

1.0 GENERAL INFORMATION

Competition **MAS / MILO ALL-STARS SWIMMING CIRCUIT 2026**

Aim The MAS / MILO ALL-STARS SWIMMING CIRCUIT aims to provide a vital competition circuit platform for the development of swimming talent nationwide towards national and/or international success.

All-Stars Circuit The All-Stars Circuit shall consist of 2 Legs held simultaneously in 3 Regions – Central, Northern and East Malaysia. The Regional Host of each Leg will be confirmed by MAS, with bidding from the Affiliates in the preceding year.

	Region	Host	Venue	Dates	Competition Timing	
Leg 1	Northern	PRAP	Ipoh, Perak	15-17 May 2026	Timed Finals	8.00AM *subject to change at the host's discretion
	Central	AKL	Bukit Jalil, Kuala Lumpur			
	EM	SASA	Kota Kinabalu, Sabah			
Leg 2	Northern	PASA	Penang	10-12 July 2026	Timed Finals	8.00AM *subject to change at the host's discretion
	Central	PRAS	Pusat Akuatik Darul Ehsan, Shah Alam, Selangor			
	EM	ASAS	Pandelela Rinong Aquatic Centre, Kuching, Sarawak			
SPORTEXCEL ELITE	MAS		National Aquatic Centre, Bukit Jalil, Kuala Lumpur	1: 18-20 Sep 2026 2: 9-11 Oct 2026	TBA	TBA

1.1 The Circuit shall be conducted in accordance with the Rules and By-Laws of World Aquatics as prescribed in the latest version of the Competition Regulations of Swimming in force at the time of the Circuit Leg. In matters not prescribed for, decisions shall rest with the Referee and/or the Organising Committee.

1.2 The Circuit shall act as a Qualifying Meet for the following:

- a. International competitions as determined by MAS, only if the dates of the respective Circuit Leg competition falls within the Qualification Period AND if specifically expressed within the Selection Criteria of the said International Competition.

1.3.1 CIRCUIT DECENTRALISATION

To facilitate greater accessibility and broaden growth in the sport, Legs 1 and 2 of the All-Stars Circuit shall be decentralised and conducted simultaneously in three (3) regions:

- a. **NORTHERN REGION** – Perlis, Kedah, Penang, Perak, Terengganu, Kelantan, Pahang;
- b. **CENTRAL REGION** – Kuala Lumpur, Selangor, Melaka, Negeri Sembilan, Johor;
- c. **EAST MALAYSIA** – Sabah, Sarawak, Labuan

1.3.2

- a. Swimmers shall be existing members of Clubs/Sports Schools/Schools duly registered and affiliated to a respective State and MAS with a MAS National Registration ID.
- b. Swimmers shall participate in the Circuit Leg competition hosted by the Region in which their respective State falls under.
- c. Entries must be submitted to the respective Regional Host Organising Committee of the Circuit Leg competition in which their respective State falls under.

- 1.1** The Circuit shall be conducted in accordance with the Rules and By-Laws of World Aquatics as prescribed in the latest version of the Competition Regulations of Swimming in force at the time of the Circuit Leg. In matters not prescribed for, decisions shall rest with the Referee and/or the Organising Committee.
- 1.2 The Circuit shall act as a Qualifying Meet for the following:**
- a. International competitions as determined by MAS, only if the dates of the respective Circuit Leg competition falls within the Qualification Period AND if specifically expressed within the Selection Criteria of the said International Competition.
- 1.3.1 CIRCUIT DECENTRALISATION**
- To facilitate greater accessibility and broaden growth in the sport, Legs 1 and 2 of the All-Stars Circuit shall be decentralised and conducted simultaneously in three (3) regions:
- a. **NORTHERN REGION** – Perlis, Kedah, Penang, Perak, Terengganu, Kelantan, Pahang;
 - b. **CENTRAL REGION** – Kuala Lumpur, Selangor, Melaka, Negeri Sembilan, Johor;
 - c. **EAST MALAYSIA** – Sabah, Sarawak, Labuan
- 1.3.2**
- a. Swimmers shall be existing members of Clubs/Sports Schools/Schools duly registered and affiliated to a respective State and MAS with a MAS National Registration ID.
 - d. Payment of the Registration Fee and/or Entry Fees or the International Swimmer Admin Fees, International Coach Admin Fees, and International Team Official/Support Staff Admin Fees , wherever is applicable, are to be made to the respective Regional Host of the Circuit Leg competition in which their respective State falls under.
- 1.3.3**
- a. Should a Circuit Leg competition not be hosted by the Region in which their respective State falls under, Swimmers wishing to participate in that particular Circuit Leg may have the option to participate in the Circuit Leg competition hosted by another Region.
- 1.4.1 SAFE SPORT POLICY**
- a. A signatory to the Safe Sport Code Malaysia, MAS is committed to ensuring a healthy and safe environment which is respectful, equitable and free from all forms of misconduct, harassment and abuse;
 - b. As a condition of participation in the Championships, each individual, by virtue of participation, assistance, involvement or preparation are automatically bound by and are required to comply with the Policies of Safe Sport Code Malaysia;
 - c. Any individual with first-hand knowledge, or has specific and credible information from a victim or third-party has the responsibility to report any incident of misconduct, harassment or abuse.
- 1.4.2 Reporting Channels:**
- a. Police Diraja Malaysia (PDRM)
 - b. Malaysia Aquatics (MAS)
Secretary General
secgen@malaysiaaquatics.org
 - c. Ministry of Youth and Sports (KBS)
<http://kbs.spab.gov.my>

2.0 ELIGIBILITY

2.1 The All-Stars Swimming Circuit is open to the following:

a. **Swimmer - Local Club**

Swimmers who are existing members of Clubs duly registered and affiliated to their respective State or MAS **and** who meet the Minimum Time Standards for a particular event.

b. **Swimmer - Local (National Representative/National Swimmer)**

Swimmers who have represented Malaysia in International Open-Level Championships (ie. Olympic Games, World Championships, Asian Games, Commonwealth Games, Pan Pacific Championships, SEA Games) are eligible to participate as **EXHIBITION** Swimmers.

These swimmers will be registered in the Open Group Category as EXHIBITION and will represent MAS. No points will be awarded and they are NOT eligible for any medals, awards or incentive payments.

c. **International Swimmer - Local Club**

Foreigners residing in Malaysia who meet the Minimum Time Standards for a particular event are eligible to participate, and will be tagged with an asterisk.

It is the responsibility of the respective Club to declare the Swimmer's Foreign Status during registration.

They are NOT eligible for any medals, awards or incentive payments, however they are eligible for qualification to the Grand Finals.

d. **International Swimmer - Foreign Club**

***Invitation is subject to the host's discretion and/or approval from Sports Commissioner's Office**

Foreign swimmers of other Federations affiliated to World Aquatics who meet the Minimum Time Standards (where applicable) are eligible to participate as **EXHIBITION** Swimmers.

These swimmers will be registered as EXHIBITION and will represent their Federation/Foreign Club. No points will be awarded and they are NOT eligible for any medals, awards or incentive payments.

2.2 Sport Schools are eligible to participate and are subject to swimmer eligibility as defined in Clause 2.1 above.

2.3.1 **Club Representation Rule for Multi-Location Clubs/Swim School/School**

- a. Clubs operating across multiple locations in different states within Malaysia must participate as separate entities based on their specific state locations;
- b. Each club must compete under its own distinct banner corresponding to its specific state location;
- c. Merging swimmers from various state locations to compete under a single club banner will not be permitted;
- d. Clubs found in violation of this rule may face disqualification or other penalties as deemed appropriate by the Regional Host Organising Committee and/or MAS.

2.3.2 Clause 2.3.1 applies to all clubs, swim schools, sports schools and schools who are participating in the All-Stars Circuit.

2.4 Minimum Time Standards apply for the All-Stars Circuit.

- a. Swimmers are eligible to participate in the All-Stars Circuit only if the swimmer's recorded personal best time for the event is **faster** than the Minimum Time Standard for a particular event.
- b. An administrative fee of **RM 100.00 per event** will be imposed on any swimmer who returns a time more than 3% slower than the Minimum Time Standard for that particular event.
NO penalties will be imposed should a swimmer return a time slower than the Minimum Time Standard for all Compulsory Events and all Compulsory Choice Events, whichever is applicable for the respective age group.
- c. A swimmer's time achieved at the All-Stars Circuit may be used towards meeting qualification time standards for team selection for MAS approved competitions, **provided the dates of the respective Circuit Leg competition fall within the Qualification Period AND specifically expressed in the Qualifying Criteria of the International Competition.**

3.0 AGE GROUPS

3.1 Date of age reckoning for age groups and ages is calculated as of **31st December in the year of competition.**

3.2 Age Groups and Ages for the All-Stars Swimming Circuit will be calculated as follows:

a. Seniors

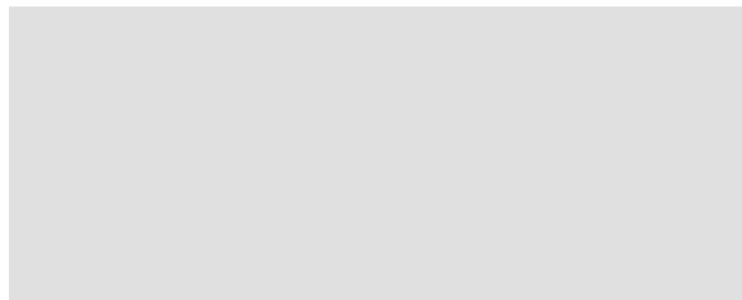
Open	- 19 years & over	- born in 2007 or earlier
Group 1	- 16 - 18 years	- born in 2008, 2009, 2010
Group 2	- 14-15 years	- born in 2011, 2012

b. Juniors

Group 3	- 12-13 years	- born in 2013, 2014
Group 4	- 11 years & under	- born in 2015 or later

4.0 ENTRY REGULATIONS

4.1



4.2 FEES AND CHARGES SCHEDULE

4.2.1 Fees - Local Entries

- a. Swimmer National Registration Fee (Annual) - **not applicable for those already paid for 2026*
 - *to be paid to MAS
 - RM 50.00 per Swimmer (new) **OR**
 - RM 30.00 per Swimmer (renewal)

- b. All-Stars Circuit Admin Fee - RM 30.00 per Swimmer
- c. Entry Fees (Individual Event) - RM 15.00 per individual event per Swimmer

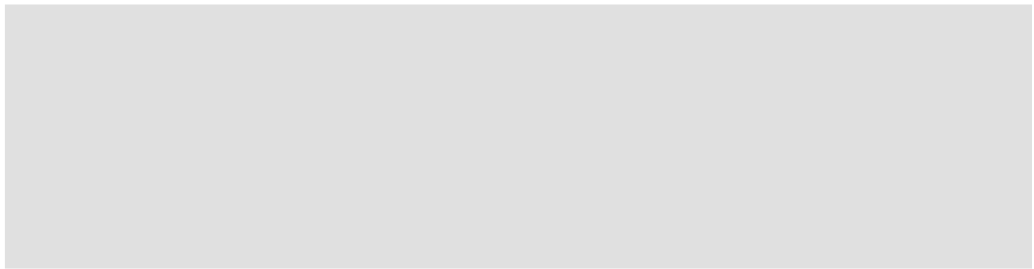
4.2.2 Fees – International Entries by Foreign Teams

- a. International Swimmer Admin Fee - USD 50.00 per Swimmer per International Team (inclusive of Entry Fees)
- b. All-Stars Circuit Admin Fee - USD 20.00 per Swimmer
- c. Entry Fees (Individual Event) - NIL
- d. International Coach/ Team Official/ Support Staff Admin Fee - USD 50.00 per individual and per accreditation pass for entry to the meet and is applicable to all foreign coaches and team officials from overseas participating teams

4.2.3 Other Fees and Charges *where applicable

- a. Late Entries/Amendments Fee - RM 30.00 per individual event
**Clause 4.7
Late Entries/Amendments*
- b. Late Payment Charges (Local / International Entries) - 50% of the total entry fees
**Clause 4.14
Late Charges*
- c. >MTS Administrative Fee - RM 100.00 per event
**Clause 4.9
Minimum Time Standards*
- d. DNS Penalty Fee - RM 100.00 per event
**Clause 4.12
Withdrawal after Withdrawals
Closing Deadline*

- 4.3** All entries are to be submitted using the Hy-Tek Team Manager software to the Regional Host Organising Committee through email as follows:



4.4 All entries are to be submitted with the Swimmer's MAS ID.

Entries without the Swimmer's MAS ID attached will be withdrawn upon the Withdrawal Closing Deadline.

- 4.5** There is no limit to the number of individual entries per Swimmer.

- 4.6** All entries shall be submitted by the Entries Closing Deadline (Clause 4.1).

4.7 Late Entries / Amendments

- a. **Late Entry / Amendment** - Any Entry and/or Amendment that is submitted AFTER the Entries Closing Deadline;

- b. **Amendment** – Any change or correction that includes but is not limited to changes or corrections to entry timing, name, date of birth, event, etc.;
- c. Late Entries and Amendments will be accepted AFTER the Entries Closing Deadline and UNTIL the Late Entries/Amendments Closing Deadline and will incur a **Late Entries/Amendments Fee** for every Late Entry or Amendment per Event as follows:
 - Late Entries/Amendments - RM 30.00 per individual event Fee
- d. The Late Entries/Amendments Fee will take effect and shall be chargeable for any Entries or Amendments that are submitted AFTER the Entries Closing Deadline and UNTIL the Late Entries/Amendments Closing Deadline.
 - i.e.
 - [REDACTED]
- e. No further Entries or Amendments will be entertained AFTER The Late Entries/Amendments Closing Deadline.
- f. Withdrawals Procedures can be referred to under Clause 5.0 Withdrawals

4.8 No pool side entries will be accepted.

4.9 **Minimum Time Standards apply for the All-Stars Swimming Circuit.**

There are **NO** Maximum Time Standards.

- a. **Minimum Time Standard** – The minimum recorded time a swimmer must have achieved for a particular event in order to enter that event.
- b. **Maximum Time Standard** – Does not apply for the All-Stars Circuit.
- c. A swimmer may enter an event only if the swimmer's recorded personal best time for the event is **faster** than the Minimum Time Standard for a particular event.
- d. An administrative fee of **RM 100.00 per event** will be imposed on any swimmer who returns a time more than 3% slower than the Minimum Time Standard for that particular event.

NO penalties will be imposed should a swimmer return a time slower than the Minimum Time Standard for all Compulsory Events and all Compulsory Choice Events, whichever is applicable for the respective age group.

- 4.10**
 - a. All entries must be submitted with a time equivalent or faster than the Minimum Time Standard for that particular event;
 - b. Entries submitted with No Time (NT) will automatically be rejected;
 - c. Incomplete / incorrect entries will be rejected.

4.11 **Maximum Entries Cap for Legs 1 and 2, and SportExcel ELITE**

Entries may be capped at a limited number of participants per event per gender for Legs 1 and 2 and SportExcel ELITE.

The Organising Committee for SportExcel ELITE may amend the maximum entries cap based on the final qualification list for SportExcel ELITE to optimise session timing for the morning preliminary heats and afternoon finals to minimise any over-runs.

4.11.1 **Maximum Entries Cap for Legs 1 and 2**

- a. **Entries Cap for the 50m and 100m events**

There shall be **NO** entries cap for the 50m and 100m events per gender.

b. **Entries Cap for the 200m events**

There shall be **NO** entries cap for the 200m events per gender.

c. **Entries Cap for the 400m Freestyle and 400m Ind. Medley events**

There shall be **NO** entries cap for the 400m events per gender.

d. **Entries Cap for the 800m and 1500m Freestyle events (Legs 1 and 2)**

Entries shall be capped at **40 participants (Group 2, 1, OPEN)** and **20 participants (Group 3)** for the 800m Freestyle event.

Entries shall be capped at **30 participants (Group 2, 1, OPEN)** and **20 participants (Group 3)** for the 1500m Freestyle event.

4.11.2 Maximum Entries Cap for SPORTEXCEL ELITE

[TBA] Entries shall be capped to a limited number of participants per event per gender for SportExcel ELITE and shall be by invitation only.

a. **Entries Cap for the 50m and 100m events**

[TBA] Entries shall be capped for the 50m and 100m events per gender.

b. **Entries Cap for the 200m events**

[TBA] Entries shall be capped for the 200m events per gender.

c. **Entries Cap for the 400m Freestyle and 400m Ind. Medley events**

[TBA] Entries shall be capped for the 400m events per gender.

d. **Entries Cap for the 800m and 1500m Freestyle events**

[TBA] Entries shall be capped for the 800m and 1500m Freestyle events per gender.

4.11.3

a. Entries will be ranked from FASTEST to SLOWEST with the fastest participants up to the entry cap for each event contesting the event.

b. Entries ranked lower than the capped number will be placed on a waiting list and informed in the event of any event withdrawals or non-participation.

The number of participants informed shall be dependent on the number of vacant sports due to event withdrawals or non-participation.

c. Withdrawals are required from participants including those on the waiting list or Reserves should the participants no longer wish to participate in the event.

4.12 No notice of withdrawal from participants, including those on the waiting list or Reserves by the Withdrawals Closing Deadline shall be deemed as a positive confirmation of the participant's event participation.

Any withdrawals after the Withdrawals Closing Deadline or on the day/s of the Championships with or without notification shall be deemed as 'Did Not Show' or 'Did Not Start' (DNS). **A penalty of RM 100.00 shall be imposed on any 'DNS' and payment must be made immediately before the swimmer's next event.**

4.13 All entries shall be accompanied by FULL PAYMENT of the Registration Fee, All-Stars Circuit Admin Fee and/or Entry Fees or the International Swimmer Admin Fees, International Coach Admin Fees, and International Team Official/Support Staff Admin Fees, whichever is applicable, by the Payment Deadline stated in Clause 4.1.

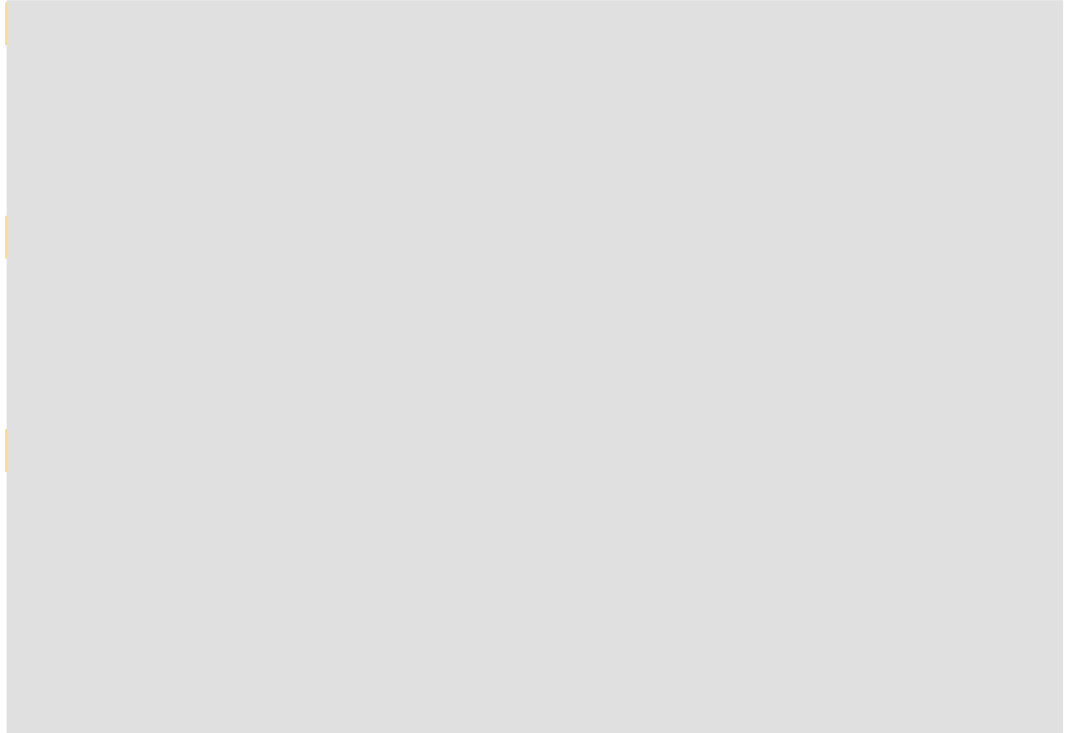
4.14 Payments received AFTER the Payment Deadline and before the Late Payment Deadline, will incur additional Late Charges as follows:

a. Late Charges - 50% of the total entry fees

- 4.15** Swimmers will not be eligible to participate should full payment not be received by the Regional Host Organising Committee by the Late Payment Deadline.

4.16 **PAYMENT INFORMATION**

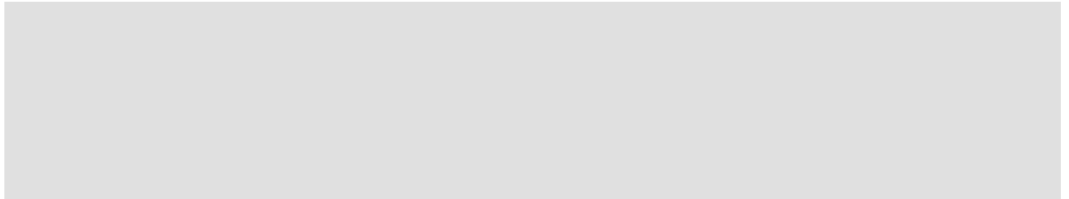
- a. All payments are to be made via direct banking or online transfer to the respective Regional Host, details as follows:



- b.
c.

- d. Kindly email proof of payment to the respective Regional Host Organising Secretary as follows:

Leg 1



5.0 WITHDRAWALS

5.1



- 5.2** Preliminaries Entries List (Psych Sheet) shall be sent to all participating teams for review and



- 5.3** **Withdrawals are required from participants by the Withdrawal Closing Deadline, including for participants on the waiting list should they no longer wish to participate in the event.**

- 5.4** Withdrawals **MUST** be submitted before the Withdrawals Closing Deadline, and will not be accepted during the Team Manager's Meeting. There will not be any refund of entry fees for the respective swimmer, in the event of withdrawal/s.
- 5.5** Any withdrawal/s after the Withdrawals Closing Deadline or on the day/s of each Circuit Leg with or without notification shall be deemed as 'Did Not Show' or 'Did Not Start' (DNS).
A **penalty of RM 100.00** shall be imposed on any 'DNS' and payment shall be made immediately before the swimmer's next event.
- 5.6** Penalties are to be borne by the respective team concerned. The Organising Committee reserves the right to withdraw any swimmer/team failing to pay the penalty.
- 5.7** The penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the event. However, the swimmer will not be permitted to participate in any further events for the day.
- 5.8** All medical certificates must be produced before the end of the day's session, failing which the penalty as indicated in Clause 5.5 will be imposed.
- 5.9** **Scratch Procedures for Finals apply** (for SportExcel ELITE only)
- Heat Results Summaries of each event will be posted daily at the Resolution Desk after completion of the associated morning's Heats Session.
 - The **SCRATCH / WITHDRAWAL DEADLINE** for each evening's Finals session shall be thirty (30) minutes from the time established for the official results of the morning Heats being published.
 - Team Managers are required to submit all withdrawals for the evening's Finals session at the Resolution Desk **BEFORE** the Scratch / Withdrawal Deadline.
 - For events with A Finals only – Swimmers seeded 1–30 in the Heat Results Summary are required to inform of their intention to scratch / withdraw from the respective event.
 - For events with A / B Finals only – Swimmers seeded 1–40 in the Heats Results Summary are required to inform of their intention to scratch / withdraw from the respective event.
 - Withdrawals not submitted within the Scratch / Withdrawal Deadline shall be deemed as 'Did Not Show' or 'Did Not Start' and a **Finals DNS penalty of RM 150.00** shall be imposed on any 'Finals DNS' with payment to be made immediately before the swimmer's next event.

6.0 ACCREDITATION

- 6.1** The pool deck at all MAS-sanctioned competitions are **STRICTLY RESERVED** for registered participants, coaches, technical officials, essential support staff or other persons approved by the Organising Committee and/or MAS
- 6.2** Starting from 1 March 2024, coaches who wish to be on deck during MAS-sanctioned competitions **must be registered with MAS, hold a valid MAS Coaching Licence AND have a valid MAS Coach Accreditation** for that respective year.
- 6.3** Fees – Local Coaches
- Coach National Registration Fee (Annual) – *to be paid to MAS
RM 100.00 per Coach (new) OR
**not applicable for those already paid for 2026* RM 50.00 per Coach (renewal)

- 6.4** Team Accreditation (coaches and/or team manager/s only) will be issued based on the team size in each leg of the Circuit as follows

Number of Swimmers	No. of Coaches Pass	No. of Team Managers Pass
1-15	1	1
16-30	2	1
31-45	3	1
46-60	3	1
61-80	4	1
76 and above	4	2

- 6.5** All Accreditation Cards remain the property of MAS, are NON-TRANSFERABLE, and can be withdrawn, refused or revoked at the discretion of the Regional Host Organising Committee and/or MAS.
- 6.6** Accreditation will only be issued to appropriately qualified and eligible persons who are entitled to participate in or perform an official function at the Circuit.
- 6.7** In order to ensure a safe and inclusive training and competition environment, all rules and regulations surrounding accreditation will be respected.
- 6.8** Holding a MAS Coach Accreditation or other MAS Accreditation under false pretences is seen as a violation of accreditation regulations and anyone found to be in violation will have their Accreditation revoked and will be asked to leave the venue immediately.
- 6.9** Requests for additional Accreditation Cards in excess of the quantities tabled above in Clause 6.4 are subject to the discretion and approval of MAS and will incur charges of RM 30.00 per additional Accreditation Card.
- 6.10** **Lost or Misplaced Accreditation Passes**

Replacement passes are available at the following cost:

- a. Coach / Team Manager - RM 120.00

7.0 RECORDS and TEAM SELECTION

7.1 Records

- a. There will be only one (1) set of meet records maintained for the whole All-Stars Circuit.
- b. The results from each Regional Host for each Circuit Leg shall be emailed to MAS after the completion of the Circuit Leg Regional Competition, and collated by MAS for determination of the Swimmers for the Grand Final.

7.2 MAS Eligible Selection Meet / Team Selection

- a. The All-Stars Circuit Competitions may act as Qualifying Meet/s for international competition as determined by MAS, provided the dates of the respective Circuit Leg competition falls within the Qualification Period AND if specifically expressed within the Selection Criteria of the said International Competition;
- b. Should Clause 7.2a be fulfilled, only results from individual events may be used towards meeting Qualification Time Standards for team selection.

8.0 COMPETITION INFORMATION

8.1 The All-Stars Swimming Circuit will be conducted in the World Aquatics Long-Course Metres (LCM) format.

8.2 Technical Officials – All Technical Officials shall be appointed by the respective Regional Host Organising Committee and/or MAS.

8.3.1 Events listed below shall be for Groups Open, 1, 2, 3 (Boys & Girls)

- | | | |
|----------------------|---|------------------------------------|
| a. Freestyle | - | 50m, 100m, 200m, 400m, 800m, 1500m |
| b. Backstroke | - | 50m, 100m, 200m |
| c. Breaststroke | - | 50m, 100m, 200m |
| d. Butterfly | - | 50m, 100m, 200m |
| e. Individual Medley | - | 200m, 400m |

8.3.2 800m and 1500m Freestyle events

- Leg 1** shall have 1500m Freestyle (Boys) and 800m Freestyle (Girls)
- Leg 2** shall have 800m Freestyle (Boys) and 1500m Freestyle (Girls)
- SportExcel ELITE** shall have both 1500m Freestyle and 800m Freestyle for Boys and Girls.

8.4 Events listed below shall be for Group 4 (Boys & Girls)

- | | | |
|----------------------|---|-----------------|
| a. Freestyle | - | 50m, 100m, 200m |
| b. Backstroke | - | 50m, 100m |
| c. Breaststroke | - | 50m, 100m |
| d. Butterfly | - | 50m, 100m |
| e. Individual Medley | - | 200m |

8.5 Combined Age Groups

- Events shall be swum together across the various age groups within the same gender and seeded according to time (SLOWEST to FASTEST) but will be scored separately according to the swimmer's age group.

8.6 Compulsory Events for Malaysian swimmers in Groups 1, 2, 3, 4

- There shall be Compulsory Events for Malaysian swimmers in Groups 1, 2, 3, and 4 as follows:

Group 1 – 100m and 200m Freestyle;

Group 2 – 100m Freestyle, 200m Freestyle, 200m Individual Medley, and a minimum of one (1) 100m choice stroke (choice of Backstroke or Breaststroke or Butterfly);

Group 3 – 100m Freestyle, 200m Freestyle, 200m Individual Medley, 100m Backstroke, 100m Breaststroke and 100m Butterfly;

Group 4 – 50m Freestyle, 100m Freestyle, 200m Freestyle, 200m Individual Medley, 50m Backstroke, 50m Breaststroke and 50m Butterfly;

- Every swimmer taking part in the Compulsory Events and Compulsory Choice Events must make a reasonable attempt to complete the event;
- Non-completion of any Compulsory Events or Compulsory Choice Events whichever is applicable for the respective age group, shall be deemed as 'Did Not Finish' (DNF).**

- d. NO penalties will be imposed should a swimmer return a time slower than the Minimum Time Standard for all Compulsory Events and all Compulsory Choice Events, whichever is applicable for the respective age group;
- e. Every swimmer must also be entered for at least one other individual event in the All-Stars Programme other than the Compulsory Events for their age group (applicable to Groups 1, 2).
- f. It is the responsibility of the respective Club AND Swimmers to ensure compliance with the participation and completion of the Compulsory Events and/or Compulsory Choice Events, whichever is applicable for the respective age group.

8.7 Full list of Events and the Compulsory Events for Malaysian swimmers are listed in the Table below:

Events	Group 4 11 years & U	Group 3 12 - 13 years	Group 2 14 - 15 years	Group 1 16 - 18 years	OPEN 19 years & above
50m Freestyle	compulsory	✓	✓	✓	✓
100m Freestyle	compulsory	compulsory	compulsory	compulsory	✓
200m Freestyle	compulsory	compulsory	compulsory	compulsory	✓
400m Freestyle		✓	✓	✓	✓
800m Freestyle		✓	✓	✓	✓
1500m Freestyle		✓	✓	✓	✓
50m Backstroke	compulsory	✓	✓	✓	✓
100m Backstroke	✓	compulsory	compulsory choice	✓	✓
200m Backstroke		✓	✓	✓	✓
50m Breaststroke	compulsory	✓	✓	✓	✓
100m Breaststroke	✓	compulsory	compulsory choice	✓	✓
200m Breaststroke		✓	✓	✓	✓
50m Butterfly	compulsory	✓	✓	✓	✓
100m Butterfly	✓	compulsory	compulsory choice	✓	✓
200m Butterfly		✓	✓	✓	✓
200m Ind. Medley	compulsory	compulsory	compulsory	✓	✓
400m Ind. Medley		✓	✓	✓	✓

8.8.1 Competition Format

- a. Legs 1 and 2 - Timed Finals
- b. SportExcel ELITE - TBA

8.8.2 Legs 1 and 2 Format

- a. Events will be swum together across the various age groups and seeded according to time (SLOWEST to FASTEST) but will be scored separately according to the swimmer's age group;
- b. Swimmers in each Age Category for Legs 1 and 2 of the Circuit, will be awarded points for each individual event swum as stated in **Clauses 8.8.2.1a and 8.8.2.1b**.

8.8.2.1 QUALIFICATION TO SPORTEXCEL ELITE

- a. The results from all three (3) Regions of Leg 1 will be combined into a single overall list and ranked according to time from fastest to slowest for each event in each age group per gender with ranking points awarded on the following basis:

Position		Points Awarded
INDIVIDUAL: 1st to 30th place	-	30-29-28-27-26-25-24-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1
INDIVIDUAL (200m, 400m, 800m, 1500m): 1st to 10th place	-	Additional 10-9-8-7-6-5-4-3-2-1 *manual calculation

- b. The same process as stated in Clause 8.8.2.1a will be applied to the combined results of all three (3) Regions of Leg 2.
- c. The overall ranking list and awarding of points for Leg 1 will be done separately to the overall ranking list and awarding of points for Leg 2.
- d. The total points earned by each Swimmer in each event of each age group from both Legs 1 and 2 will be combined to form a **Total Combined Points Score**.
- e. Each Swimmer will be ranked according to the **Total Combined Points Score** in each event of each age group per gender and the top ranked swimmers according to the quota allocation for each event will qualify to SportExcel ELITE. The quota allocation for each event shall be as follows:

50m, 100m and 200m events

[TBA] The Top ranked Swimmers according to Total Combined Points Score in each event of each age group per gender will qualify to SportExcel ELITE.

In the event of a tie for the final placing, the swimmer/s with the fastest average time swum in the event from Legs 1 and 2 will determine the qualifier to SportExcel ELITE.

400m Freestyle and 400m Ind. Medley events

[TBA] The Top ranked Swimmers according to Total Combined Points Score in each event of each age group per gender will qualify to SportExcel ELITE.

In the event of a tie for the final placing, the swimmer/s with the fastest average time swum in the event from Legs 1 and 2 will determine the qualifier to SportExcel ELITE.

800m and 1500m Freestyle events

[TBA] The Top ranked Swimmers according to Total Combined Points Score in each event of each age group per gender will qualify to SportExcel ELITE.

In the event of a tie for the final placing, the swimmers with the fastest average time swum in the event from Legs 1 and 2 will determine the qualifier to SportExcel ELITE.

- f. Each Swimmer must represent the SAME club in ALL of the Circuit Competitions – Leg 1, and Leg 2.

- g. EXCEPTIONS:

Local Swimmers (National Swimmer) are eligible to participate in Legs 1, 2 and SportExcel ELITE in the **OPEN Group Category as EXHIBITION Swimmers representing MAS**. There is no restriction on the number of National Swimmers in each event and they are NOT eligible for points, medals, awards or incentive payments.

International Swimmers (Local Club) are eligible to participate in Legs 1 and 2 as **EXHIBITION Swimmers**. The Top 3 ranked International Swimmers according to **Total Combined Points Score** will qualify to swim that event for SportExcel ELITE. They are NOT eligible for medals, awards or incentive payments.

The definitions of Local Swimmers (National Swimmer) and International Swimmers (Local Club) are defined in **Clause 2.1**.

8.8.3 SportExcel ELITE Format [TBA]

9.0 CERTIFICATES, POINTS and AWARDS

- 9.1 A "Certificate of Participation" will be awarded to all participants of each Leg of the Circuit.
- 9.2 To receive a Certificate of Participation, all Malaysian participants must have participated in ALL of the Compulsory Events, including 1 Compulsory Choice Event if applicable, for their age group as tabled in **Clause 8.7** in that particular Circuit Leg competition, in addition to the following:
 - a. **Groups 1,2** – at least one (1) additional individual event as well as the Compulsory Events in their respective age group
- 9.3 a. Points will be awarded for each individual event in each Age Category for Leg 1 after the results from all three (3) Regions are combined into a single overall list and ranked according to time from Fastest to Slowest, with ranking points awarded on the following basis:

Position		Points Awarded
INDIVIDUAL: 1st to 30th place	-	30-29-28-27-26-25-24-23-22-21-20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1
INDIVIDUAL (200m, 400m, 800m, 1500m): 1st to 10th place	-	Additional 10-9-8-7-6-5-4-3-2-1 *manual calculation

- b. The same process as stated in Clause 9.3 will be applied to the combined results from all three (3) Regions of Leg 2.

9.4 AWARDS

9.4.1 Overall Champion (Individual):

[TBA]

9.4.2 Overall Champion (Club):

[TBA]

9.4.2.1 Scoring shall be as follows:

[TBA]

9.5 ORGANISING GRANT

- a. The Regional Host/s for Legs 1 and 2 of the Circuit may apply to receive an Organising Grant from MAS to offset operating costs;
- b. A budget, in addition to a meet completion report with supporting documentation shall be provided by the Regional Host/s of the Circuit Leg to MAS in order to claim the Organising Grant;
- c. No claim is permissible should the Regional Host/s not proceed with the hosting of the Circuit Leg for any reason.

10.0 WARM-UP and COMPETITION POOL GUIDELINES

- 10.1** The Competition Pool will be available for warm-up one and a half (1.5) hours before the commencement of the morning session. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.
- 10.2 Warm-up lane assignments and regulations for the Competition Pool are as follows:**
- a. Lanes 0, and 9 are Dive Sprint Lanes – strictly for Diving and Sprinting only.
 - b. Lane 1 shall be for pace work and Lanes 2 to 8 are Circle Swimming Lanes for general swimming only.
 - c. There shall be NO DIVING in Lanes 1 to 8. Entry to these lanes is via feet first entry from the sitting position at all times.
 - d. The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.
 - e. The use of swim paddles and fins are prohibited during warm-up.
 - f. Swimmers are not allowed to sit or press down on the lane ropes.
 - g. Swimmers are required to exit from the Competition Pool from the sides, and not by climbing over the touch pads.
 - h. Only Swimmers, Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.
 - i. Only Swimmers, Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.
 - j. In order to ensure a smooth Swimming Competition Time-Lines Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition, and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of bounds to ALL, except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer/s and Appointed Media Coverage Personnel.

11.0 SECRETARIAT GUIDELINES

- 11.1** Details of disqualification / infraction committed by any Swimmer shall be made by the Team Manager to the Resolution Desk, or Organising Secretary in the absence of a Resolution Desk. NO proxies will be entertained.
- In the absence of a Resolution Desk or Organising Secretary, enquiries relating to disqualification shall be directed to the Secretariat.
- 11.2** All enquiries relating to disqualification shall be made within the same day of competition.
- 11.3** The Team Manager shall provide the Swimmer's details, i.e. Event Number, Time Final/Heat Number, Lane Assigned, Swimmer's Name and Affiliate/Team Name.

- 11.4** Only the Team Manager shall be allowed to access the Secretariat and/or Resolution Desk for the submission of necessary paperwork and/or disqualification enquiry. NO swimmers, parents/guardians or proxies will be allowed.

12.0 APPEALS

- 12.1.1** Appeals are possible:
- a. Only against the decisions of the Referee as to the consequence of a Swimmer's rule infraction, however no appeal shall be allowed against decisions of fact.
- 12.1.2** There are no grounds for appeal other than that stated in Clause 12.1.1.
- 12.2** Appeals must be submitted in accordance with the following:
- a. In writing on the prescribed form, with the supporting facts,
 - b. With a deposit of RM 400.00,
 - c. Submitted by the Team Manager to the Resolution Desk, or in the absence of a Resolution Desk, to the Secretariat. No proxies will be entertained,
 - d. Submitted within thirty (30) minutes following the posting of the official results of the respective event.
- 12.3** The Meet Referee shall present the appeal to the Chair of the Jury of Appeal, who shall review the appeal and determine its validity as soon as reasonably possible following the submission of the appeal.
- 12.4.1** If the Chair deems the appeal to be invalid on the consequence of a Swimmer's rule infraction, the matter will not proceed further and the deposit will be forfeited.
- 12.4.2** If the appeal is deemed to be valid, the Chair shall initiate a review by the Jury of Appeal which shall render a final reasoned decision on the appeal as soon as reasonably practical.
- 12.4.3** The decision by the Chair of the Jury of Appeal regarding validity is final.
- 12.5.1** If the Jury rules in favour of the appealing party, the deposit shall be returned to the appealing party, and the ensuing course of action shall be decided on a case-by-case basis.
- 12.5.2** If the Jury rules against the appealing party, the deposit shall be forfeited to the Organising Committee of the applicable Circuit Competition.

13.0 JURY OF APPEAL

13.1 Appointment of the Jury of Appeal

- 13.1.1** The Jury of Appeal will be composed of three (3) members, one (1) of whom shall be the designated Chair. The three (3) members will be appointed by the Malaysia Aquatics (MAS) President or selected representative, whoever is available.
- 13.1.2**
- a. Jury of Appeal members must not serve on a Jury of Appeal if they have a conflict of interest,
 - b. Jury of Appeal members must declare any possible conflicts of interest in advance of their appointment, and have an ongoing obligation to declare any possible conflicts of interest that may arise (including, but not limited to, having business relations with or being of the Club as an appealing party),

c. MAS shall make the final decision on whether a conflict of interest for the Jury of Appeal member exists.

13.1.3 MAS shall appoint a fourth individual to act as a standby Jury of Appeal member in the event that an appointed Jury of Appeal member recuses himself/herself due to a conflict of interest.

13.2 Jury of Appeal Rules of Procedure

13.2.1 The Jury of Appeal may consult video footage, documents and witnesses when considering the appeal, and/or consult any other potentially impacted party, in person or in writing.

13.2.2 Decisions of Referees will be afforded a significant degree of deference.

a. The Jury of Appeal will not substitute its view of the appealed matter for that of the Referee, unless the appealing party presents clear evidence that the Referee's decision was made arbitrarily, irrationally, or in abuse of the discretion afforded to the Referee.

13.2.3 Each member of the Jury of Appeal will have one (1) vote and decisions will be made by majority.

13.2.4 The decision of the Jury is final.

a. For the avoidance of doubt, possible breaches of the Eligibility Rules as stated in Clause 2, are not matters subject to appeal to be considered by the Jury of Appeal.

b. Any possible breaches of the Eligibility Rules as stated in Clause 2 shall be reported and are matters for investigation by MAS.

14.0 DOPING CONTROL

14.1 Urine samples may be collected during the Circuit for the purpose of doping controls, which will be conducted in accordance with the World Aquatics Doping Control Rules and the World Anti-Doping International Standards found at this link:

<https://www.wada-ama.org/en/what-we-do/international-standards>

14.2 The list of prohibited substances can be found in this link:

<https://www.wada-ama.org/en/prohibited-list>

14.3 All athletes are strictly responsible for any prohibited substance found in their sample. It is particularly important for athletes to check any medication they take against the prohibited list.

14.4 Therapeutic Use Exemptions (TUE) Forms must be filled up, should any athlete feel the need to declare the use of any of the prohibited substances listed in the updated Prohibited Lists in the link above.