

# NOTICE

DSA SWIM TEAM



## DSA TEAM INFO PACK

SPORTEXCEL/MILO/NSC/MAS JUNIOR SWIMMING CIRCUIT – 2<sup>ND</sup> LEG, 2024

Following is the information relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 02/08/2024 to 04/08/2024 (Friday to Sunday)

Meet Venue : Pusat Akuatik Tuanku Zara, Ipoh

Meet Time : Event starts at 8:00am

\*Lunch Break TBC

Warm Up Time : 6:45am sharp

Coaches : DSA Coaches

Withdrawing Event : i) Due to medical reason or school event only.

ii) **Last withdrawal date is 23/07/2024 (Tuesday), 12:00pm** via the digital form <https://form.jotform.com/241968247744469>.

iii) **A penalty of RM100.00 per event** shall be imposed for each event withdrawn or “No Show” after the withdrawal date above or on the day of the competition. **Penalty is to be borne by the respective swimmer.**

iv) **Swimmers must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

v) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

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Equipment : Swim attire, goggles, and DSA Swim Cap.  
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **DSA Swim Team Shirts** (see picture below)

Friday – Pink/White

Saturday – Turquoise/Blue

Sunday – Navy/Gold



*\*\*Swimmers without the team shirts may wear any DSA shirts or similar color shirt.*

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed.

Food and Drinks : Fruits, buns & beverages are provided for **participating DSA swimmers only**.

Swimmers to collect food and beverages at DSA team seating area.

**No collection on behalf by other swimmers or parents is allowed.**

Lunch to be arranged on your own.

Group Photo : **Saturday 03/08/2024, 6:30am (before warm up)**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.  
Reserving seats is strictly not allowed.

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## Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area **at all times, including warm up sessions.**
- 3) **Start list can be viewed from Meet Mobile App (paid app) on phone the day before the swim meet.**
- 4) **Minimum Time Standards are applicable to all swimmers in this swim meet.**  
**A penalty of RM100.00 per event** will be imposed on swimmers who failed to swim within the Minimum Time Standards.
- 5) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 6) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 7) Swimmers are required to inform Team Managers/Coaches before leaving the pool venue.
- 8) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
- 9) The diving platforms and springboards are out of bounds at all times.
- 10) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

**WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!**