91      | 10    | 06:23 PM  | _____ |
| Finals | 240 Girls 11-12 200 Freestyle Group 3         | 52      | 6     | 06:56 PM  | _____ |
| Finals | 241 Boys 13-14 200 Freestyle Group 2          | 84      | 9     | 07:17 PM  | _____ |
| Finals | 242 Girls 13-14 200 Freestyle Group 2         | 46      | 5     | 07:45 PM  | _____ |

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Session: 2 24th September 2023 (Sunday)

Day of Meet: 2 Starts at 07:30 AM Heat Interval: 40 Seconds / Back +15 Seconds

| Round  | Event                                              | Entries | Heats | Starts at |       |
|--------|----------------------------------------------------|---------|-------|-----------|-------|
| Finals | 243 Boys 15-17 200 Freestyle Group 1               | 44      | 5     | 08:01 PM  | _____ |
| Finals | 244 Girls 15-17 200 Freestyle Group 1              | 27      | 3     | 08:16 PM  | _____ |
| Finals | 245 Boys 18-25 200 Freestyle Open                  | 11      | 2     | 08:26 PM  | _____ |
| Finals | 246 Girls 18-25 200 Freestyle Open                 | 3       | 1     | 08:32 PM  | _____ |
| Finals | 247 Mixed 10 & Under 4x200 Freestyle Group 4 Relay | 7       | 1     | 08:35 PM  | _____ |
| Finals | 248 Mixed 11-12 4x200 Freestyle Group 3 Relay      | 9       | 1     | 08:47 PM  | _____ |
| Finals | 249 Mixed 13-14 4x200 Freestyle Group 2 Relay      | 5       | 1     | 08:59 PM  | _____ |
| Finals | 250 Mixed 15-17 4x200 Freestyle Group 1 Relay      | 4       | 1     | 09:10 PM  | _____ |
| Finals | 251 Mixed 18-25 4x200 Freestyle Open Relay         | 0       | 0     | 09:20 PM  | _____ |
|        | Swimmers Counts for Warm-ups: 493                  | =====   | ===== |           |       |
|        | Entry / Heat Totals:                               | 1,059   | 133   |           |       |
|        | Finish Time                                        |         |       | 09:20 PM  | _____ |