DSA SWIM TEAM



DSA TEAM INFO PACK

67th MILO/MAS Malaysia Open Swimming Championships 2025

Following is the information relevant to the meet, please read carefully and adhere accordingly:

: 24/04/2025 to 27/04/2025 (Thursday to Sunday) Meet Date

Meet Venue : National Aquatic Centre, Bukit Jalil

Meet Time : Heats starts at 9:00am, Final starts at 5:00pm

*Lunch Break is after the end of Heats session

Warm Up Time : Heats – 7:30am sharp, Finals – 3:30pm sharp

Team Manager : Coach Jeffrey Ho & Coach Tuck Kar

: DSA Coaches Coaches

: Information will be posted through Telegram app Communication

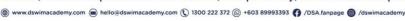


Withdrawing Event

: i) Last withdrawal date is 17/04/2025 (Thursday), 12:00pm https://form.jotform.com/250853649546468 along with supporting document, ie: MC / School Letter.

ii) A penalty of RM150 per event shall be imposed for each event withdrawn or "No Show" on the day of the competition. Penalty is to be borne by the respective swimmer.

iii) Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event to continue to participate in the next event.

















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v) All penalty is to be borne by the respective swimmer. Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

Parking Area : All participating swimmers please proceed to Parking D, E or A.

> Parking area beside Aquatic Centre is reserved for DSA parents with young children and toddlers who come for Learn to Swim lesson (short

hour parking).

Equipment : Swim attire, goggles, and DSA Swim Cap.

Do prepare extra sets of all swim attire and racing gear.

Dress Code : DSA Swim Team Shirts (see picture below)

Thursday – White/Ombre

Friday - Navy/Gold

Saturday – Navy/Burgundy

Sunday - Pink/White



**Swimmers without the team shirts may wear any DSA shirts or similar color shirt.

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed.

SQD-1855-250416/250427



















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: Fruits, buns & beverages are provided for participating DSA swimmers Food and Drinks

only.

Swimmers to collect food and beverages at DSA team seating area. No collection on behalf by other swimmers or parents is allowed.

Lunch to be arranged on your own.

Group Photo : Thursday 24/04/2025, 7:15am (before warm up)

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.

Reserving seats is strictly not allowed.





















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Meet Rules and Regulations

- 1) Team Managers are the official representative of the team to communicate with the Organizer. All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.
- Parents are STRICTLY NOT ALLOWED to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area at all times, including warm up sessions.
- 3) Start list can be viewed from Meet Mobile App (paid app) on mobile phone the day before the swim meet.
- 4) Minimum Time Standards are applicable to all swimmers in this swim meet.
 - An administrative fee of RM150 per event will be imposed on swimmers who returns a time slower than the Minimum Time Standards for that particular event.
- 5) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and any penalty for missing events will be borne by swimmers. (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 6) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 7) Swimmers are required to inform Team Managers/Coaches before leaving the pool venue.
- 8) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
- 9) The diving platforms and springboards are out of bounds at all times.
- 10) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!

















