NOTICE

DSA SWIM TEAM

DSA TEAM INFO PACK

3RD PENANG INVITATIONAL NOVICE SWIMMING CHAMPIONSHIPS 2026

Following is the information relevant to the meet, please read carefully and adhere accordingly:

Meet Date	: 17/10/2026 & 18/10/2026 (Saturday & Sunday)
Meet Venue	: Relau Sports Complex, Relau, Penang
Meet Time	: Event starts **at 8:00AM**
	*Lunch Break TBC
Warm Up Time	: 6:45AM sharp
Coaches	: Coach Eddie

Withdrawing event : i) **A penalty of RM25.00 per event** shall be imposed for each event withdrawn or "No Show" on the day of the competition. Penalty is to be borne by the respective swimmer.

ii) **Swimmers with DNS must submit the penalty immediately to the Team Manager right after the DNS event in order to continue to participate on that day.**

iii) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.

Equipment : Swim attire, goggles, and DSA Swim Cap.
Do prepare extra sets of all swim attire and racing gear.

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Dress Code : **DSA Swim Team Shirts** (see picture below)
Saturday – Navy/Burgundy
Sunday – White/Ombre



Food and Drinks : Fruits, buns & beverages are provided for **participating DSA swimmers only**.
Swimmers to collect food and beverages at DSA team seating area.
No collection on behalf by other swimmers or parents is allowed.
Lunch to be arranged on your own.

Group Photo : **17/10/2026 (Saturday) at the start of lunch break.**
(In case there is no lunch break, we will advise again the group photo's date and time)

Team Seating Area : Look for the DSA banner, seating is on first come first served basis.
Reserving seats is strictly not allowed.

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Meet Rules and Regulations

1) Team Managers are **the official representative** of the team to communicate with the Organizer. **All queries/appeals MUST BE reported to** and **handled by the Team Managers/Coaches ONLY.**
2) Parents are **STRICTLY NOT ALLOWED** to be on the Pool Deck, Secretariat Room, and Marshall/Reporting Area **at all times, including warm up sessions.**
3) **A penalty of RM25.00 per event** shall be imposed for each event withdrawn on the day of the meet or DNS and is to be borne by the respective swimmer.
4) Penalty will be waived with a valid medical certificate furnished. A swimmer is deemed to be unfit to swim for the rest of the day on presentation of a medical certificate.
5) Swimmers must know their Event number (E), Heat (H), Lane (L) before reporting. Kindly look out for the "Calling Event" on the scoreboard in order to report to the Marshalls on time. DSA Team Managers and Coaches will not be responsible for any missing events and **any penalty for missing events will be borne by swimmers.** (We strongly suggest swimmers to write down their E/H/L with a sharpie on their arms/hands to remember).
6) **Swimmers are required to see the coaches on duty before race for race advice and after race for race feedback.**
7) Meal, transportation, and accommodation are not provided. Swimmers/parents shall arrange their own food, transport, and lodging.
8) The diving platforms and springboards are out of bounds at all times.
9) DSA Team Managers and Coaches Team are always on the pool deck and seating area to assist the swimmers. Please consult them if there are any queries or assistance needed.

WE WISH ALL SWIMMERS THE BEST IN THIS MEET! DSA ONE TEAM ONE DREAM!!