

NOTICE

DSA SWIM TEAM



DSA TEAM INFO PACK

MILO/MAS MALAYSIA LONG COURSE SWIMMING CHAMPIONSHIPS 2025

Following is the information relevant to the meet, please read carefully and adhere accordingly:

- Meet Date : 09/10/2025 – 12/10/2025 (Thursday to Sunday)
Meet Venue : National Aquatic Centre, Bukit Jalil
Meet Time : Heats starts **at 8:30am**, Finals starts **at 5:00pm**
*Lunch break is after the end of Heats session
Warm Up Time : Heats – 7:00am sharp, Finals – 3:30pm sharp
Team Manager : Coach
Coaches : DSA Coaches
Communication : Information will be posted through Telegram group



Withdrawing Event : i) Last Event Withdrawal Date is 03/10/2025 (Friday), 12:00PM via <https://form.jotform.com/252661417868467> along with supporting document, ie MC/school letter.

ii) **A penalty of RM150.00 per event shall be imposed for each event withdrawn on the day of the meet or DNS and is to be borne by the respective swimmer.**

iii) **Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.**

SQD-1987-250930/251012

D Swim Academy Sdn Bhd 750654-V SST No W10-1902-32000129

Level 3, National Aquatic Centre Bukit Jalil, KL Sports City, 57000 Kuala Lumpur

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Equipment : Swim attire, goggles, and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

Dress Code : **DSA Swim Team Shirts** (see picture below)
Thursday – White/Ombre
Friday – Pink/White
Saturday – Navy/Burgundy
Sunday – Navy/Gold



***Swimmers without the team shirts may wear any DSA shirts or similar color shirt.*

Swim Attire : FINA approved swim wear, swim wear without FINA logo is allowed.

Food and Drinks : Fruits, buns & beverages are provided for **participating DSA swimmers only**.

Swimmers to collect food and beverages at DSA team seating area.

No collection on behalf by other swimmers or parents is allowed.

Lunch to be arranged on your own.

Group Photo : **11/10/2025 (Saturday), 6:45am (before warm up).**

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.
Reserving seats is strictly not allowed.

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Meet Rules and Regulations

- 1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to and handled by the Team Managers/Coaches ONLY.**
- 2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area **at all times, including warm up sessions.**
- 3) **Start list can be viewed from Meet Mobile App (paid app) on mobile the day before the swim meet.**
- 4) **Minimum Time Standards applies in this meet.**
An administrative fee of RM150.00 per event will be imposed on any swimmer who returns a time more than 3% slower than the Minimum Time Standards for that particular event.
- 5) **The SCRATCH / WITHDRAWAL DEADLINE for each evening's Finals Session shall be THIRTY (30) minutes after the time established for the completion of the associated morning's Heats Session.**
- 6) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events. (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
- 7) Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.
- 8) Swimmers are required to inform Team Managers/Coaches before leaving the pool venue.
- 9) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
- 10) The diving platforms and springboards are out of bounds at all times.
- 11) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!

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