





# JOHOR AGE GROUP SWIMMING CHAMPIONSHIPS 2024 CHAMPIONSHIPS RULES

1. Competition Dates

(Friday) 19th January - (Saturday) 20th January 2024

2. Competition Venue

Pusat Akuatik MBJB, Arena Larkin, Johor Bahru

- 3. Competition Information
  - 3.1 Age groups are computed as follows for male and female swimmers respectively:

Master A : 45 to 60 years (born 1979 to 1964)
Master B : 35 to 44 years (born 1989 to 1980)
Group 1 : 16 to 30 years (born 2008 to 1994)
Group 2 : 14 to 15 years (born 2010 to 2009)
Group 3 : 12 to 13 years (born 2012 to 2011)
Group 4 : 10 to 11 years (born 2014 to 2013)
Group 5 : 9 and under (born 2015 and later)

- 3.2 Age is calculated as of 31<sup>st</sup> December in the year of the competition. Swimmers can only compete in their own age group.
- 4. Entries

Invited club out of Johor is not required to pay the PRAJ Student Membership Fees. Local *swimmers* are required to register as PRAJ student members. There is no limit to the number of entries for individual events.

- 5.1 All entries are to be submitted via the Hytex Team Manager software and emailed to into the Hy-Tek Team Manager is as enclosed.
- 5.2 Swim Clubs who do not own the software may download a free version of Team Manager Lite from
- 5.3 No independent unattached swimmers are allowed.

5.4 All entries must be submitted with a time. Entries with No Time (NT) will automatically be rejected.

## 6. Entry Fees

- 6.1 PRAJ Student Memberships for 2024 is RM10.00
- 6.2 Registration Fee is RM30.00 per swimmer
- 6.3 Individual events is RM10.00 per event

Total entries fee is payable to PRA Johor as per final checklist. Upon checklist confirmation by participating clubs, there will be no revision nor refund of the entry fees in the event of subsequent withdrawals/scratching. Kindly make separate payment for Student Members / Registration Fees / Events.

6.4 All entry fees must be paid prior to the Team Managers' Meeting via online or interbank transfer on or before to:-

Kindly email a copy of the payment confirmation/bank-in slip to as proof of payment for issuance of receipt.

The organizer reserves the right to disallow swimmers from participating in the meet should the entry fees of the affiliate remained unpaid on the day of the competition.

## 7. Entry Closing Date

Late entries

#### will not be entertained.

# 8. Format or Competition

The competition will be conducted in accordance to WORLD AQUATICS rules on swimming.

## 9. Qualification For MIAG 2024

This competition is a qualification for swimmers to go to 59<sup>th</sup> MIAG 2024 on 25<sup>th</sup> - 28<sup>th</sup> April 2024. Failing to participate in this competition, he/she will lose Johor's qualifying mark for MIAG 2024.

- 9.1 Top 5 rankings from each categories will automatically qualified for MIAG 2024.
- 9.2 Ranking 6 to 12 will be allowed to participate but penalty of RM50.00 per event will be imposed if he/she does not meet the Johor Age Group 2024 ranking 8 timing at MIAG 2024.
- 9.3 Swimmers who failed to pay the penalty for MIAG 2023 will not be allowed to participate for the Johor Age Group Swimming Championships 2024.

# 10. Withdrawal/scratching of Event/s

via email to entry fees will not be refunded.
Withdrawals will no longer be accepted during the Team Managers' Meeting.

- 10.2 Any withdrawals after the withdrawal deadline or on the days(s) of the Championships with or without notification shall be deemed DID NOT SHOW or DID NOT START (DNS). a penalty of RM100.00 shall be imposed on any "DNS" and payment must be made immediately.
- 10.3 Penalties are to be borne by the respective team concerned. The Organizing Committee reserves the right to withdraw any swimmer/team failing to pay the penalty.
- 10.4 The penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.
- 10.5 All medical certificates must be produced by the end of the day otherwise the penalty will be imposed as in 10.2.

## 11. Control Room Guidelines

- 11.1 ONLY the Team Manager shall be allowed access to the Control /Secretariat Room for administrative purposes only. No proxies shall be allowed.
- 11.2 Results will be available through Meet Mobile. No printed results will be available for individual clubs. A softcopy of the full results will be emailed to the respective clubs after the championship.

#### 12. Protest

- 12.1 Protest are possible:
  - a. If the rules and regulations for the conduct of the competition are not observed,
  - b. If other conditions endanger the competition and/or competitors, or
  - c. Against the decisions of the referee;
  - d. However, no protest shall be allowed against the decision of facts.
- 12.2 All protests shall be considered by the Meet Referee.
- 12.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 12.4 Protest must be submitted in accordance with the following:
  - a. In writing, with the supporting facts and with a deposit of RM300.00
  - b. Submitted to the Meet Referee by the Team Manager. No proxies will be entertained.
  - c. Submitted within thirty (30) minutes following the announcement of confirmation by the referee and display at the results board.

- d. If the Meet Referee rejects the protest, he/she must state the reasons for his/her decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 12.5 If the protest is rejected, the deposit shall be forfeited by the Organizing Committee. If the protest is upheld, the deposit shall be returned.

## 13. Jury of Appeal

- 13.1 The Chairman of the Jury of Appeal shall be appointed by PRAJ.
- 13.2 A maximum of six (6) and a minimum of four (4) other members of the Jury of Appeal shall comprise of the following:
  - a. Organizing Secretary, or his/her representative, and a maximum of five (5) and a minimum of three (3) representatives from amongst the participating clubs not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.

# 14. Facilities and Warm Up Guidelines

- 14.1 The Competition Pool will be available for warm up at 7:00 am and will be closed fifteen (15) minutes before the start of each session.
- 14.2 Warm up lane assignments and regulations for the Competition Pool are as follows:
  - a. Lane 1 and 8 are Dive Sprint Lanes Strictly for Diving and Sprinting only (no lap swimming or pacing)
  - b. Lane 2 to 7 are Circle Swimming Lanes For general swimming and/or Pace Work
  - c. There shall be NO DIVING in Lane 2 to 7. Entry to these lanes via feet first at all times
  - d. The use of swim paddles and fins are prohibited during warm-up.
  - e. The Dive Sprint Lane are one-way only swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.
  - f. Swimmers are not allowed to sit or press down on the lane rope.
  - g. Swimmers are required to exit the pool from the sides, and not by climbing over the touch pads.
  - h. Only Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm up sessions.
  - i. In order to ensure a smooth Swimming Competition Time Line Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the swimming Competition and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of bound to ALL except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer, Appointed Media Coverage Personnel.
  - j. Spectators seating is available on a first come first served basis.
  - k. Kindly ensure the stadium and pool deck is kept clean at all times. Please clear rubbish from the spectators' seats at the end of the meet each day.
  - I. The diving platforms and springboards are out of bounds at all times.

## 15. Events to be contested

The swimming competition shall consist of the following events:

## MEN

Freestyle: 50m (Group 5), / 50m, 100m & 200m(All Groups), Backstroke: 50m (Group 5), / 50m, 100m & 200m (All Groups) Breaststroke: 50m (Group 5), / 50m, 100m & 200m (All Groups) Butterfly: 50m (Group 5), / 50m, 100m & 200m (All Groups)

Individual Medley & Freestyle: 400m (Open)

#### WOMEN

Freestyle: 50m (Group 5), / 50m, 100m & 200m(All Groups), Backstroke: 50m (Group 5), / 50m, 100m & 200m (All Groups) Breaststroke: 50m (Group 5), / 50m, 100m & 200m (All Groups) Butterfly: 50m (Group 5), / 50m, 100m & 200m (All Groups)

Individual Medley & Freestyle: 400m (Open)

## 16. Competition Schedule / Order of Events

Competition will start at 8:00 a.m.

## 17. Awards

Medals will be awarded to the Top 3 placing of each event. Certificate of participation will be provided to all participants. All medal recipients are to wear proper attire during the ceremony, i.e, *Club T-Shirts, Long Pants and Sports Shoes*. Recipient with improper dress code will not be allowed at the podium.

## 18. Official Championship Correspondence

Please direct all correspondence to:

## 19. **Team Managers' Meeting**

The Team Managers' meeting will be held at **5:00 p.m. on Thursday**, **18**<sup>th</sup> **January 2024** at the Control Room.

#### 20. **COVID-19**

The standard operating procedures (SOP) for control and prevention of Covid-19 virus applies.

21.	KEY DATES