



PENANG AMATEUR SWIMMING ASSOCIATION

c/o Kompleks Sukan MBPP, Lebuhr Relau, Relau
11900 Bayan Lepas, PULAU PINANG
Email: honsec.pasa@yahoo.com

Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
1	101	Mixed 16-18 200 Medley Relay	Mixed	5:00pm 16 th Oct 2026
1	102	Mixed 14-15 200 Medley Relay	Mixed	5:00pm 16 th Oct 2026
1	103	Mixed 12-13 200 Medley Relay	Mixed	5:00pm 16 th Oct 2026
1	104	Mixed 10-11 200 Medley Relay	Mixed	5:00pm 16 th Oct 2026
1	105	Mixed 9 & Under 200 Medley Relay	Mixed	5:00pm 16 th Oct 2026
1	106	Boys 16-18 200 Freestyle	Male	
1	107	Girls 16-18 200 Freestyle	Female	
1	108	Boys 15 Year Olds 200 Freestyle	Male	
1	109	Girls 15 Year Olds 200 Freestyle	Female	
1	110	Boys 14 Year Olds 200 Freestyle	Male	
1	111	Girls 14 Year Olds 200 Freestyle	Female	
1	112	Boys 13 Year Olds 200 Freestyle	Male	
1	113	Girls 13 Year Olds 200 Freestyle	Female	
1	114	Boys 12 Year Olds 200 Freestyle	Male	
1	115	Girls 12 Year Olds 200 Freestyle	Female	
1	116	Boys 11 Year Olds 200 Freestyle	Male	
1	117	Girls 11 Year Olds 200 Freestyle	Female	
1	118	Boys 10 Year Olds 200 Freestyle	Male	
1	119	Girls 10 Year Olds 200 Freestyle	Female	
1	120	Boys 16-18 50 Butterfly	Male	
1	121	Girls 16-18 50 Butterfly	Female	
1	122	Boys 15 Year Olds 50 Butterfly	Male	
1	123	Girls 15 Year Olds 50 Butterfly	Female	
1	124	Boys 14 Year Olds 50 Butterfly	Male	
1	125	Girls 14 Year Olds 50 Butterfly	Female	
1	126	Boys 13 Year Olds 50 Butterfly	Male	
1	127	Girls 13 Year Olds 50 Butterfly	Female	
1	128	Boys 12 Year Olds 50 Butterfly	Male	
1	129	Girls 12 Year Olds 50 Butterfly	Female	
1	130	Boys 11 Year Olds 50 Butterfly	Male	
1	131	Girls 11 Year Olds 50 Butterfly	Female	
1	132	Boys 10 Year Olds 50 Butterfly	Male	
1	133	Girls 10 Year Olds 50 Butterfly	Female	
1	134	Boys 9 Year Olds 50 Butterfly	Male	
1	135	Girls 9 Year Olds 50 Butterfly	Female	
1	136	Boys 8 Year Olds 50 Butterfly	Male	
1	137	Girls 8 Year Olds 50 Butterfly	Female	
1	138	Boys 7 Year Olds 50 Butterfly	Male	
1	139	Girls 7 Year Olds 50 Butterfly	Female	
1	140	Boys 6 Year Olds 50 Butterfly	Male	



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Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
1	141	Girls 6 Year Olds 50 Butterfly	Female	
1	142	Boys 16-18 100 Backstroke	Male	
1	143	Girls 16-18 100 Backstroke	Female	
1	144	Boys 15 Year Olds 100 Backstroke	Male	
1	145	Girls 15 Year Olds 100 Backstroke	Female	
1	146	Boys 14 Year Olds 100 Backstroke	Male	
1	147	Girls 14 Year Olds 100 Backstroke	Female	
1	148	Boys 13 Year Olds 100 Backstroke	Male	
1	149	Girls 13 Year Olds 100 Backstroke	Female	
1	150	Boys 12 Year Olds 100 Backstroke	Male	
1	151	Girls 12 Year Olds 100 Backstroke	Female	
1	152	Boys 11 Year Olds 100 Backstroke	Male	
1	153	Girls 11 Year Olds 100 Backstroke	Female	
1	154	Boys 10 Year Olds 100 Backstroke	Male	
1	155	Girls 10 Year Olds 100 Backstroke	Female	
1	156	Boys 9 Year Olds 100 Backstroke	Male	
1	157	Girls 9 Year Olds 100 Backstroke	Female	
1	158	Boys 8 Year Olds 100 Backstroke	Male	
1	159	Girls 8 Year Olds 100 Backstroke	Female	
1	160	Boys 7 Year Olds 100 Backstroke	Male	
1	161	Girls 7 Year Olds 100 Backstroke	Female	
1	162	Boys 6 Year Olds 100 Backstroke	Male	
1	163	Girls 6 Year Olds 100 Backstroke	Female	
1	164	Boys 16-18 50 Breaststroke	Male	
1	165	Girls 16-18 50 Breaststroke	Female	
1	166	Boys 15 Year Olds 50 Breaststroke	Male	
1	167	Girls 15 Year Olds 50 Breaststroke	Female	
1	168	Boys 14 Year Olds 50 Breaststroke	Male	
1	169	Girls 14 Year Olds 50 Breaststroke	Female	
1	170	Boys 13 Year Olds 50 Breaststroke	Male	
1	171	Girls 13 Year Olds 50 Breaststroke	Female	
1	172	Boys 12 Year Olds 50 Breaststroke	Male	
1	173	Girls 12 Year Olds 50 Breaststroke	Female	
1	174	Boys 11 Year Olds 50 Breaststroke	Male	
1	175	Girls 11 Year Olds 50 Breaststroke	Female	
1	176	Boys 10 Year Olds 50 Breaststroke	Male	
1	177	Girls 10 Year Olds 50 Breaststroke	Female	
1	178	Boys 9 Year Olds 50 Breaststroke	Male	
1	179	Girls 9 Year Olds 50 Breaststroke	Female	
1	180	Boys 8 Year Olds 50 Breaststroke	Male	



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Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
1	181	Girls 8 Year Olds 50 Breaststroke	Female	
1	182	Boys 7 Year Olds 50 Breaststroke	Male	
1	183	Girls 7 Year Olds 50 Breaststroke	Female	
1	184	Boys 6 Year Olds 50 Breaststroke	Male	
1	185	Girls 6 Year Olds 50 Breaststroke	Female	
1	186	Boys 16-18 100 Freestyle	Male	
1	187	Girls 16-18 100 Freestyle	Female	
1	188	Boys 15 Year Olds 100 Freestyle	Male	
1	189	Girls 15 Year Olds 100 Freestyle	Female	
1	190	Boys 14 Year Olds 100 Freestyle	Male	
1	191	Girls 14 Year Olds 100 Freestyle	Female	
1	192	Boys 13 Year Olds 100 Freestyle	Male	
1	193	Girls 13 Year Olds 100 Freestyle	Female	
1	194	Boys 12 Year Olds 100 Freestyle	Male	
1	195	Girls 12 Year Olds 100 Freestyle	Female	
1	196	Boys 11 Year Olds 100 Freestyle	Male	
1	197	Girls 11 Year Olds 100 Freestyle	Female	
1	198	Boys 10 Year Olds 100 Freestyle	Male	
1	199	Girls 10 Year Olds 100 Freestyle	Female	
1	200	Boys 9 Year Olds 100 Freestyle	Male	
1	201	Girls 9 Year Olds 100 Freestyle	Female	
1	202	Boys 8 Year Olds 100 Freestyle	Male	
1	203	Girls 8 Year Olds 100 Freestyle	Female	
1	204	Boys 7 Year Olds 100 Freestyle	Male	
1	205	Girls 7 Year Olds 100 Freestyle	Female	
1	206	Boys 6 Year Olds 100 Freestyle	Male	
1	207	Girls 6 Year Olds 100 Freestyle	Female	
1	208	Boys 16-18 200 Freestyle Relay	Male	9:00am 17 th Oct 2026
1	209	Girls 16-18 200 Freestyle Relay	Female	9:00am 17 th Oct 2026
1	210	Boys 14-15 200 Freestyle Relay	Male	9:00am 17 th Oct 2026
1	211	Girls 14-15 200 Freestyle Relay	Female	9:00am 17 th Oct 2026
1	212	Boys 12-13 200 Freestyle Relay	Male	9:00am 17 th Oct 2026
1	213	Girls 12-13 200 Freestyle Relay	Female	9:00am 17 th Oct 2026
1	214	Boys 10-11 200 Freestyle Relay	Male	9:00am 17 th Oct 2026
1	215	Girls 10-11 200 Freestyle Relay	Female	9:00am 17 th Oct 2026
1	216	Boys 9 & Under 200 Freestyle Relay	Male	9:00am 17 th Oct 2026
1	217	Girls 9 & U1nder 200 Freestyle Relay	Female	9:00am 17 th Oct 2026
2	301	Boys 16-18 200 IM	Male	
2	302	Girls 16-18 200 IM	Female	
2	303	Boys 15 Year Olds 200 IM	Male	



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Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
2	304	Girls 15 Year Olds 200 IM	Female	
2	305	Boys 14 Year Olds 200 IM	Male	
2	306	Girls 14 Year Olds 200 IM	Female	
2	307	Boys 13 Year Olds 200 IM	Male	
2	308	Girls 13 Year Olds 200 IM	Female	
2	309	Boys 12 Year Olds 200 IM	Male	
2	310	Girls 12 Year Olds 200 IM	Female	
2	311	Boys 11 Year Olds 200 IM	Male	
2	312	Girls 11 Year Olds 200 IM	Female	
2	313	Boys 10 Year Olds 200 IM	Male	
2	314	Girls 10 Year Olds 200 IM	Female	
2	315	Boys 16-18 100 Butterfly	Male	
2	316	Girls 16-18 100 Butterfly	Female	
2	317	Boys 15 Year Olds 100 Butterfly	Male	
2	318	Girls 15 Year Olds 100 Butterfly	Female	
2	319	Boys 14 Year Olds 100 Butterfly	Male	
2	320	Girls 14 Year Olds 100 Butterfly	Female	
2	321	Boys 13 Year Olds 100 Butterfly	Male	
2	322	Girls 13 Year Olds 100 Butterfly	Female	
2	323	Boys 12 Year Olds 100 Butterfly	Male	
2	324	Girls 12 Year Olds 100 Butterfly	Female	
2	325	Boys 11 Year Olds 100 Butterfly	Male	
2	326	Girls 11 Year Olds 100 Butterfly	Female	
2	327	Boys 10 Year Olds 100 Butterfly	Male	
2	328	Girls 10 Year Olds 100 Butterfly	Female	
2	329	Boys 9 Year Olds 100 Butterfly	Male	
2	330	Girls 9 Year Olds 100 Butterfly	Female	
2	331	Boys 8 Year Olds 100 Butterfly	Male	
2	332	Girls 8 Year Olds 100 Butterfly	Female	
2	333	Boys 7 Year Olds 100 Butterfly	Male	
2	334	Girls 7 Year Olds 100 Butterfly	Female	
2	335	Boys 6 Year Olds 100 Butterfly	Male	
2	336	Girls 6 Year Olds 100 Butterfly	Female	
2	337	Boys 16-18 50 Backstroke	Male	
2	338	Girls 16-18 50 Backstroke	Female	
2	339	Boys 15 Year Olds 50 Backstroke	Male	
2	340	Girls 15 Year Olds 50 Backstroke	Female	
2	341	Boys 14 Year Olds 50 Backstroke	Male	
2	342	Girls 14 Year Olds 50 Backstroke	Female	
2	343	Boys 13 Year Olds 50 Backstroke	Male	



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Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
2	344	Girls 13 Year Olds 50 Backstroke	Female	
2	345	Boys 12 Year Olds 50 Backstroke	Male	
2	346	Girls 12 Year Olds 50 Backstroke	Female	
2	347	Boys 11 Year Olds 50 Backstroke	Male	
2	348	Girls 11 Year Olds 50 Backstroke	Female	
2	349	Boys 10 Year Olds 50 Backstroke	Male	
2	350	Girls 10 Year Olds 50 Backstroke	Female	
2	351	Boys 9 Year Olds 50 Backstroke	Male	
2	352	Girls 9 Year Olds 50 Backstroke	Female	
2	353	Boys 8 Year Olds 50 Backstroke	Male	
2	354	Girls 8 Year Olds 50 Backstroke	Female	
2	355	Boys 7 Year Olds 50 Backstroke	Male	
2	356	Girls 7 Year Olds 50 Backstroke	Female	
2	357	Boys 6 Year Olds 50 Backstroke	Male	
2	358	Girls 6 Year Olds 50 Backstroke	Female	
2	359	Boys 16-18 100 Breaststroke	Male	
2	360	Girls 16-18 100 Breaststroke	Female	
2	361	Boys 15 Year Olds 100 Breaststroke	Male	
2	362	Girls 15 Year Olds 100 Breaststroke	Female	
2	363	Boys 14 Year Olds 100 Breaststroke	Male	
2	364	Girls 14 Year Olds 100 Breaststroke	Female	
2	365	Boys 13 Year Olds 100 Breaststroke	Male	
2	366	Girls 13 Year Olds 100 Breaststroke	Female	
2	367	Boys 12 Year Olds 100 Breaststroke	Male	
2	368	Girls 12 Year Olds 100 Breaststroke	Female	
2	369	Boys 11 Year Olds 100 Breaststroke	Male	
2	370	Girls 11 Year Olds 100 Breaststroke	Female	
2	371	Boys 10 Year Olds 100 Breaststroke	Male	
2	372	Girls 10 Year Olds 100 Breaststroke	Female	
2	373	Boys 9 Year Olds 100 Breaststroke	Male	
2	374	Girls 9 Year Olds 100 Breaststroke	Female	
2	375	Boys 8 Year Olds 100 Breaststroke	Male	
2	376	Girls 8 Year Olds 100 Breaststroke	Female	
2	377	Boys 7 Year Olds 100 Breaststroke	Male	
2	378	Girls 7 Year Olds 100 Breaststroke	Female	
2	379	Boys 6 Year Olds 100 Breaststroke	Male	
2	380	Girls 6 Year Olds 100 Breaststroke	Female	
2	381	Boys 16-18 50 Freestyle	Male	
2	382	Girls 16-18 50 Freestyle	Female	
2	383	Boys 15 Year Olds 50 Freestyle	Male	
2	384	Girls 15 Year Olds 50 Freestyle	Female	
2	385	Boys 14 Year Olds 50 Freestyle	Male	



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Day	Event #	Event Name	Gender	Relay Cut Off Submission Date, Time
2	386	Girls 14 Year Olds 50 Freestyle	Female	
2	387	Boys 13 Year Olds 50 Freestyle	Male	
2	388	Girls 13 Year Olds 50 Freestyle	Female	
2	389	Boys 12 Year Olds 50 Freestyle	Male	
2	390	Girls 12 Year Olds 50 Freestyle	Female	
2	391	Boys 11 Year Olds 50 Freestyle	Male	
2	392	Girls 11 Year Olds 50 Freestyle	Female	
2	393	Boys 10 Year Olds 50 Freestyle	Male	
2	394	Girls 10 Year Olds 50 Freestyle	Female	
2	395	Boys 9 Year Olds 50 Freestyle	Male	
2	396	Girls 9 Year Olds 50 Freestyle	Female	
2	397	Boys 8 Year Olds 50 Freestyle	Male	
2	398	Girls 8 Year Olds 50 Freestyle	Female	
2	399	Boys 7 Year Olds 50 Freestyle	Male	
2	400	Girls 7 Year Olds 50 Freestyle	Female	
2	401	Boys 6 Year Olds 50 Freestyle	Male	
2	402	Girls 6 Year Olds 50 Freestyle	Female	
2	403	Boys 16-18 200 Medley Relay	Male	9:00am 18 th Oct 2026
2	404	Girls 16-18 200 Medley Relay	Female	9:00am 18 th Oct 2026
2	405	Boys 14-15 200 Medley Relay	Male	9:00am 18 th Oct 2026
2	406	Girls 14-15 200 Medley Relay	Female	9:00am 18 th Oct 2026
2	407	Boys 12-13 200 Medley Relay	Male	9:00am 18 th Oct 2026
2	408	Girls 12-13 200 Medley Relay	Female	9:00am 18 th Oct 2026
2	409	Boys 10-11 200 Medley Relay	Male	9:00am 18 th Oct 2026
2	410	Girls 10-11 200 Medley Relay	Female	9:00am 18 th Oct 2026
2	411	Boys 9 & Under 200 Medley Relay	Male	9:00am 18 th Oct 2026
2	412	Girls 9 & under 200 Medley Relay	Female	9:00am 18 th Oct 2026