

15.0 ORDER OF EVENTS

| DAY 1 SESSION 1 | | 9 OCTOBER 2025 (THURSDAY) – STARTS AT 8.30AM | | | |
|--------------------|-------------------|--|-------|--|--|
| 101 | 200m Breaststroke | WOMEN | Heats | IF TOTAL PARTICIPANTS ARE >= 600 SWIMMERS All Flight A races (Fastest 6 Heats per Event) to swim first; Fastest to Slowest All Flight B races (Remaining heats) to swim after Flight A; Fastest to Slowest | |
| 102 | 200m Breaststroke | MEN | Heats | | |
| 103 | 50m Butterfly | WOMEN | Heats | | |
| 104 | 50m Butterfly | MEN | Heats | | |
| 105 | 200m Ind. Medley | WOMEN | Heats | | |
| 106 | 200m Ind. Medley | MEN | Heats | | |
| 107 | 50m Backstroke | WOMEN | Heats | | |
| 108 | 50m Backstroke | MEN | Heats | | IF TOTAL PARTICIPANTS ARE <600 SWIMMERS NO FLIGHTING; Slowest to Fastest |

| DAY 1 SESSION 2 | | 9 OCTOBER 2025 (THURSDAY) – STARTS AT 5.00PM | | | |
|--------------------|-------------------|--|--------|------------------|--|
| EVENT 101 | 200m Breaststroke | WOMEN | Finals | C / B / A Finals | |
| 102 | 200m Breaststroke | MEN | Finals | C / B / A Finals | |
| 103 | 50m Butterfly | WOMEN | Finals | C / B / A Finals | |
| 104 | 50m Butterfly | MEN | Finals | C / B / A Finals | |
| 105 | 200m Ind. Medley | WOMEN | Finals | C / B / A Finals | |
| 106 | 200m Ind. Medley | MEN | Finals | C / B / A Finals | |
| 107 | 50m Backstroke | WOMEN | Finals | C / B / A Finals | |
| 108 | 50m Backstroke | MEN | Finals | C / B / A Finals | |

| DAY 2 SESSION 3 | | 10 OCTOBER 2025 (FRIDAY) - STARTS AT 8.30AM | | | |
|--------------------|-------------------|---|--------------|---|--|
| EVENT 203 | 100m Breaststroke | WOMEN | Heats | IF TOTAL PARTICIPANTS ARE >= 600 SWIMMERS All Flight A races (Fastest 6 Heats per Event) to swim first; Fastest to Slowest All Flight B races (Remaining heats) to swim after Flight A; Fastest to Slowest IF TOTAL PARTICIPANTS ARE <600 SWIMMERS NO FLIGHTING; Slowest to Fastest Slower Heats to be swum after Flight A & B; Slowest to Fastest | |
| 204 | 100m Breaststroke | MEN | Heats | | |
| 205 | 200m Butterfly | WOMEN | Heats | | |
| 206 | 200m Butterfly | MEN | Heats | | |
| 207 | 50m Freestyle | WOMEN | Heats | | |
| 208 | 50m Freestyle | MEN | Heats | | |
| 209 | 100m Backstroke | WOMEN | Heats | | |
| 210 | 100m Backstroke | MEN | Heats | | |
| 201 | 800m Freestyle | WOMEN | Timed Finals | | |
| 202 | 800m Freestyle | MEN | Timed Finals | | |

| DAY 2 SESSION 4 | | 10 OCTOBER 2025 (FRIDAY) - STARTS AT 5.00PM | | | |
|--------------------|-------------------|---|--------------|------------------|--|
| EVENT 201 | 800m Freestyle | WOMEN | Timed Finals | Fastest Heat | |
| 202 | 800m Freestyle | MEN | Timed Finals | Fastest Heat | |
| 203 | 100m Breaststroke | WOMEN | Finals | C / B / A Finals | |
| 204 | 100m Breaststroke | MEN | Finals | C / B / A Finals | |
| 205 | 200m Butterfly | WOMEN | Finals | C / B / A Finals | |
| 206 | 200m Butterfly | MEN | Finals | C / B / A Finals | |
| 207 | 50m Freestyle | WOMEN | Finals | C / B / A Finals | |
| 208 | 50m Freestyle | MEN | Finals | C / B / A Finals | |
| 209 | 100m Backstroke | WOMEN | Finals | C / B / A Finals | |
| 210 | 100m Backstroke | MEN | Finals | C / B / A Finals | |

| DAY 3 SESSION 5 | | 11 OCTOBER 2025 (SATURDAY) - STARTS AT 8.30AM | | | |
|--------------------|------------------|---|-------|---|--|
| EVENT 301 | 400m Ind. Medley | WOMEN | Heats | IF TOTAL PARTICIPANTS ARE >= 600 SWIMMERS All Flight A races (Fastest 6 Heats per Event) to swim first; Fastest to Slowest All Flight B races (Remaining heats) to swim after Flight A; Fastest to Slowest IF TOTAL PARTICIPANTS ARE <600 SWIMMERS NO FLIGHTING; Slowest to Fastest | |
| 302 | 400m Ind. Medley | MEN | Heats | | |
| 303 | 50m Breaststroke | WOMEN | Heats | | |
| 304 | 50m Breaststroke | MEN | Heats | | |
| 305 | 100m Butterfly | WOMEN | Heats | | |
| 306 | 100m Butterfly | MEN | Heats | | |
| 307 | 200m Freestyle | WOMEN | Heats | | |
| 308 | 200m Freestyle | MEN | Heats | | |

| DAY 3 SESSION 6 | | 11 OCTOBER 2025 (SATURDAY) - STARTS AT 5.00PM | | | |
|--------------------|------------------|---|--------|------------------|--|
| EVENT 301 | 400m Ind. Medley | WOMEN | Finals | C / B / A Finals | |
| 302 | 400m Ind. Medley | MEN | Finals | C / B / A Finals | |
| 303 | 50m Breaststroke | WOMEN | Finals | C / B / A Finals | |
| 304 | 50m Breaststroke | MEN | Finals | C / B / A Finals | |
| 305 | 100m Butterfly | WOMEN | Finals | C / B / A Finals | |
| 306 | 100m Butterfly | MEN | Finals | C / B / A Finals | |
| 307 | 200m Freestyle | WOMEN | Finals | C / B / A Finals | |
| 308 | 200m Freestyle | MEN | Finals | C / B / A Finals | |

| DAY 4 SESSION 7 | | 12 OCTOBER 2025 (SUNDAY) – STARTS AT 8.30AM | | | |
|--------------------|-----------------|---|-------|--|--|
| EVENT 401 | 400m Freestyle | WOMEN | Heats | IF TOTAL PARTICIPANTS ARE >= 600 SWIMMERS All Flight A races (Fastest 6 Heats per Event) to swim first; Fastest to Slowest | |
| 402 | 400m Freestyle | MEN | Heats | | |
| 403 | 200m Backstroke | WOMEN | Heats | | |
| 404 | 200m Backstroke | MEN | Heats | | |
| 405 | 100m Freestyle | WOMEN | Heats | | |
| 406 | 100m Freestyle | MEN | Heats | IF TOTAL PARTICIPANTS ARE <600 SWIMMERS NO FLIGHTING Slowest to Fastest | |

| DAY 4 SESSION 8 | | 12 OCTOBER 2025 (SUNDAY) – STARTS AT 5.00PM | | | |
|--------------------|-----------------|---|--------|------------------|--|
| EVENT 401 | 400m Freestyle | WOMEN | Finals | C / B / A Finals | |
| 402 | 400m Freestyle | MEN | Finals | C / B / A Finals | |
| 403 | 200m Backstroke | WOMEN | Finals | C / B / A Finals | |
| 404 | 200m Backstroke | MEN | Finals | C / B / A Finals | |
| 405 | 100m Freestyle | WOMEN | Finals | C / B / A Finals | |
| 406 | 100m Freestyle | MEN | Finals | C / B / A Finals | |

The morning heats shall be flighted only if total participant numbers are 600 swimmers or more.

**If total participants are 600 swimmers or more:
Heats-Flighted (10 Lanes)**

- The morning Heats will be flighted. Competitors shall be placed in graduated time order from **Fastest to Slowest**.
- Flight A** – Fastest 6 Heats per event will swim first.
For the 50m, 100, 200m events, the fastest three (3) heats shall be cyclically seeded.
For the 400m events, the fastest two (2) heats shall be cyclically seeded.
- Flight B** – The remaining heats of the respective events will swim after Flight A.

**If total participants are less than 600 swimmers:
Heats-Non Flighted (10 Lanes)**

- Competitors shall be placed in graduated time order from **Slowest to Fastest**.
- For the 50m, 100, 200m events, the fastest three (3) heats shall be cyclically seeded.
For the 400m events, the fastest two (2) heats shall be cyclically seeded.

Finals (10 Lanes) – 50m, 100m, 200m, 400m events

- Finalists shall be allocated lanes based on the spearheaded principle from the results of the Heats.
- A Finals** – The fastest 10 qualifiers (1st-10th place) from the Heats of the individual event will advance to the A Finals with a **limit of the fastest two (2) Foreign Swimmers in the A Finals**.
- B Finals** – The next fastest 10 qualifiers (11th-20th place) from the Heats of the individual event will advance to the B Finals provided more than 23 swimmers compete in the associated heats. There is no limit on the number of Foreign Swimmers in the B Finals.
- C Finals** – The next fastest 10 qualifiers (21st-30th place) from the Heats of the individual event will advance to the C Finals provided more than 33 swimmers compete in the associated heats. There is no limit on the number of Foreign Swimmers in the C Finals.
- The C Final shall be swum first followed by the corresponding B Final then followed by the corresponding A Final.

800m Freestyle

- The 800m Freestyle shall be swum as Timed Finals, with the slower heats swum in the morning Heats session and the fastest heat swum in the evening Finals session.
- A maximum **limit of three (3) Foreign Swimmers** with the fastest seed time shall be permitted to swim in the evening Finals session.