



JOHOR AGE GROUP SWIMMING CHAMPIONSHIPS 2026

CHAMPIONSHIPS RULES

1. **Competition Dates**

3rd January 2026 (Saturday) - 4th January 2026 (Sunday)

2. **Competition Venue**

Pusat Akuatik MBBJ Arena Larkin, Johor Bahru

3. **Competition Information**

3.1 Age groups are computed as follows for male and female swimmers, respectively:

Age Group	Age (Years)	Year of Birth
Open	19 - 30 years	1996 to 2007
Group 1	16 - 18 years	2008, 2009, 2010
Group 2	14 - 15 years	2011, 2012
Group 3	12 - 13 years	2013, 2014
Group 4	11 and below	2015 or after

3.2 Date of reckoning is 31st December. Age is calculated as of 31st December in the year of competition. A swimmer can only compete in his/her own age group.

4. **General Information**

All swimmers must represent their respective clubs or schools affiliated to Persatuan Renang Amatir Johor (PRAJ) or be invited by PRAJ in cases where there is no affiliation. The Invited Clubs will be categorised under 'Exhibition' and will not be eligible for any awards.

This is one of the qualifying meets for the Malaysia Invitational Age Group (MIAG) and Malaysia Open (MO) 2026.

Only bona fide swimmers who are duly REGISTERED under the registration exercise through their clubs, schools, or as individuals will be allowed to participate in this

championship. Please ensure your swimmers are registered, or they will be disqualified during the meet and/or selection to the State Team. To avoid disputes, merging swimmers from various clubs to compete only with a release or approval letter from their former club.

Swimmers who qualify for MIAG must be accompanied by their respective club coach, with all expenses for the coach to be borne by the clubs. As the team will be representing Johor State, both swimmers and coaches must stay together at the hotel assigned by PRAJ. Coaches must remain with the team at the designated location without exception. PRAJ will disallow any swimmer from participating without an accompanying coach. In the event that a coach is unable to accompany their swimmer due to last-minute changes, a replacement coach from the same club must be arranged. All accompanying coaches must hold a valid accreditation card issued by Malaysia Aquatics. Under no circumstances will coaches from other clubs be permitted to oversee swimmers who do not belong to their club, in order to prevent conflicts or disputes.

All appointed coaches from each club **shall be the sole point of communication with parents** for any appeals or issues during MIAG. **Parents are strictly prohibited from contacting the Team Manager directly without explicit approval from PRAJ.**

The **PRAJ-appointed Team Manager reserves full and final authority** in determining swimmer selection for all relay events during the competition. **This decision is not open to challenge.**

The organizing committee reserves the absolute right to amend any terms and conditions without prior notice. All decisions made by the competition committee are final, conclusive, and not subject to appeal."

5. Entry Regulations

Invited club out of Johor is not required to pay the PRAJ Student Membership Fees. Local swimmers are required to register as PRAJ student members. There is no limit to the number of entries for individual events.

5.1

5.2

5.3 **No independent unattached swimmers are allowed.**

5.4 **All entries must be submitted with a time equivalent to or faster than the minimum time standard for that particular event. Entries submitted with No Time (NT) will automatically be rejected.**

6. Entry Fees

6.1 PRAJ Student Memberships for 2026 are RM10.00

6.2 Registration Fee + Insurance is RM40.00 per swimmer

- 6.3 Individual Event Fee - RM15.00 per event
Relay Event Fee - RM60 per event per team

The total entry fee is payable to PRA Johor as per the final checklist. Upon checklist confirmation by participating clubs, there will be no revision or refund of the entry fees in the event of subsequent withdrawals/scratches. **Kindly make a separate payment for Student Members / Registration Fees / Events.**

6.4

Kindly email a copy of the payment confirmation/bank-in slip to

6.5 Entries must be accompanied by full payment of the registration (if applicable) and entry fees. Swimmers will not be eligible to participate if the full payment

6.6 **Late payment received after the deadline for payment entries will be charged a penalty of RM300.00.**

7. Entry Closing Date

8. Format or Competition

The competition will be conducted in accordance with the WORLD AQUATICS rules on swimming.

9. Qualification For MIAG 2026

This competition is a qualification for swimmers to go to the 61st MIAG 2026 on 5th – 8th February 2026. Failing to participate in this competition, he/she will lose Johor's qualifying mark for MIAG 2026.

9.1 Swimmers who achieve the Malaysian Invitational Age Group (MIAG) qualifying times (QT) in at least one (1) event during the Johor Age Group (JAG) 2026 will automatically be eligible for the MIAG 2026. To meet the eligibility criteria set by Persatuan Renang Amatir Johor (PRAJ), all qualified swimmers must register and participate in a minimum of four (4) events at MIAG 2026 to represent the state.

9.2 Swimmers who do not meet the MSNJ qualifying time (QT) will be fully responsible for covering all of their expenses related to participation in the event. This includes, but is not limited to:

- **Travel expenses:** Costs for transportation to and from the event, including airfare, train, or bus fares.
- **Accommodation costs:** All lodging expenses for the duration of the event, including hotel bookings or any other necessary housing.
- **Entry fees:** The full cost of the event entry fee, including any applicable registration or participation charges.

However, swimmers who meet the MSNJ qualifying standards for the event will be required to pay only a **reduced fee**, which will be determined based on the **accommodation costs** for the event. This reduced fee structure reflects the financial support provided by MSNJ for swimmers who qualify. The reduced fee does not cover travel or entry fees, as those will be provided or subsidized by MSNJ itself. Therefore, swimmers who qualify will be responsible only for a portion of the total costs, specifically the accommodation costs, and will not have to cover the full financial burden.

9.3 A swimmer who does not meet the Johor Age Group Qualifying time during the competition will also be imposed a penalty of RM50.00 per event.

10. MIAG 2026 Participation Policy

- 10.1 The qualified list of swimmers eligible for MIAG 2026 will be shared with all clubs following JAG 2026. Clubs are required to confirm each swimmer's commitment **before submitting the final list to PRAJ**.
- 10.2 Swimmers who have committed to join MIAG 2026 are **strictly prohibited from withdrawing at the last minute**, as all reservations and arrangements will have been finalized. **Regardless of the reason for withdrawal**, the full payment remains **mandatory**, whether or not the swimmer participates.
- 10.3 Any **interference from parents, guardians, or clubs**—including questioning the chosen accommodation venue or other logistical arrangements—may result in the swimmer being deemed **ineligible to participate**. The **final decision rests solely with PRAJ**.
- 10.4 Any **outstanding payments from MIAG 2025 must be fully settled** on or before Sunday, 28th December 2025. Swimmers with unpaid dues **will not be considered for participation in MIAG 2026**, even if they have met all qualifying criteria. Failure to adhere to these regulations may result in **disciplinary action or exclusion** from the event.

11. Withdrawal/Scratching of Event/s

[Redacted text]

entry fees will not be refunded.
Withdrawals will no longer be accepted during the Team Managers' Meeting.

11.2 Any withdrawals after the withdrawal deadline or on the day(s) of the Championships, with or without notification, shall be deemed DID NOT SHOW or DID NOT START (DNS), **a penalty of RM100.00** shall be imposed on any "DNS", and payment must be made immediately.

11.3 Penalties are to be borne by the respective team concerned. The Organizing Committee reserves the right to withdraw any swimmer/team failing to pay the penalty.

11.4 The penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

11.5 All medical certificates must be produced by the end of the day; otherwise, the penalty will be imposed as in 10.2.

12. Control & Secretariat Room Guidelines

12.1 Only the *Team Manager* is permitted to enter the Secretariat Room, and solely for administrative purposes. **Proxies are strictly prohibited.**

12.2 Results will be available through Meet Mobile. No printed results will be available for individual clubs. A softcopy of the full results will be emailed to the respective clubs after the championship.

12.3 The Control Room is strictly restricted to authorised Secretariat and Technical Staff only. Any Team Manager or Coaches entering the Control Room during competition hours will be in direct violation of event regulations. Such a breach will result in the respective club being issued an immediate and non-negotiable penalty of RM200, without exception.

13. Protest

13.1 Protests are possible:

- a. If the rules and regulations for the conduct of the competition are not observed,
- b. If other conditions endanger the competition and/or competitors, or
- c. Against the decisions of the referee;
- d. However, no protest shall be allowed against the decision of facts.

13.2. All protests shall be considered by the Meet Referee.

13.3 If conditions causing a potential protest are noted before the competition, a protest must be lodged before the signal to start the race is given.

13.4 Protest must be submitted in accordance with the following:-

- a. In writing, with the supporting facts, and with a deposit of RM400.00
- b. Submitted to the Meet Referee by the Team Manager. No proxies will be entertained.
- c. Submitted within thirty (30) minutes following the announcement of confirmation by the referee and display at the results board.

- d. If the Meet Referee rejects the protest, he/she must state the reasons for his/her decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

13.5 If the protest is rejected, the deposit shall be forfeited by the Organizing Committee. If the protest is upheld, the deposit shall be returned.

14. Jury of Appeal

14.1 PRAJ shall appoint the Chairman of the Jury of Appeal.

14.2 A maximum of six (6) and a minimum of four (4) other members of the Jury of Appeal shall comprise the following:

- a. Organizing Secretary, or his/her representative, and a maximum of five (5) and a minimum of three (3) representatives from amongst the participating clubs not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.

15. Facilities and Warm-Up Guidelines

15.1 The Competition Pool will be available for warm-up at 6:30 am and will be closed fifteen (15) minutes before the start of each session.

15.2 Warm-up lane assignments and regulations for the Competition Pool are as follows:-

- a. Lanes 1 and 8 are designated Dive Sprint Lanes – strictly for diving and sprinting only. *Lap swimming or pacing is not allowed.*
- b. Lanes 2 to 7 are Circle Swimming Lanes – for general swimming and/or pace work.
- c. No diving is permitted in Lanes 2 to 7. Entry into these lanes must always be *feet first*.
- d. Swim paddles and fins are not permitted during warm-up.
- e. Dive Sprint Lanes are strictly one-way. Swimmers must exit the lane promptly after their sprint and walk back. Extra caution is advised when performing backstroke starts.
- f. Swimmers must not sit on or push down the lane ropes.
- g. Swimmers must exit the pool from the sides only and must not climb over the touch pads.
- h. Only coaches and team officials are allowed on the competition pool deck during warm-up sessions.
- i. To maintain an efficient competition timeline, avoid unnecessary delays, ensure fair play, and prevent obstruction of officials' duties, the pool deck is strictly out of bounds to everyone except:
 - Technical Officials on duty
 - Swimming Competition Management Committee
 - Appointed Volunteers
 - Appointed Media Personnel

- j. Spectator seating is available on a first-come, first-served basis.
- k. No camping or reserving spots in the spectators' stand.
- l. Please keep the stadium and pool deck clean at all times. Kindly clear any rubbish from spectator seats at the end of each day.
- m. Diving platforms and springboards are out of bounds at all times.

16. Events to be contested

The swimming competition shall consist of the following events:

BOYS & GIRLS

Freestyle: 50m, 100m & 200m (All Groups),

Backstroke: 50m, 100m (All Groups), 200m (All Groups except Group 4)

Breaststroke: 50m, 100m (All Groups), 200m (All Groups except Group 4)

Butterfly: 50m, 100m (All Groups), 200m (All Groups except Group 4)

200m Individual Medley (Group All Groups)

400m Individual Medley & 400m Freestyle: 400m (Open category except Group 4)

800m & 1500m Freestyle (Open category except Group 4)

17. Competition Schedule / Order of Events

Competition will start at 8:30 a.m.

18. Awards

Medals will be awarded to the Top 3 placings of each event. A certificate of participation will be provided to all participants. **All medal recipients are to wear proper attire during the ceremony, i.e, Club T-Shirts, Long Pants, and Sports Shoes.** The recipient who violates the dress code will not be allowed on the podium.

19. Official Championship Correspondence

Please direct all correspondence to:

Organizing Secretary

Johor Age Group Swimming Championships 2026

Email: persatuanrenangamaturjohor@gmail.com

20. Team Managers' Meeting

21. COVID-19

The standard operating procedures (SOPs) for control and prevention of the COVID-19 virus apply.