

NOTICE

DSA SWIM TEAM



DSA TEAM INFO PACK (UPDATED)

SPORTEXCEL/MILO/NSC/MAS SWIMMING CIRCUIT LEG 1, 2025
(NORTHERN REGION)

Following is the information relevant to the meet, please read carefully and adhere accordingly:

Meet Date : 16/05/2025 to 18/05/2025 (Friday to Sunday)

Meet Venue : Pusat Akuatik Tuanku Zara, Ipoh, Perak

Meet Time : Event starts **at 8:00am**

*Lunch Break TBC

Warm Up Time : 6:45am sharp

Team Manager : Coach Heng

Coaches : DSA Coaches

Withdrawing event : i) No withdrawal at this point unless a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

ii) **A penalty of RM100 per event** shall be imposed for each event withdrawn or "No Show" on the day of the competition. **Penalty is to be borne by the respective swimmer.**

iv) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

v) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

SQD-1875-250509/250515

D Swim Academy Sdn Bhd 750654-V SST No W10-1902-32000129

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Equipment : Swim attire, goggles, and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **DSA Swim Team Shirts** (see picture below)
Friday – White/Ombre
Saturday – Navy/Burgundy
Sunday – Pink/White



Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed

Food and Drinks : Fruits, buns & beverages are provided for **participating DSA swimmers only**.
Swimmers to collect food and beverages at DSA team seating area.
No collection on behalf by other swimmers or parents is allowed.
Lunch to be arranged on your own.

Group Photo : **Friday 16/05/2025, 6:30am (before warm up)**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.
Reserving seats is strictly not allowed.

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Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area **at all times, including warm up sessions.**
- 3) Start list can be viewed from Meet Mobile App (paid app) on mobile phone the day before the swim meet.
- 4) Minimum Time Standards apply to all swimmers in this meet.
An administrative fee of RM100.00 per event will be imposed on any swimmer who returns a time more than 3% slower than the Minimum Time Standard for that particular event.
- 5) **NO penalties** will be imposed on any swimmer **who RETURNS slower than the Minimum Time Standard for Compulsory Events only.**
- 6) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 7) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 8) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
- 9) The diving platforms and springboards are out of bounds at all times.
- 10) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!