



**Selangor  
Aquatics**



**13th SELANGOR SHORT COURSE SPRINT INVITATIONAL  
SWIMMING CHAMPIONSHIPS 2026**

**13-15 November 2026**

***Pusat Akuatik Darul Ehsan***

## 1.0 GENERAL INFORMATION

Competition: 13th Selangor Short Course Sprint Invitational Swimming Championships 2026

Venue: Pusat Akuatik Darul Ehsan, Shah Alam

Details:

| Session Date     | Day      | Competition | Warm Up |
|------------------|----------|-------------|---------|
| 13 November 2026 | Friday   | 8:00am      | 6:30am  |
| 14 November 2026 | Saturday | 8:00am      | 6:30am  |
| 15 November 2026 | Sunday   | 8:00am      | 6:30am  |

1.1 The Championships shall be conducted under the Rules and By-Laws of World Aquatics as prescribed in the Competition Regulations. In matters not provided for, decisions shall rest with the Referee and/or Organizing Committee.

1.2 The Championships is open only to the following:

- a. Swimmers who are existing members of Selangor Aquatics Affiliates.
- b. Members of other States affiliated to Malaysia Swimming Federation (MAS) who meet the entry qualification standards.
- c. Members of other Federations affiliated to World Aquatics who meet the entry qualification standards provided they hold a valid clearance from their Federation.

1.3 Club Representation Rule for Multi-Location Clubs

- a. Clubs operating across multiple locations in different states within Malaysia must participate as separate entities based on their specific state locations.
- b. Each club must compete under its own distinct banner corresponding to its specific state location.
- c. Merging swimmers from various state locations to compete under a single club banner will not be permitted.
- d. Clubs found in violation of this rule may face disqualification or other penalties as deemed appropriate by the Organizing Committee.

1.4 There will be two categories for each age group in all individual events for both male and female swimmers, except for the "Open" age group.

a. *State*

Swimmers who have represented any state in any national-level competition(s) such as MIAG, Malaysia Open, MSSM, SUKMA, National Short Course.



b. *Non-State*

Swimmers who have never represented any state in any competition(s).

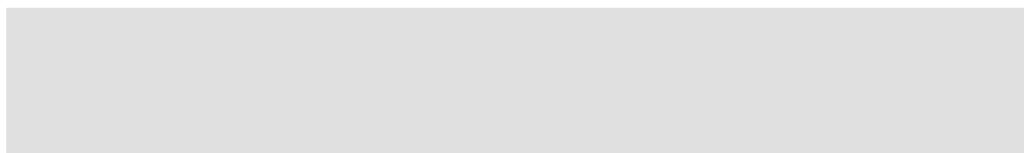
1.5 All swimmers in the “Open” age group (19 years old and above) will compete under a single *State* category.

1.6 All swimmers from foreign clubs/federations will compete under the *State* category.

1.7 Relay events can consist of swimmers from both *State* and *Non-State* categories. There is no limit on the number of swimmers from either category.

1.8 All clubs will be required to declare their State swimmers [REDACTED]  
[REDACTED] A penalty of RM200 per swimmer will be imposed on clubs that fail to declare their swimmers.

## 2.0 ENTRY REGULATIONS



2.2.1 All entries are to be submitted via the Hy-Tek Team Manager software and emailed to [REDACTED]

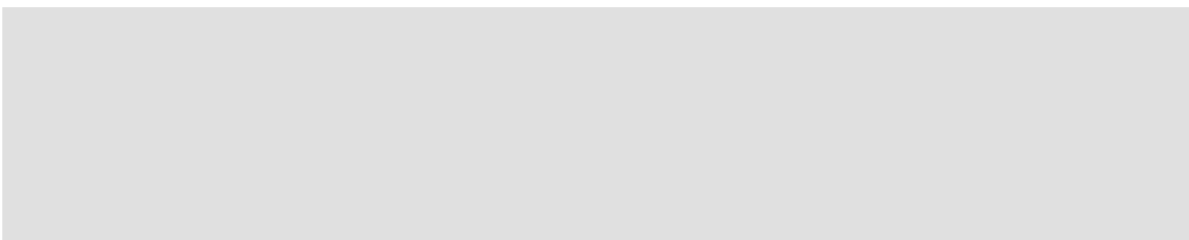
2.2.2 All entries are to be submitted with the Swimmer’s MAS ID.

Entries without the Swimmer’s MAS ID attached will be withdrawn upon the Withdrawal Closing Date.

**2.2.2 There is an entry qualifying time to participate in the Championships. A penalty of RM50.00 will be imposed if a swimmer returns a time slower than the entry qualifying time. The penalty must be paid immediately, failure to which the swimmer will not be allowed to participate in any subsequent events.**



2.2.4 Registration and entry fees are to be made payable via online transfer only to:



2.2.5 **Selangor Swimmer Registration Fee** (For members of Selangor affiliated clubs) 2026 Annual Registration Fee is RM20 per swimmer. For those who have paid in the first half of the year (during SAG), this payment is not required.

#### **2.2.6 International Swimmer Registration Fee**

An International Swimmer Registration Fee of RM130 per swimmer is applicable to all foreign participants who are not living in Malaysia. This fee is a per meet fee and not an annual fee.

#### **2.2.7 Entry Fee** (Applicable to all participants)

- a. Individual Event – RM120 per swimmer regardless of number of events entered
- b. Relay Event – RM40 per event per team

2.2.8 There is no limit to the number of individual entries per swimmer.

2.2.9 Swimmers participating in the relay events must be registered in at least one individual event.

**2.3 All entries must be submitted with an entry time. Entries with No Time (NT) will automatically be rejected.**

#### **2.3.1 Late Entries Charges**

Late entries after the entries deadline can be accepted but at the cost of twice the entry fee.

- a. Individual Event – RM240 per swimmer regardless of number of events entered
- b. Relay Event – RM80 per event per team

The double charge will be applied automatically, and no appeals will be considered under any circumstances.

## **3.0 WITHDRAWALS**

3.2 Any withdrawals after the withdrawal deadline or on the day(s) of the Championships with or without notification shall be deemed Did Not Show or Did Not Start (DNS). A penalty of RM100.00 shall be imposed on any “DNS” and payment must be made immediately, failure to which the swimmer will not be allowed to participate in any subsequent events.

3.3 Penalties are to be borne by the respective team concerned. The Organizing Committee reserves the right to withdraw any swimmer/team failing to pay the penalty.

3.4 The penalty will be waived if the swimmer produces a valid medical certificate for the relevant day of the race. However, the swimmer will not be permitted to participate in any further races for the day.

3.5 All medical certificates must be produced by the end of the day otherwise the penalty will be imposed as in 3.2.

## 4.0 COMPETITION INFORMATION

4.1 Age groups are computed as follows for male and female swimmers respectively:

- Open: 19 years and above (born 2007 or earlier)
- Group 1: 16, 17 and 18 years old (born 2008, 2009 and 2010)
- Group 2: 14 and 15 years old (born 2011 and 2012)
- Group 3: 12 and 13 years old (born 2013 and 2014)
- Group 4: 11 years old and under (born 2015 or later)

4.2 Age is calculated as of 31<sup>st</sup> December in the year of competition. Swimmers can only compete in their own age group.

4.3 Events listed below will be for both Male and Female:

- a. Freestyle: 50m, 100m, 200m
- b. Backstroke: 50m, 100m
- c. Breaststroke: 50m, 100m
- d. Butterfly: 50m, 100m
- e. Individual Medley: 100m, 200m
- f. Freestyle Relay: 4x25m, 4x50m (Mixed)
- g. Medley Relay: 4x25m, 4x50m (Mixed)

### 4.4 Format of Competition

The Championships are run in the World Aquatics Short-Course Metres (SCM) format. Events will be swum as Timed Finals of each age group.

4.5 Group 1 and Open events will be combined, but scored separately.

## 5.0 ACCREDITATIONS

5.1 Club Accreditations (inclusive of coaches, team managers and support staff) will be given based on the team size in the competition.

| Number of Swimmers | Number of Coaches Pass | Number of Team Managers Pass |
|--------------------|------------------------|------------------------------|
| 1-5                | 1                      | 1                            |
| 6-10               | 2                      | 1                            |
| 11-20              | 3                      | 1                            |
| 21-30              | 4                      | 1                            |
| 31-45              | 5                      | 2                            |
| 46-60              | 6                      | 2                            |
| 61-75              | 7                      | 3                            |



|              |   |   |
|--------------|---|---|
| 76-90        | 8 | 3 |
| 91 and above | 9 | 4 |

5.2 Please note that the pool deck at all Selangor Aquatics competitions is strictly reserved for registered participants, coaches, technical officials, essential support staff or other persons approved by Selangor Aquatics.

5.3 All accreditation cards remain the property of Selangor Aquatics, are NON-TRANSFERABLE, and can be withdrawn or refused at Selangor Aquatics' sole discretion.

## 6.0 CERTIFICATES, POINTS AND AWARDS

6.1 A "Certificate of Participation" will be awarded to all participants.

6.2 Certificates will be awarded to the top three swimmers/teams in every event.

6.3 The point system is as follows:

| Position                                              | Points Awarded                          |
|-------------------------------------------------------|-----------------------------------------|
| Individual: 1 <sup>st</sup> to 16 <sup>th</sup> place | 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 |
| Relay: 1 <sup>st</sup> to 8 <sup>th</sup> place       | 60-51-48-45-42-39-36-33                 |

6.4 The relay events score triple points. Only one relay team per club in the respective relay events is eligible for points. If the club enters two relay teams in the same relay event, only the higher ranked relay team will be eligible for points contention.

6.5 The Most Valuable Swimmer Award will be presented to each male and female swimmer in each age group, for both the *State* and *Non-State* categories, who has the highest accumulated number of individual points in the competition.

6.6 The Overall Champion Club Trophy will be presented to the club with the highest number of points scored from both individual and relay events.

## 7.0 WARM UP GUIDELINES

7.1 The Competition and Warm-Up pools will be available for warm-up one and a half (1.5) hours before the competition commences. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.

7.2 Warm-up lane assignments and regulations for the Competition Pool are as follows:



- a. Lanes 0, 8 and 9 are Dive Sprint Lanes – strictly for Diving and Sprinting only. Lanes 1 to 7 are Circle Swimming Lanes for general swimming and/or Pace Work.
- b. There shall be NO DIVING in Lanes 1 to 7. Entry to these lanes is via feet first entry from the sitting position at all times.
- c. The use of swim paddles and fins are prohibited during warm-up.
- d. The Dive Sprint Lanes are one-way only – swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.
- e. Swimmers are not allowed to sit or press down on the lane ropes.
- f. Swimmers are required to exit the pool from the sides, and not by climbing over the touch pads.
- g. Only Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.
- h. In order to ensure a smooth Swimming Competition Time-Lines Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of bounds to ALL except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer and Appointed Media Coverage Personnel.

## **8.0 CONTROL ROOM GUIDELINES**

- 8.1 Details of disqualification committed by any swimmer shall be made to the Organizing Secretary by the Team Manager/Coach. No proxies will be entertained.
- 8.2 In the absence of the Organizing Secretary, disqualification enquiry shall be directed to Control Room Supervisor.
- 8.3 Enquiry of disqualification shall be made within the same day of competition.
- 8.4 Team Manager/Coach shall provide Swimmer Details ie. Event Number, Time Final Number, Swimmer's Name, Affiliate Name and Lane Assigned.
- 8.5 ONLY the Team Manager/Coach shall be allowed to access the Control Room for administrative purposes only. No proxies shall be allowed.
- 8.6 Results will be available through Meet Mobile. No printed results will be available for individual clubs. A softcopy of the full results will be emailed to the respective clubs after the championship.

## 9.0 PROTESTS

9.1 Protests are possible:

- a. If the rules and regulations for the conduct of the competition are not observed,
- b. If other conditions endanger the competition and/or competitors, or
- c. Against the decisions of the referee;
- d. However, no protest shall be allowed against the decision of facts.

9.2 All protests shall be considered by the Meet Referee.

9.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.

9.4 Protests must be submitted in accordance with the following:

- a. In writing, with the supporting facts. With a deposit of RM400.00.
- b. Submitted to the Meet Referee by the Team Manager. No proxies will be entertained.
- c. Submitted within thirty (30) minutes following the announcement of confirmation by the referee and display at the results board.

9.5 If the Meet Referee rejects the protest, he/she must state the reasons for his/her decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

9.6 If the protest is not upheld, the deposit shall be forfeited to the Organizing Committee of the Championships. If the protest is upheld, the deposit shall be returned.

## 10. JURY OF APPEAL

10.0 The Chairman of the Jury of Appeal shall be appointed by PRAS.

10.1 A maximum of six (6) and a minimum of four (4) other members of the Jury of Appeal shall comprise of the following:

- a. Organizing Secretary, or his/her representative, and
- b. A maximum of five (5) and a minimum of three (3) representatives from amongst the participating clubs not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.