



TEACHING
MORE THAN JUST

Swimming



AUSTRALIAN
Swim
SCHOOLS ASSOCIATION
MEMBER



D Swim Academy Sdn Bhd

Reg. No : 750654-V | SST No. W10-1902-32000129

Level 3, National Aquatic Centre Bukit Jalil,

KL Sports City, 57000 Kuala Lumpur

T: 1300 222 372

E: info@dswimacademy.com | W: www.dswimacademy.com

DSA SQUAD PROGRAM HANDBOOK

Dear Swimmers and Parents,

Congratulations and welcome to DSA Squad Program – a place that nurtures the new generation with sportsmanship and team spirit toward their journey in competitive swimming!

Before getting started, let us walk you through the general information you will need when joining the program

1.0 REGISTRATION AS STUDENT OF DSA SQUAD PROGRAM

A swimmer who has been promoted from DSA Mini Squad/qualified after assessment to train in the DSA Squad Program is required to read, understand and sign the “*Terms & Condition of Service for Squad Program*” as the shift to a new program involves a different structure and policy.

The forms can be obtained from the DSA Administrative counter at the following Swim Centres:

- i) Pusat Akuatik Nasional, Bukit Jalil
- ii) Kompleks Kecemerlangan, Kampung Pandan
- iii) Kompleks Sukan Negara, Shah Alam
- iv) The Club, Bukit Utama
- v) Bukit Kiara Equestrian & Country Resort
- vi) AEON Mall, Bandar Dato’ Onn
- vii) ARENA Sukan, Kuala Lumpur
- viii) Pusat Akuatik Seberang Jaya, Penang

2.0 PROGRAM STRUCTURE AND FEE PAYMENT

The Squad Program training sessions are offered at different frequencies to suit different needs:

Squad Program	Applicable Group	Frequency per Month
Sports/Development Squad	Group C and D	8 or 12 Sessions
Competitive Squad	Group A, B, and C	Unlimited Sessions

**Group A & B are allowed to opt for the 12 Sessions package twice in a year.*

**Group D may take the Unlimited Sessions package based on their coach’s recommendation.*



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Newcomers from DSA Mini Squad will be assigned to the Sports/Development Squad (Group D) by default to build up the foundation. As the swimmer improves with time and training, they can look forward to progressing to Competitive Squad group.

Newcomers from another Swim Club/Swim School will be assessed according to DSA Grouping Requirements by a DSA Coach and will be advised on which Training Group to start with.

Training days are flexible in this program, swimmers can arrange their preferred training day according to the respective Swim Centre's training schedule, however it is recommended to commit to a consistent frequency with training.

Monthly training fee payments month shall be completed no later than the 7th day of the month at the DSA Administrative Counter or through DSA First Portal.

Payments not received by the 7th day of the month will cause the account to be suspended. **An activation fee of RM10 will be applied to reactivate the suspended account.**

No pro-rata of monthly training fee. No replacement and no carry forward of unused lessons to following month.

3.0 TRAINING GROUP

The DSA Squad Program has 4 training groups, namely Groups A, B, C & D, each with its respective qualifying times.

Newcomers from Mini Squad will be assigned to Sports/Development Squad (Group D) by default to build up their foundation skills. A swimmer can be promoted to a higher group through a series of procedures involving their best time achieved in a swimming competition for 100 LCM Freestyle, test set results and training commitment. The requirements will be reviewed annually or after a period deemed suitable by the coaches.

You may find more information on our groupings & promotion procedures as displayed in the DSA Swim Team Website or on the Swim Centre's Notice Board.

🌐 DSA Swim Team Website: click on About DSA Swim Team

4.0 TRAINING SCHEDULE

4.1 Annual Training Calendar

The annual training calendar indicates training availability and training off days due to public holidays or events. The training calendar will be updated regularly on the swim team website & Swim Centre's notice board.

*Kindly refer to the attachment.

🌐 DSA Swim Team Website: click on Training Calendar



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4.2 Training Schedule

Training schedules can be obtained from DSA Swim Team website and Swim Centre's notice board.

Latest updates and changes of the training schedule will be notified through DSA email dsaswimteam@dswimacademy.com. Please save this email address in your contact list to avoid emails being pushed to junk/spam mailbox.

*Kindly refer to the attachment.

🌐 DSA Swim Team Website: click on Training Calendar

4.3 Training Program

DSA Squad Program combines a mixture of training involving water and land exercises.

It is the swimmer's responsibility to prepare the necessities for training such as running shoes, yoga mat and dry towel. Please consult the group coach if you are not sure which equipment to bring for water and land training.

5.0 TRAINING ATTIRE AND TRAINING EQUIPMENT

5.1 Training Attires: In DSA, we strongly suggest that swimmers wear swim attires which adheres to FINA (International Aquatics Governing Body) requirements. It is not advisable for swimmers to wear rash guards/wetsuits/dry-suits/two-piece suits for training so that swimmers would get used to FINA approved swim attires.

Swimmers with long hair are advised to wear a swim cap for hygiene, safety and training purposes.

5.2 Training Equipment:

Group A: Silicone training fins (short), Hand paddles, Pull-buoy/Kickboard, Training Snorkel (optional)

Group B: Silicone training fins (short), Hand paddles, Pull-buoy/Kickboard, Training Snorkel (optional)

Group C: Silicone training fins (short), Hand paddles, Pull-buoy/Kickboard, Training Snorkel (optional)

Group D: Silicone training fins (short), Pull-buoy/Kickboard, Training Snorkel (optional)

Training Fins are **COMPULSORY**. Non-training fins such as scuba diving fins, snorkelling fins and long rubber fins are not allowed.

5.3 Dry land Training Equipment:

Running Shoes and Yoga Mat

*Kindly refer to the next page for Squad training equipment guidelines.

DSA SQUAD TRAINING EQUIPMENT GUIDELINE

Typical training suit and a technical race suit



**Fina
APPROVED**

- LYCRA OR NYLON MATERIAL
- FINA-APPROVED SUITS MUST NOT EXTEND BELOW THE KNEE. MEN'S JAMMERS MUST NOT EXTEND ABOVE THE NAVEL, WHILE WOMEN'S KNEESUITS MUST NOT COVER THE NECK OR EXTEND PAST THE SHOULDERS.



RECOMMENDED

Swim Suit:
• Squad group A,B,C,D - Lycra Or Nylon Material

Training snorkel and leisure snorkel



RECOMMENDED

Training snorkel :

- Centered snorkel
- Stoke correction



NOT RECOMMENDED

Leisure snorkel :

- Not suitable for swim training
- Only for snorkeling

RECOMMENDED

Snorkel:
• Squad group A,B,C,D - Centered snorkel

DSA SQUAD TRAINING EQUIPMENT GUIDELINE

How to choose your hand paddle size ?



The size of the paddle determines resistance; i.e. the bigger it is, the harder it will be to move through the water. Swim paddles place a lot of strain on your shoulders when swim training. Start out with **SLIGHTLY LARGER THAN YOUR HANDS** and use them for short distances. This will help you avoid injuries while your swim training.



TOO SMALL

PADDLES SMALLER THAN YOUR HANDS are also not good. You will find yourself grabbing the edges for stability, which will create a lot of tension on your wrist and make it inflamed.



TOO BIG

The wrong size of paddles can cause serious injury and harm. IF THE PADDLES ARE TOO BIG, there will be too much resistance. You will exert a lot of effort for every pull and this will mean shoulder trouble later. You will also have to spread your fingers too much or unnaturally to apply pressure evenly and this will lead to strained ligaments and tendons.

RECOMMENDED

Swim Paddle:

- Squad group A,B,C - Slightly larger than your hands

Why Silicone Training Fins ?



DMC Elite Series



TYR Hydroblade



HYDRO Tech 2

RECOMMENDED

Silicone Training Fins:

- Soft in material to avoid abrasion
- Provide exceptional comfort, greatly reduce the incidence of cramps
- Strengthening leg muscles
- Elevates correct technique of kicking
- Gives the legs neuromuscular memory and kick correctly even without fins
- Able to synchronize with the rhythm of full strokes

Traditional Long Rubber Fins:

- Hard in material
- Getting cramps during training
- Unable to feel the feet after using
- Lack of undulation in dolphin kicks



NOT RECOMMENDED

RECOMMENDED

FINS:

- Mini squad - DMC Original
- Squad group A,B,C,D - DMC Elite II



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6.0 DEFERMENT OF PROGRAM

Temporary deferment of training may be applied by submitting the form to DSA Administrative Counter; email to dsaswimteam@dswimacademy.com or Whatsapp to us at **0389993393**.

All applications are required to apply 1 week in advance before the commencement of the deferment & **Advance payment** is required for returning month to avoid account being suspended, and collection of reactivation fee.

Deferment is only considered complete after payment is being processed.

A swimmer who defers for more than 3 months will be reassessed by the group coach to determine the swimmer's fitness and the coach holds the right to assign the swimmer to the Squad group that they deem fit.

Deferment period is minimum 1 month & maximum 3 months. Swimmers who stop training for more than the allowable deferment period will have their account, Junior Membership and Gold Tag terminated. Re-registration to D Swim Academy Sdn Bhd and DSA/DSAS/DSAJ/DSAP Swim Club is not guaranteed and will require approval from DSA Management. The DSA Registration Fee and New Club Membership Fee for the year are required upon DSA Management's approval for re-enrolment.

Application Submission

The application can be done via website, WhatsApp or counter.

Website

- Handbook/Application > Deferment Form > Fill in the Digital Form

WhatsApp

- Request for Digital Form's link from the customer service personnel

Counter

- Scan and apply via QR code (no physical form provided)



DEFERMENT FORM



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7.0 SWITCHING SWIM CENTRES

Swim Centre switches may be applied due to school schedules or personal activities, although it is not advisable as different coaches have different coaching methods. Consent from the current coach is **compulsory** in order to apply for a Swim Centre switch. Swimmers are not allowed to switch for more than 2 locations at each application.

The application is subject to DSA Management and respective coaches' approval. Once it is approved, the swimmer is required to follow the Swim Centre's training arrangements and there shall be no changes within 6 months unless due to group promotion or school matters with a valid reason and supporting documents.

Application Submission

The application can be done via website, WhatsApp or counter.

Website

- Handbook/Application > Deferment Form > Fill in the Digital Form

WhatsApp

- Request for Digital Form's link from the customer service personnel

Counter

- Scan and apply via QR code (no physical form provided)

Full Switch to Another Swim Centre:

- a. Swimmer who wishes to permanently change to another swim centre

Switch between 2 Swim Centres:

- a. Swimmer who wishes to train between 2 swim centres
- b. If a swimmer decides to remain in one swim centre after the end of the period applied, they are required to reapply for a "Full Switch to Another Swim Centre".

Terms & Condition:

- a. All applications are subject to DSA Management and the respective coaches' approval.
- b. Application status will be notified via email within 7 working days.
- c. All applications shall be completed through online only.
- d. All applications must be submitted at least 7 working days before the commencement date in the new swim centre.
- e. Swimmer is required to follow the new swim centre's grouping and training arrangement, and there shall be no changes of swim centre within 6 months unless due to group promotion or school matters with a valid reason and the provision of supporting documents.



SWIM CENTRE SWITCH FORM



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8.0 PRIVATE STROKE CORRECTION

Private Stroke Correction

For swimmers who wish to do private sessions with the coaches, approval from the Squad department is required before making any payments.

Application Submission

The application can be done via website, WhatsApp or counter.

Website

- Handbook/Application > Deferment Form > Fill in the Digital Form

WhatsApp

- Request for Digital Form's link from the customer service personnel

Counter

- Scan and apply via QR code (no physical form provided)

Terms & Condition

- Only applicable for active DSA / DSAS / DSAJ / DSAP Swimming Club members only.
- All applications shall be processed online, including payment.
- Application for Private Stroke Correction is required at least 3 days prior to the session's commencement.
- All applications are subject to management's approval.
- Applicants will be notified of their application status via email within 3 working days.
- Payment details will be provided upon approval.
- The application will only be considered completed after receiving the payment. Rescheduling of session must be requested on a minimum of 24 hours before the scheduled class or the fee paid will be forfeited, unless the request is accompanied by Medical Certificate. A written letter must be given to DSA when applying for a refund based on compassionate ground (e.g. misfortune to a family member).
- Cancellation within 24 hours from the scheduled class by the student/parent/guardians NOT ALLOWED. Fees paid will be a FORFEITED unless a Medical Certificate is provided.



PRIVATE STROKE CORRECTION FORM



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9.0 POINT OF COMMUNICATION

Squad programs, information, notices and announcements are channelled to parents and swimmers via the team's official website and email. **Please ensure that you have registered/updated your email address with us to keep yourself fully informed.**

The training schedules, calendars, meet info and team news can be found on our DSA Swim Team website. You may also view swim meet results, Swim Centre switch application form, Deferment form and Membership Application form through the website.

Squad Program Info, Enquiries, Competition, Feedback and other administrative issues can be also addressed to D Swim Academy at our official Care-Line or email.

Care-Line	1300 222 372
Email Address	<p>dsaswimteam@dswimacademy.com</p> <p><i>*save our email address as a favourite in your address book/contacts to avoid our emails being pushed into your spam/junk mailbox. Please check you spam/junk mailbox if you don't get a reply from us.</i></p>
Website	<p>www.dsaswimteam.com</p> <p>DSA Notice Board: https://www.dsaswimteam.com/notice-board/</p> <p>Swim Meets & Events: https://www.dsaswimteam.com/swim-meets-events/</p> <p>Squad Training Schedule & Yearly Calendar: https://www.dsaswimteam.com/training-calendar/</p> <p>Swim Centre switch application form https://form.jotform.com/240663811460452</p> <p>Deferment form https://form.jotform.com/240964262355459</p> <p>Private Stroke Correction form https://form.jotform.com/240461111687452</p>
Whatsapp	03-8999 3393



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9.1 POINT OF COMMUNICATION

You may also approach our customer service staff at the DSA Administrative counter if you need to speak to us. Please find our operating hours as below:

Swim Centre	Operating Hours
Pusat Akuatik Nasional, Bukit Jalil	Tuesday to Friday 9:00am – 8:30pm Saturday & Sunday 8:30am – 6:00pm
Kompleks Sukan Negara, Shah Alam	Saturday & Sunday 8:30am – 12:30pm / 2:30pm – 6:00pm
Kompleks Kecemerlangan, Kampung Pandan	Saturday & Sunday 8:30am – 6:00pm
The Club, Bukit Utama	Tuesday, Thursday and Friday 4:30pm – 7:00pm Saturday & Sunday 8:30am – 12:30pm / 2:30pm – 6:00pm
Bukit Kiara Equestrian & Country Resort	Saturday & Sunday 8:30am – 12:00pm / 2:30pm – 6:00pm
ARENA Sukan, Kuala Lumpur	Saturday & Sunday 2:30am – 6:00pm
AEON Mall, Bandar Dato' Onn	Wednesday & Thursday 4:30pm – 9:30pm Saturday & Sunday 8:30am – 6:00pm

*Operating hours are subject to change.



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DSA CLUBS GENERAL INFORMATION

1. MANAGEMENT OF SWIMMING CLUBS

D Swim Academy Sdn Bhd (DSA), is the appointed management to run the **DSA Swimming Club (DSA)**, **DSAS Swim Club (DSAS)**, **DSAJ Swim Club (DSAJ)** & **DSAP Swim Club (DSAP)**.

2. STATE AFFILIATION & MANAGEMENT OF CLUBS

DSA Swimming Club – Affiliation with Persatuan Renang Amatir Kuala Lumpur (PRAKL)

DSAS Swim Club – Affiliation with Persatuan Renang Amatir Selangor (PRAS)

DSAJ Swim Club – Affiliation with Persatuan Renang Amatir Johor (PRAJ)

DSAP Swim Club - Affiliation with Penang Amateur Swimming Association (PASA)

As DSA is managing all the clubs, they are now affiliated with one another through DSA and are structured to be fully managed independently by DSA.

3.0 REGISTRATION AS JUNIOR MEMBER OF DSA CLUBS

DSA swimmers who wish to participate in swimming competition/meets will need to register as a Junior Member of DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club or DSAP Swim Club. At DSA, we do not accept members of other swimming clubs besides DSA Swim clubs training in our Squad Program. It is **COMPULSORY** for all swimmers from another club or academy (as long as they are a non-DSA Mini Squad Graduate) to register and join as a Junior Member in order to train at DSA.

It is **optional** for graduates from DSA Mini Squad to join as Junior Members, however, swimmers **MUST** join DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club or DSAP Swim Club in order to participate in swimming competitions, or if they wish to sign up to the Unlimited Sessions Package.

A swimmer can only choose **ONE** swim club (DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club or DSAP Swim Club) in each calendar year. The Junior Member/Swimmer is not allowed to transfer/switch their membership between DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club or DSAP Swim Club within the same calendar year.

3.1 MAS SWIMMER NATIONAL REGISTRATION

All DSA/DSAS/DSAP/DSAJ Swim Club members are required to register in MAS Swimmer National Registration in order to participate in all MAS (Malaysia Swimming) sanctioned events.



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4. JUNIOR MEMBERSHIP TERMS AND CONDITIONS:

- a. Upon registration of Junior Membership, swimmers must clearly indicate the swim club they are signing up for the year. Only **ONE** swim club membership per Junior Member/swimmer is allowed. A swimmer is **NOT ALLOWED** to join more than one swim club in a calendar year.
- b. The Junior Member/Swimmer (Not applicable to Duality Membership) must be aware of their own respective contract/ agreement/memorandum that they have signed with their respective State/School/Club or any other organisation, to ensure their own eligibility in participating in any swim meets or swim training.
- c. The Junior Member/Swimmer must declare in writing to D Swim Academy Sdn Bhd, DSA Clubs, any contract/agreement/memorandum that they have signed with their respective State/School/Club or any other organisation prior to signing up with D Swim Academy Sdn Bhd, DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club and/or DSAP Swim Club.
- d. D Swim Academy Sdn Bhd, DSA Clubs are not responsible for keeping track of the Junior Member/Swimmer's personal contract/agreement/memorandum that they have signed with their respective State/School/Club or any other organisation.
- e. The Junior Member/Swimmer must not be attached to, nor be representing any other club/state, or have already resigned from the former club/state upon signing up and during the whole training period with D Swim Academy Sdn Bhd.
- f. In the same year the Junior Member/Swimmer (Not applicable to Duality Membership) must represent only DSA Clubs and no other club for all eligible swim meets listed below:
 - a. MILO/PRAKL or Selangor Age Group Swimming Championship
 - b. SPORTEXCEL/MILO/NSC/MAS Junior Swimming Circuit 1st, 2nd & Final Leg
 - c. Junior Splash Swim Series
 - d. National Inter-Club Swimming Championship (President Cup)
 - e. Selangor Short Course, Selangor Long Distance & Selangor Novice Swim Meet
 - f. Any other swim meets in which DSA, DSAS, DSAJ or DSAP Swimming Club participates
- g. In the same year, the Junior Member/Swimmer agrees to participate in either PRAKL Age Group OR Selangor Age Group only and acknowledges that the Junior Member/Swimmer is not eligible to participate in both PRAKL and SAG swim meets within the same year. (Not applicable to Duality Membership)



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- h. The Junior Member/Swimmer may represent his/her school to participate in inter-school swim meets, and in the swim meets that DSA Clubs is not participating. The Junior Member/Swimmer must write to DSA Clubs prior to the event entry to check and confirm that no conflict is involved in their participation.
- i. The Junior Member/Swimmer is not allowed to switch between DSA Clubs swimming club within the same calendar year. The Junior Member/Swimmer may sign up to the sister club in the next year but applications must be submitted as a new member with the new membership fee applicable in that year.
- j. Any Junior Member/Swimmer found violating the terms & conditions will have his/her DSA Clubs membership terminated and be suspended from all programs under D Swim Academy Sdn Bhd with immediate effect. Under such circumstances, the swimmer's re-registration to D Swim Academy Sdn Bhd and DSA Clubs in the future is not guaranteed and will require approval from the DSA Management.
- k. All Club Membership fees cannot be pro-rated. Membership fees stated are applicable for the current calendar year.
- l. The Junior Member/Swimmer must give one month's notice in writing if the Junior Member/swimmer wishes to resign from DSA Clubs. The swimmer's re-registration to D Swim Academy Sdn Bhd and DSA/DSAS/DSAJ/DSAP Swim Club in the future is not guaranteed and will require approval from the DSA Management.
- m. A Junior Member/Swimmer with more than 6 months inactivity/deferment will have their account suspended and club membership terminated. Gold Tags issued under the same membership application will be terminated as well. To reactivate the account, the swimmer has to re-register for DSA. A one-off Re-registration Fee applies along with the New Membership Fee for that year.

5. DUALITY MEMBERSHIP TERMS & CONDITION

Swimmers who train in DSA but wish to represent their School Clubs (affiliated to any state) in swim meets that DSA participates in

- a. Compulsory to enrol for Unlimited Sessions Training Package throughout the calendar year.
- b. Entitled to enrol for Private Stroke Correction & DSA SportsCare Programs.
- c. Entitled to attend selected events (eg: talks, swim clinics, swim camps).
- d. If Duality Member decides to represent DSA Clubs in swim meet which DSA participates, the member is entitled to the following benefits for that particular meet:
 - i) Complimentary refreshments
 - ii) Incentive scheme for WPKL, Selangor, Johor or Penang Age Group and/or President Cup



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6. ELIGIBILITY OF SWIM MEETS UNDER DSA SWIMMING CLUB

**Affiliation to PRAKL

DSA Swimming Club swimmers are eligible to participate in the following Swim Meets:

- a. PRAKL Swim Meets
 - a) PRAKL Age Group Swimming Championship
 - b) PRAKL Talent Carnival
- b. Common INTER-CLUB Swim Meets
 - a) MILO SPORT EXCEL (1st, 2nd Leg & Grand Final)
 - b) Junior Splash (1st & 2nd Leg)
 - c) MAS Mid & Long-Distance Swimming Championship
 - d) President Cup
 - e) Swim meets organised by MAS or any other organiser

7. ELIGIBILITY OF SWIM MEETS UNDER DSAS SWIM CLUB

**Affiliation to PRAS

DSAS Swim Club Swimmers are eligible to participate in the following Swim Meets:

- a. PRAS Swim Meet
 - a) Selangor Age Group Swimming Championship
 - b) Selangor Arena Short Course Sprint Invitational Swimming Championship
 - c) Selangor Long Distance Swimming Championship
 - d) Selangor Novice Swim Meet

8. ELIGIBILITY OF SWIM MEETS UNDER DSAJ SWIM CLUB

**Affiliation to PRAJ

DSAS Swim Club Swimmers are eligible to participate in the following Swim Meets:

- a) Johor Age Group Swimming Championship

9. ELIGIBILITY OF SWIM MEETS UNDER DSAP SWIM CLUB

**Affiliation to PASA

DSAP Swim Club Swimmers are eligible to participate in the following Swim Meets:

- a) Penang Age Group Swimming Championship
- b) Penang Invitational Swimming Competition (Leg 1 & Leg 2)
- c) Penang Novice Meet



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E: info@dswimacademy.com | W: www.dswimacademy.com

10. COMMON INTER-CLUB SWIM MEETS

DSA Swimming Club Junior Members may participate under sister club DSAS Swim Club, DSAJ Swim Club, DSAP Swim Club and vice versa in the below swim meets as all swimmers are trained by D Swim Academy Sdn Bhd. This ensures unity among all the DSA Swimmers and Parents irrespective of which Swim Centre or club members they train with.

- a) MILO SPORT EXCEL (1st, 2nd Leg & Grand Final)
- b) Junior Splash (1st & 2nd Leg)
- c) MAS Mid & Long-Distance Swimming Championship
- d) President Cup
- e) Swim meets organised by MAS or any other organiser

11. PARTICIPATING IN SWIM MEETS

Swim Meet Entry online submission through DSA First Portal. To gain access to Swim Meet Registration, you will need to register for an account in DSA First Portal if you have not registered before.

Ensure to consult the coaches and obtain coach's consent before filling up the official best time in DSA First Portal. Incomplete entries will not be granted submission. Late submission will not be entertained.

Should there be any questions, kindly drop us an email at dsaswimteam@dswimacademy.com.

🌐 DSA Swim Team Website: click on Swim Meets & Events

12. DUALITY/DSA CLUBS JUNIOR MEMBERSHIP BENEFITS

- a. All new Duality/Junior Members will be given 1x DSA Swim Club T-Shirt and 1x DSA Swim Team Cap upon registration (not applicable to Membership Renewal).
- b. All Duality/Junior Members are entitled to enrol in the Unlimited Sessions Package, Private Stroke Correction and DSA SportsCare Program.
- c. Complementary entry to DSA Swim Centre Public Pools according to Public Session Schedules at National Aquatic Centre @ Bukit Jalil, Kompleks Sukan Negara Panasonic @ Shah Alam and Kompleks Sukan Paralimpik @ Kampung Pandan.

Terms and Conditions of Duality/Junior Member Complementary Public Pool Usage:

- i) **Duality/Junior Members MUST obtain a wristband at DSA ticketing counter before entering the pool.**
- ii) **Duality/Junior Members MUST abide by and follow the Public Session Schedules set by DSA management at all times.** Public Session Schedules are available at the DSA ticketing counter or www.dswimacademy.com.
- iii) **Duality/Junior Members MUST abide by and follow all rules as per the Rules and Regulations stated for the public.**



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MEMBER



D Swim Academy Sdn Bhd

Reg. No : 750654-V | SST No. W10-1902-32000129

Level 3, National Aquatic Centre Bukit Jalil,

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d. Free 1x e-Gold Tag for 1 Parent of each Duality/Junior Member

A e-Gold Tag member enjoys Complementary Entry to DSA Swim Centre Public Pools according to Public Session Schedules at the National Aquatic Centre @ Bukit Jalil, Kompleks Sukan Negara Panasonic @ Shah Alam, Kompleks Sukan Paralimpik @ Kampung Pandan, AEON Mall @ Bandar Dato' Onn and ARENA Sukan Kuala Lumpur @ Setapak

Terms and Conditions of e-Gold Tag Complementary Public Pool Usage:

- i) The e-Gold Tag member must be a direct parent of the DSA Swimming Club/DSAS Swim Club/DSAJ Swim Club/DSAP Swim Club member
- ii) One e-Gold Tag is for one-person admission only whose name is registered together with DSA/DSAS/DSAJ/DSAP Swim Club Membership.
- iii) The benefits and privileges are not transferable to another user.
- iv) **e-Gold Tag members MUST obtain a wristband at DSA ticketing counter before entering the pool.**
- v) **e-Gold Tag members MUST abide by and follow the Public Session Schedules set by DSA management at all times.** Public Session Schedules are available at the DSA ticketing counter or www.dswimacademy.com.
- vi) **e-Gold Tag members MUST abide by and follow all rules as per the Rules and Regulations stated for the public.**
- vii) DSA management reserves the right to withdraw e-Gold Tag from any person that causes disturbances, behaves in an unacceptable manner or violates any rules and regulations.
- viii) The e-Gold tag is deemed invalid following a swimmer's withdrawal/termination or the expiration of DSA Swimming Club Membership.

e. Special Privileges at DSA Events

From time to time, all Duality/Junior Members of DSA Clubs will be entitled to special rates and/or exclusive DSA events, such as swim camps, overseas swim meets and swim clinics/talks, at the discretion of DSA Management.

f. Incentive Scheme for Swimmers

As a gesture of encouragement to the swimmers, the swimmers of DSA Clubs will be entitled to the incentive scheme below based on their performance at the following swim meets:

- a) MILO/PRAKL Age Group Swimming Championship, Selangor Age Group Swimming Championship, Johor Age Group Swimming Championship or Penang Age Group Swimming Championship.
- b) President Cup



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Incentive Scheme for Swimmers

DSA Incentive Scheme Criteria		
Individual Event	Gold Medal	RM 80.00 DSA Cash Voucher per event
	Silver Medal	RM 50.00 DSA Cash Voucher per event
	Bronze Medal	RM 40.00 DSA Cash Voucher per event
	State Record*	additional RM 130.00 DSA Cash Voucher per event
	National Record*	additional RM 300.00 DSA Cash Voucher per event
Relay Event	Gold Medal	RM 180.00 DSA Cash Voucher per team
	Silver Medal	RM 160.00 DSA Cash Voucher per team
	Bronze Medal	RM 140.00 DSA Cash Voucher per team
	State Record*	additional RM 300.00 DSA Cash Voucher per team
	National Record*	additional RM 500.00 DSA Cash Voucher per team

*State Record broken in PRAKL/SAG/JAG/PAG which is recognized by State Swimming Federation (PRAKL/PRAS/PRAJ/PASA).

*National record (Non-Age Group) broken in PRAKL/SAG/JAG/PAG/President Cup which is recognized by State Swimming Federation or MAS.

Terms & Conditions of the DSA Incentive Scheme: -

- The incentive scheme is available to, and exclusive for DSA Swimming Club, DSAS Swim Club, DSAJ Swim Club & DSAP Swim Club Junior Members only, and not applicable to Duality members.
- The incentive scheme is applicable for PRAKL Age Group Swimming Championship, Selangor Age Group Swimming Championship, Johor Age Group Swimming Championship, Penang Age Group Championship & President Cup only.**
- DSA Cash voucher is not transferrable to other users.
- DSA Cash voucher is non-refundable and cannot be exchanged for cash. Terms and conditions regarding voucher validity are stated on, or provided with each voucher.
- DSA Cash voucher cannot be used to purchase any item at DSA retail outlets.
- Vouchers are to be used to pay for DSA training fees. If the voucher is worth more than the payment due, the difference will not be refunded and cannot be applied to future payments; therefore, any unutilised amount of the voucher will be forfeited.
- Terms and conditions are current as of printing and subject to change without prior notice.

