

## 16.0 MINIMUM TIME STANDARDS

| WOMEN    |            | MEN      |
|----------|------------|----------|
| OPEN     |            | OPEN     |
| 34.94    | 50 FREE    | 30.20    |
| 1:24.95  | 100 FREE   | 105.01   |
| 2:45.18  | 200 FREE   | 2:27.39  |
| 6:37.30  | 400 FREE   | 6:24.10  |
| 13:35.36 | 800 FREE   | 11:38.45 |
| 48.73    | 50 BACK    | 34.39    |
| 1:51.00  | 100 BACK   | 1:36.73  |
| 3:54.11  | 200 BACK   | 3:29.40  |
| 52.92    | 50 BREAST  | 42.50    |
| 2:04.00  | 100 BREAST | 1:46.63  |
| 3:54.11  | 200 BREAST | 3:39.52  |
| 44.12    | 50 FLY     | 32.69    |
| 1:50.00  | 100 FLY    | 1:32.70  |
| 3:25.28  | 200 FLY    | 3:12.49  |
| 3:17.06  | 200 IM     | 2:48.90  |
| 7:28.20  | 400 IM     | 7:05.36  |

### NOTES

1. Entries are to be submitted with times achieved in a 50m pool.