### DSA SWIM TEAM



### **DSA TEAM INFO PACK**

41ST NATIONAL INTER-CLUB SWIMMING CHAMPIONSHIPS FOR THE PRESIDENT'S **CUP 2024** 

Following is the information relevant to the meet, please read carefully and adhere accordingly:

: 20/12/2024 to 22/12/2024 (Friday to Sunday) Meet Date

Meet Venue : Pusat Akuatik Darul Ehsan, Shah Alam

Meet Time : Event starts at 8:00am

\*Lunch Break TBC

Warm Up Time : 6:45am sharp

Coaches : DSA Coaches

: Information will be posted through Telegram app Communication



Withdrawing Event: i) Due to medical reason or school event only.

ii) Last withdrawal date is 14/12/2024 (Saturday), 12:00pm via email to https://form.jotform.com/243391827735465 along with supporting document, ie: MC/school letter.

iii) A penalty of RM100 per event shall be imposed for each event withdrawn or "No Show" on the day of the competition. Penalty is to be borne by the respective swimmer.

















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iv) Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.

v) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

Equipment : Swim attire, goggles, and DSA Swim Cap.

Do prepare extra sets of all swim attire and racing gear.

**Dress Code** : DSA Swim Team Shirts (see picture below)

> Friday - Turquoise/Blue Saturday - Pink/White Sunday - Navy/Gold







\*\*Swimmers without the team shirts may wear any DSA shirts or similar color shirt.

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed

: Fruits, buns & beverages are provided for participating DSA swimmers Food and Drinks only.

> Swimmers to collect food and beverages at DSA team seating area. No collection on behalf by other swimmers or parents is allowed.

Lunch to be arranged on your own.



















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**Group Photo** : Saturday 21/12/2024, 6:30am (before warm up)

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.

Reserving seats is strictly not allowed.

SQD-1757-241212/241222

**D Swim Academy Sdn Bhd** 750654-V SST No W10-1902-32000129

Level 3, National Aquatic Centre Bukit Jalil, KL Sports City, 57000 Kuala Lumpur





















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#### **Meet Rules and Regulations**

- 1) Team Managers are the official representative of the team to communicate with the Organizer. All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.
- 2) Parents are STRICTLY NOT ALLOWED to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area at all times, including warm up sessions.
- 3) Start list can be viewed from Meet Mobile App (paid app) on mobile phone the day before the swim meet.
- 4) Minimum Time Standards are applicable to all swimmers in this swim meet. A penalty of RM100.00 per event will be imposed on swimmers who failed to swim within the Minimum Time Standards.
- 5) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and any penalty for missing events will be borne by swimmers. (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 6) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 7) Swimmers are required to check the relay team selection with Team Managers/Coaches before leaving the pool venue.
- 8) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
- 9) The diving platforms and springboards are out of bounds at all times.
- 10) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!















