



**41st NATIONAL INTER-CLUB
SWIMMING CHAMPIONSHIPS FOR
THE PRESIDENT'S CUP 2024**

1.0 GENERAL INFORMATION

Competition: 41st National Inter-Club Swimming Championships for the President's Cup 2024

Venue: Pusat Akuatik Darul Ehsan, Shah Alam

Details:

Session	Date	Day	Competition	Warm Up
1	20 Nov 2024	Friday	8:00am	6:30am
2	21 Nov 2024	Saturday	8:00am	6:30am
3	22 Nov 2024	Sunday	8:00am	6:30am

- 1.1 The Championships shall be conducted under the Rules and By-Laws of World Aquatics as prescribed in the Competition Regulations. In matters not provided for, decisions shall rest with the Referee and/or Organizing Committee.

2.0 ELIGIBILITY

2.1 The Championships is open to the following:

- Local swimmers, inclusive of non-Malaysian swimmers residing in Malaysia, who are existing members of Clubs duly registered and affiliated to their respective states or MAS, and any Sekolah Sukan Malaysia, who meet the Minimum Time Standards.
- Swimmers who have represented Malaysia in International Open-Level Championships (ie. Olympic Games, World Championships, Asian Games, Commonwealth Games, Pan Pacific Championships, SEA Games) are eligible to participate but will be registered in the Open Group Category and will represent MAS. These swimmers are not eligible for any medals, awards or incentive payments.
- Swimmers of other Federations affiliated to World Aquatics who meet the Minimum Time Standards, provided they hold a valid clearance from their Federation. These swimmers are not eligible for any medals, awards or incentive payments.

2.2 Club Representation Rule for Multi-Location Clubs/Schools

- Clubs operating across multiple locations in different states within Malaysia must participate as separate entities based on their specific state locations.
- Each club must compete under its own distinct banner corresponding to its specific state location.
- Merging swimmers from various state locations to compete under a single club banner will not be permitted.

- d. Clubs found in violation of this rule may face disqualification or other penalties as deemed appropriate by the Organizing Committee.

3.0 AGE GROUPS

- 3.1 Date of age reckoning for age groups and ages is calculated as of 31st December in the year of competition.
- 3.2 Age groups are computed as follows for male and female swimmers respectively:
- | | |
|----------|--|
| Open: | 19 years and above (born 2005 or earlier) |
| Group 1: | 16, 17 and 18 years old (born 2006, 2007 and 2008) |
| Group 2: | 14 and 15 years old (born 2009 and 2010) |
| Group 3: | 12 and 13 years old (born 2011 and 2012) |
| Group 4: | 11 years old and under (born 2013 or later) |
- 3.3 Swimmers can only compete in their own age group.

4.0 ENTRY REGULATIONS

- 4.11 All entries are to be submitted via the Hy-Tek Team Manager software and emailed to

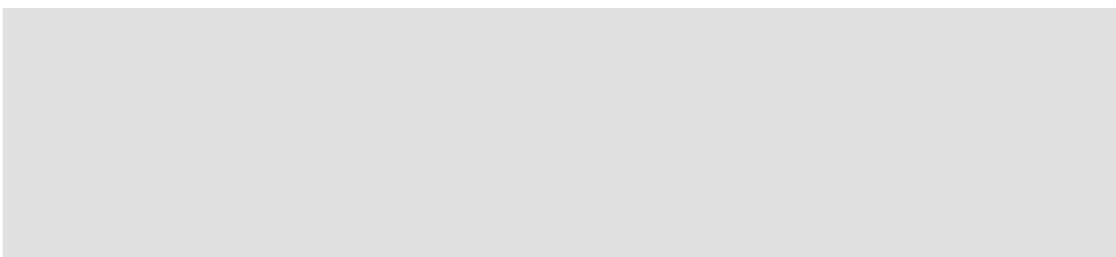
- 4.12 Swimmers must meet the Minimum Time Standard for a particular event in order to participate in this Championships. An administrative fee of RM100.00 will be imposed on any swimmer who returns a time more than 3% slower than the entry qualifying time. The penalty must be paid immediately, failure to which the swimmer will not be allowed to participate in any subsequent events.

- 4.13 All entries must be submitted with a time equivalent or faster than the Minimum Time Standard for that particular event. Entries submitted with No Time (NT) will automatically be rejected.

- 4.14 All local Malaysian swimmers must submit their MAS Swimmer ID Number together with their entries.

- 4.15 Entries must be accompanied by full payment of the registration (if applicable) and entry fees.

4.16



4.17 **Malaysia Swimmer National Registration Fee**

The annual Malaysia Swimmer National Registration Fee of RM50 per swimmer (new) or RM30 per swimmer (renewal) is applicable to all local swimmers, inclusive of non-Malaysian swimmers residing in Malaysia. This fee is not applicable for those who already paid for 2024.

4.18 **Entry Fee for Local Swimmers**

- a. Individual Event – RM15 per event per swimmer
- b. Relay Event – RM60 per event per team

4.19 **Entry Fee for Foreign Swimmers**

- a. Individual Event – USD100 per swimmer regardless of number of events
- b. Relay Event – USD40 per event per team

4.20 **Coach/Team Official Admin Fee for Foreign Participating Teams**

USD50 per individual and per accreditation pass for entry to the meet and is applicable to all coaches/team officials from foreign participating teams.

4.21 There is no limit to the number of individual entries per swimmer.

4.22 Swimmers participating in the relay events must be registered in at least one individual event.

4.23 **Late Entries Charges**

Late entries after the entries dateline can be accepted but at the cost of twice the entry fee. The double charge will be applied automatically, and no appeals will be considered under any circumstances.

4.24

No refunds will be provided for whatever reason after this dateline.

5.0 WITHDRAWALS

5.1

Withdrawals will no longer be accepted during the Team Managers' Meeting.

5.2 Any withdrawals after the withdrawal deadline or on the day(s) of the Championships with or without notification shall be deemed Did Not Show or Did Not Start (DNS). A penalty of

RM100.00 shall be imposed on any “DNS” and payment must be made immediately, failure to which the swimmer will not be allowed to participate in any subsequent events.

- 5.3 Penalties are to be borne by the respective team concerned. The Organizing Committee reserves the right to withdraw any swimmer/team failing to pay the penalty.
- 5.4 The penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.
- 5.5 All medical certificates must be produced by the end of the day otherwise the penalty will be imposed as in 5.2.

6.0 ACCREDITATIONS

- 6.1 Club Accreditations (inclusive of coaches and team managers) will be given based on the team size in the competition.

Number of Swimmers	Number of Coaches Pass	Number of Team Managers Pass
1-10	1	1
11-20	2	1
21-30	3	1
31-45	4	1
46-60	5	2
61-75	6	2
76-90	7	3
91-100	8	3
101 and above	9	4

- 6.2 **The pool deck at all MAS-sanctioned competitions is strictly reserved for registered participants, coaches, technical officials, essential support staff or other persons approved by the Organising Committee and/or MAS.**
- 6.3 Starting from 1 March 2024, coaches who wish to apply for an accreditation pass to be on deck during MAS-sanctioned competitions must be registered with MAS. The Coaches National Registration Fee is RM100 (new) or RM50 (renewal) per coach.
- 6.4 All Accreditation Cards remain the property of MAS, are NON-TRANSFERABLE, and can be withdrawn, refused or revoked at the discretion of the Organising Committee / MAS.

- 6.5 In order to ensure a safe and inclusive training and competition environment, all rules and regulations surrounding accreditation will be respected.
- 6.6 Applying for accreditation under false pretences is seen as a violation of accreditation procedures. Anyone found to be in violation of this will have their accreditation revoked and will be asked to leave the venue immediately.
- 6.7 Requests for additional Accreditation Cards in excess of the quantities tabled above in Clause 6.4 are subject to the discretion and approval of the Organising Committee / MAS and will incur charges of RM30.00 per additional Accreditation Card.

7.0 EVENTS

- 7.1 The Championships are run in the World Aquatics Long Course Metres (LCM) format. Events will be swum as Timed Finals of each age group.
- 7.2 Events listed below will be for both Male and Female:
- a. Freestyle: 50m, 100m for all age groups
 - b. Backstroke: 50m, 100m for all age groups
 - c. Breaststroke: 50m, 100m for all age groups
 - d. Butterfly: 50m, 100m for all age groups
 - e. Freestyle Relay: 4x50m Mixed Gender for all age groups except Open
4x100m Mixed Age Group
 - g. Medley Relay: 4x50m Mixed Gender for all age groups except Open
4x100m Mixed Age Group
- 7.3 In the mixed age group relays, each team must comprise of one swimmer from each age group of 1, 2, 3 and 4. The starting order is at the discretion of the team.
- 7.4 In the mixed gender relays, each team must comprise of two male and two female swimmers. The starting order is at the discretion of the team.

8.0 CERTIFICATES, POINTS AND AWARDS

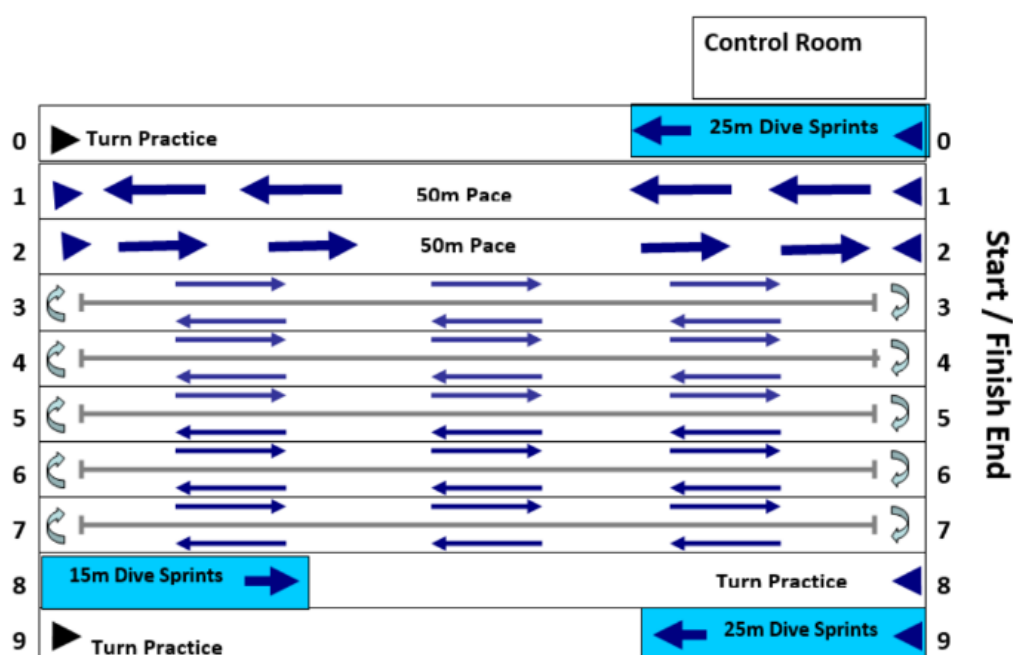
- 8.1 A "Certificate of Participation" will be awarded to all participants.
- 8.2 Certificates will be awarded to the top three swimmers/teams in every event.
- 8.3 The point system is as follows:

Position	Points Awarded
Individual: 1 st to 11 th place	12, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 respectively
Relay: 1 st to 11 th place	48, 40, 36, 32, 28, 24, 20, 16, 12, 8, 4 respectively

- 8.4 Only one relay team per club in the respective relay events is eligible for points. If the club enters two relay teams in the same relay event, only the higher ranked relay team will be eligible for points contention.
- 8.5 The Most Valuable Swimmer Award will be presented to each male and female local swimmer, inclusive of non-Malaysian swimmers residing in Malaysia, in each age group, who has the highest accumulated number of individual points in the competition.
- 8.6 The Overall Champion Club Trophy will be presented to the club with the highest number of points scored from both individual and relay events.

9.0 WARM UP GUIDELINES

- 9.1 The Competition and Warm-Up pools will be available for warm-up one and a half (1.5) hours before the competition commences. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.
- 9.2 Warm-up lane assignments will be in accordance to World Aquatics Swimming Rules.



- 9.3 The schematic in the diagram shall be observed at all times during warm-ups.
- a. The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.

- b. There shall be NO DIVING in Lanes 1 to 7. Entry to these lanes is via feet first entry from the sitting position at all times.
- 9.4 Swimmers are not allowed to sit or press down on the lane ropes.
- 9.5 Swimmers are required to exit the pool from the sides, and not by climbing over the touch pads.
- 9.6 Only Coaches and Team Managers will be allowed on the Competition Pool Deck during the warm-up sessions.
- 9.7 In order to ensure a smooth Swimming Competition Time-Lines Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of bounds to ALL except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer and Appointed Media Coverage Personnel.

8.0 CONTROL ROOM GUIDELINES

- 8.1 Request for the details of an infraction committed by a swimmer shall be made to the Swimming Competition Meet Director by the Team Managers or Coaches. No proxies will be entertained.
- 8.2 In the absence of Meet Director, the infraction enquiry shall be directed only to the Deputy Meet Director or Control Room Supervisor.
- 8.3 Enquiry of infraction shall be made within the same day of competition.
- 8.4 Team Manager/Coach shall provide Swimmer Details ie. Event Number, Time Final Number, Swimmer's Name, Affiliate Name and Lane Assigned.
- 8.5 ONLY the Team Manager/Coach shall be allowed to access the Control Room. No proxies shall be allowed.
- 8.6 Results will be available through Meet Mobile. No printed results will be available. A softcopy of the full results will be emailed to the respective clubs after the Championship.

9.0 PROTESTS

- 9.1 Protests are possible:
 - a. If the rules and regulations for the conduct of the competition are not observed,
 - b. If other conditions endanger the competition and/or competitors, or
 - c. Against the decisions of the referee;
 - d. However, no protest shall be allowed against the decision of facts.

- 9.2 All protests shall be considered by the Meet Referee. However, protests against decisions of fact shall not be allowed.
- 9.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 9.4 Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts.
 - b. With a deposit of RM400.00.
 - c. Submitted to the Meet Referee by the Team Manager. No proxies will be entertained.
 - d. Submitted within thirty (30) minutes following the announcement of confirmation by the referee and display at the results board.
- 9.5 If the Meet Referee rejects the protest, he/she must state the reasons for his/her decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 9.6 If the protest is not upheld, the deposit shall be forfeited to the Organizing Committee of the Championships. If the protest is upheld, the deposit shall be returned.

10. JURY OF APPEAL

- 10.0 The Chairman of the Jury of Appeal shall be appointed by the Organizing Committee/PRAS.
- 10.1 A maximum of six (6) and a minimum of four (4) other members of the Jury of Appeal shall comprise of the following:
- a. Meet Director, or his/her representative, and
 - b. A maximum of five (5) and a minimum of three (3) representatives from amongst the participating clubs not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.